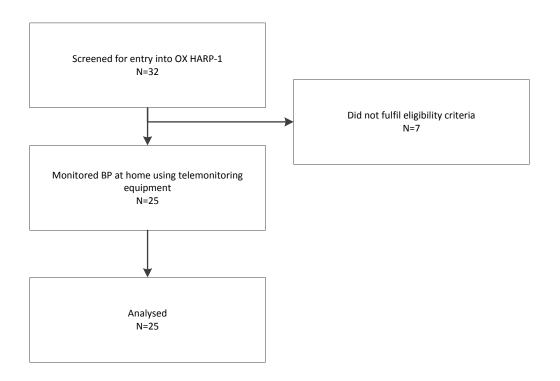
Participant Flow



Baseline characteristics

| Baseline | | NI (0/) | | | |
|--|---------------------|------------|--|--|--|
| characteristic* | | N (%) | | | |
| Age (years) | Mean (SD) | 58 (11) | | | |
| | <40 | 2 (8%) | | | |
| | >=40 <60 | 11 (44%) | | | |
| | >=60 | 12 (48%) | | | |
| | | | | | |
| Sex | Male | 21 (84%) | | | |
| | Female | 4 (16%) | | | |
| Systolic blood proceuro | Moon (SD) | 152 (16) | | | |
| Systolic blood pressure | Mean (SD) <130 | 152 (16) | | | |
| | >=130 <150 | 2 (8%) | | | |
| | >=150 <150 >=150 | 6 (24%) | | | |
| | >=150 | 17 (68%) | | | |
| Diastolic blood pressure | Mean (SD) | 82 (13) | | | |
| • | <80 | 11 (44%) | | | |
| | >=80 <90 | 7 (28%) | | | |
| | >=90 | 7 (28%) | | | |
| | | | | | |
| Estimated GFR (mL/min/1.73 | m²) Mean (SD) | 36 (13) | | | |
| | <30 | 11 (44%) | | | |
| | >=30 <45 | 9 (36%) | | | |
| | >=45 | 5 (20%) | | | |
| | | | | | |
| Urine albumin:creatinine ratio (mg/mmol) | | | | | |
| | Median (IQR) | 36.6 (101) | | | |
| | <3 | 9 (36%) | | | |
| | >=3 <30 | 1 (4%) | | | |
| | >=30 | 15 (60%) | | | |
| Cause of kidney disease | | | | | |
| - , | Diabetes | 5 (20%) | | | |
| | Glomerulonephritis | 5 (20%) | | | |
| | Hypertension | 3 (12%) | | | |
| | Other/unknown | 12 (48%) | | | |

Outcome measures

1. BP data provided

| Baseline characteristic | | No. subjects (% of total) | Mean % BP data provided | % subjects providing >90% expected data | % subjects providing >80% expected data |
|----------------------------|----------|------------------------------|-------------------------------|---|---|
| Age (years) | | | | | |
| | <40 | 2 (8%) | 83.0 | 0.0 | 100.0 |
| | >=40 <60 | 11 (44%) | 77.5 | 30.0 | 50.0 |
| | >=60 | 12 (48%) | 93.3 | 76.9 | 92.3 |
| | | | | | |
| Sex | Male | 21 (84%) | 83.0 | 57.0 | 76.0 |
| | Female | 4 (16%) | 86.8 | 25.0 | 50.0 |
| | | | | | |
| Smartphone owner | Yes | 17 (68%) | 92.2 | 75.0 | 87.5 |
| | No | 8 (32%) | 83.4 | 38.9 | 12.2 |
| All | | 25 (100%) | 89.4 | 52.0 | 72.0 |

2. System usability scale scores at 1 and 3 months

| | 1 month | 3 months |
|--|------------|------------|
| Mean (SE) SUS score | 84.9 (2.8) | 84.2 (4.1) |
| Mean (SE) SUS score smartphone users | 87.5 (2.2) | 89.9 (2.7) |
| Mean (SE) SUS score non- smartphone users | 74.7 (3.0) | 72.2 (5.5) |

3. Intra-individual variation over whole study period

Coefficient of variation for systolic BP: 9.4% (95% CI 7.8-10.9)

Coefficient of variation for diastolic BP: 9.7% (95% 7.2-11.5)

4. Proportion of participants at target BP at 3 months:

36% (compared to 12% at baseline)

Adverse events

There were no adverse events associated with this study.