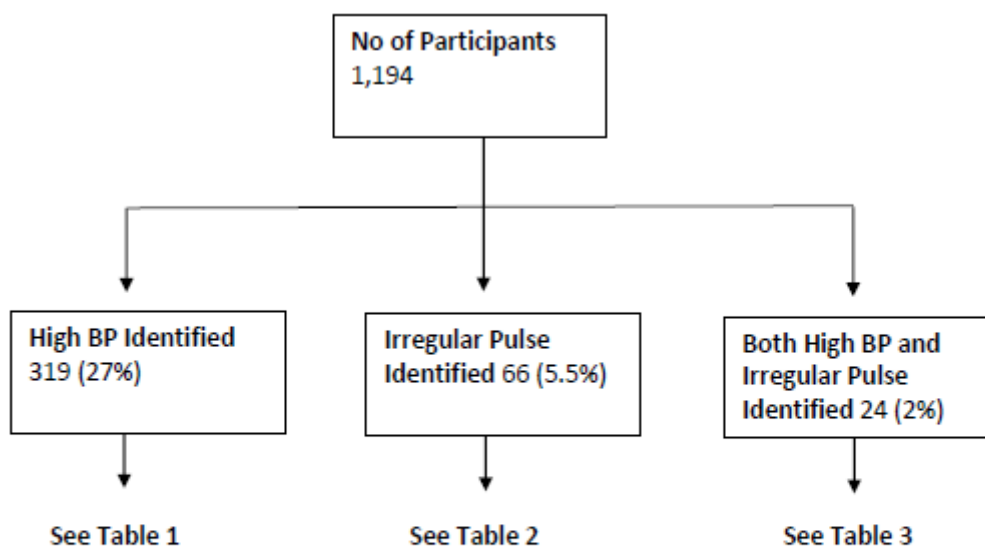


## 1. Participant Flow:



Follow up on Referral to GP with High BP Identified	Participant %
New antihypertensive started	15
Dose of current antihypertensive increased	1
Blood pressure normal on GP recheck	8
GP undertaking further monitoring	5
Awaiting GP appointment	3
Non-adherence issues identified	2
Referred to cardiologist	2
Diagnosis of anxiety	1
Lost to follow up	51

Table 1: Follow up on Referral to GP with High BP Identified

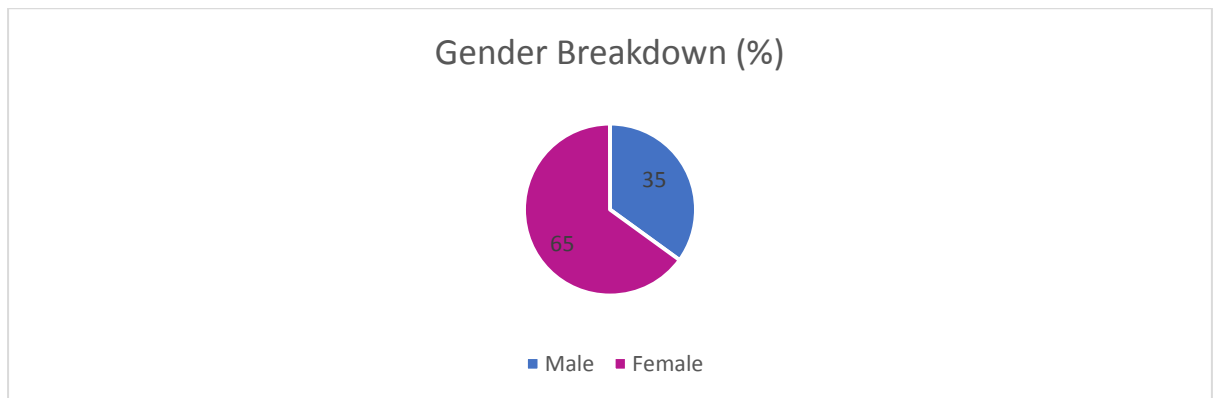
Follow up on Referral to GP with Irregular Pulse	Participant %
Referred to cardiologist	15
New medicine started for A Fib	13
New medicines started for A Fib and hypertension	1
Pulse normal on GP recheck	10
Awaiting GP appointment	3
New diagnosis of anxiety	1
New diagnosis of heart failure	1
Lost to follow up	47

Table 2: Follow up on Referral to GP with Irregular Pulse

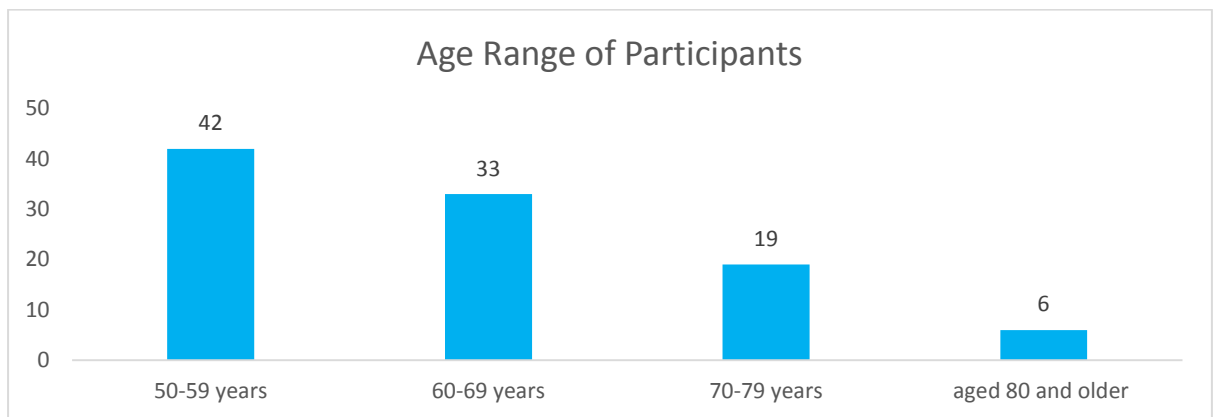
Follow up on Referral to GP with Irregular Pulse and High BP	Participant %
New medicines started for A Fib and hypertension	7
New medicine started for hypertension	7
Referred to cardiologist	7
GP undertaking further monitoring	28
Awaiting GP appointment	14
Lost to follow up	35

Table 3: Follow up on Referral to GP with Irregular Pulse and High BP

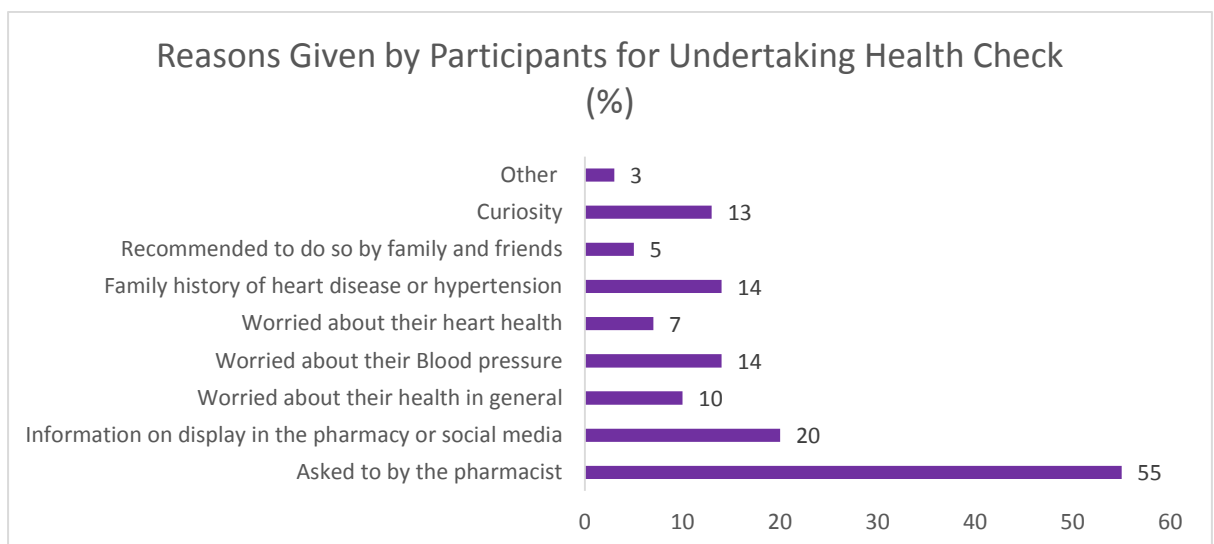
## 2. Baseline Characteristics:



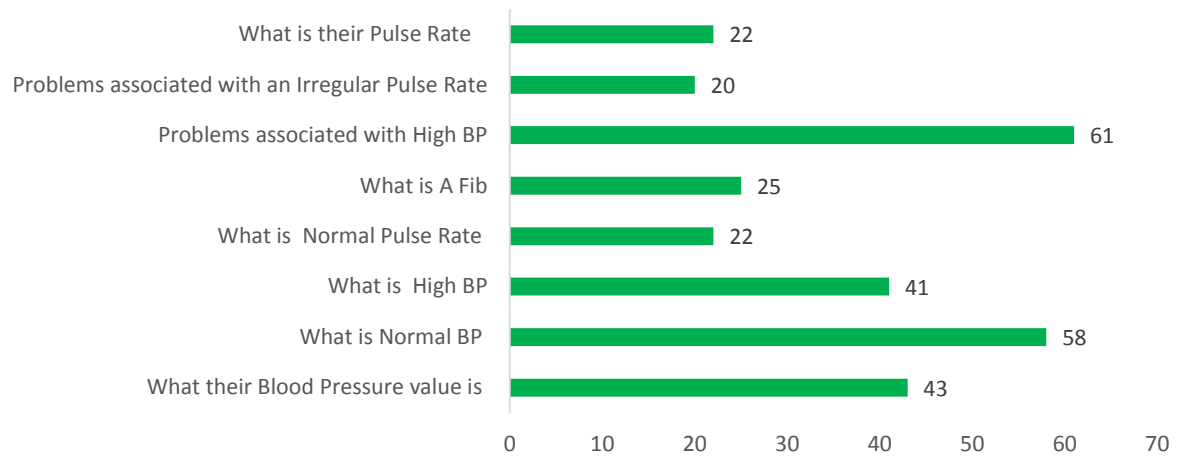
The overall gender breakdown of participants was 35% male and 65% female.



The participant age range was from age 50 to 96.



## Participants' Understanding of Blood Pressure and Pulse Rate



### 3. Outcome Measures:

<b>Follow up to Health Check with High BP Identified</b>	<b>Participant %</b>
Referred to GP immediately	9
Referred to GP within 1-4 weeks	70
Lifestyle advice only	18
Other	3

**Table 1: Follow up to Health Check with High BP Identified**

<b>Follow up on Referral to GP with High BP Identified</b>	<b>Participant %</b>
New antihypertensive started	15
Dose of current antihypertensive increased	1
Blood pressure normal on GP recheck	8
GP undertaking further monitoring	5
Awaiting GP appointment	3
Non-adherence issues identified	2
Referred to cardiologist	2
Diagnosis of anxiety	1
Lost to follow up	51

**Table 2: Follow up on Referral to GP with High BP Identified**

<b>Follow up to Health Check Detecting Irregular Pulse</b>	<b>Participant %</b>
Referred to GP immediately	39
Referred to GP within 1-4 weeks	50
Lifestyle advice only	3
Other	6

**Table 3: Follow up to Health Check Detecting Irregular Pulse**

<b>Follow up on Referral to GP with Irregular Pulse</b>	<b>Participant %</b>
Referred to cardiologist	15
New medicine started for A Fib	13
New medicines started for A Fib and hypertension	1
Pulse normal on GP recheck	10
Awaiting GP appointment	3
New diagnosis of anxiety	1
New diagnosis of heart failure	1
Lost to follow up	47

**Table 4: Follow up on Referral to GP with Irregular Pulse**

<b>Follow up on Referral to GP with Irregular Pulse and High BP</b>	<b>Participant %</b>
New medicines started for A Fib and hypertension	7
New medicine started for hypertension	7
Referred to cardiologist	7
GP undertaking further monitoring	28
Awaiting GP appointment	14
Lost to follow up	35

**Table 5: Follow up on Referral to GP with Irregular Pulse and High BP**

4. **Adverse Events:**

There were no adverse events associated with this trial.