## Participant Flow



## Baseline characteristics

| Baseline characteristic* |  | N (\%) |
| :---: | :---: | :---: |
| Age (years) | Mean (SD) | 58 (11) |
|  | <40 | 2 (8\%) |
|  | $>=40<60$ | 11 (44\%) |
|  | $>=60$ | 12 (48\%) |
| Sex | Male | 21 (84\%) |
|  | Female | 4 (16\%) |
| Systolic blood pressure | Mean (SD) | 152 (16) |
|  | <130 | 2 (8\%) |
|  | $>=130<150$ | 6 (24\%) |
|  | $>=150$ | 17 (68\%) |
| Diastolic blood pressure | Mean (SD) | 82 (13) |
|  | <80 | 11 (44\%) |
|  | $>=80<90$ | 7 (28\%) |
|  | $>=90$ | 7 (28\%) |
| Estimated GFR (mL/min/1.73 $\begin{aligned} & \\ & \\ & \\ & \\ & \\ &> \\ &>\end{aligned}$ | ${ }^{2}$ ) Mean (SD) | 36 (13) |
|  | $<30$ | 11 (44\%) |
|  | $>=30<45$ | 9 (36\%) |
|  | $>=45$ | 5 (20\%) |
| Urine albumin:creatinine ratio ( $\mathrm{mg} / \mathrm{mmol}$ ) |  |  |
|  | Median (IQR) | 36.6 (101) |
|  | $<3$ | 9 (36\%) |
|  | $>=3<30$ | 1 (4\%) |
|  | $>=30$ | 15 (60\%) |
| Cause of kidney disease |  |  |
|  | Diabetes | 5 (20\%) |
|  | Glomerulonephritis Hypertension Other/unknown | $\begin{aligned} & 5 \text { (20\%) } \\ & 3 \text { (12\%) } \\ & 12 \text { (48\%) } \\ & \hline \end{aligned}$ |

## Outcome measures

1. BP data provided

| Baseline <br> characteristic | No. subjects <br> (\% of total) | Mean \% BP <br> data <br> provided | \% subjects <br> providing <br> $>90 \%$ <br> expected data | \% subjects <br> providing <br> $>80 \%$ <br> expected data |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Age (years) | $<40$ | $2(8 \%)$ | 83.0 | 0.0 | 100.0 |
|  | $>=40<60$ | $11(44 \%)$ | 77.5 | 30.0 | 50.0 |
|  | $>=60$ | $12(48 \%)$ | 93.3 | 76.9 | 92.3 |
|  | Male | $21(84 \%)$ | 83.0 | 57.0 | 76.0 |
| Sex | Female | $4(16 \%)$ | 86.8 | 25.0 | 50.0 |
| Smartphone | Yes | $17(68 \%)$ | 92.2 | 75.0 | 87.5 |
| Owner | No | $8(32 \%)$ | 83.4 | 38.9 | 12.2 |
|  |  | $25(100 \%)$ | 89.4 | 52.0 | 72.0 |

2. System usability scale scores at 1 and 3 months

|  | 1 month | 3 months |
| :--- | :--- | :--- |
| Mean (SE) SUS score | $84.9(2.8)$ | $84.2(4.1)$ |
| Mean (SE) SUS score <br> smartphone users | $87.5(2.2)$ | $89.9(2.7)$ |
| Mean (SE) SUS score non- <br> smartphone users | $74.7(3.0)$ | $72.2(5.5)$ |

3. Intra-individual variation over whole study period

Coefficient of variation for systolic BP: 9.4\% (95\% CI 7.8-10.9)
Coefficient of variation for diastolic BP: 9.7\% (95\% 7.2-11.5)
4. Proportion of participants at target BP at 3 months:
$36 \%$ (compared to $12 \%$ at baseline)

## Adverse events

There were no adverse events associated with this study.

