

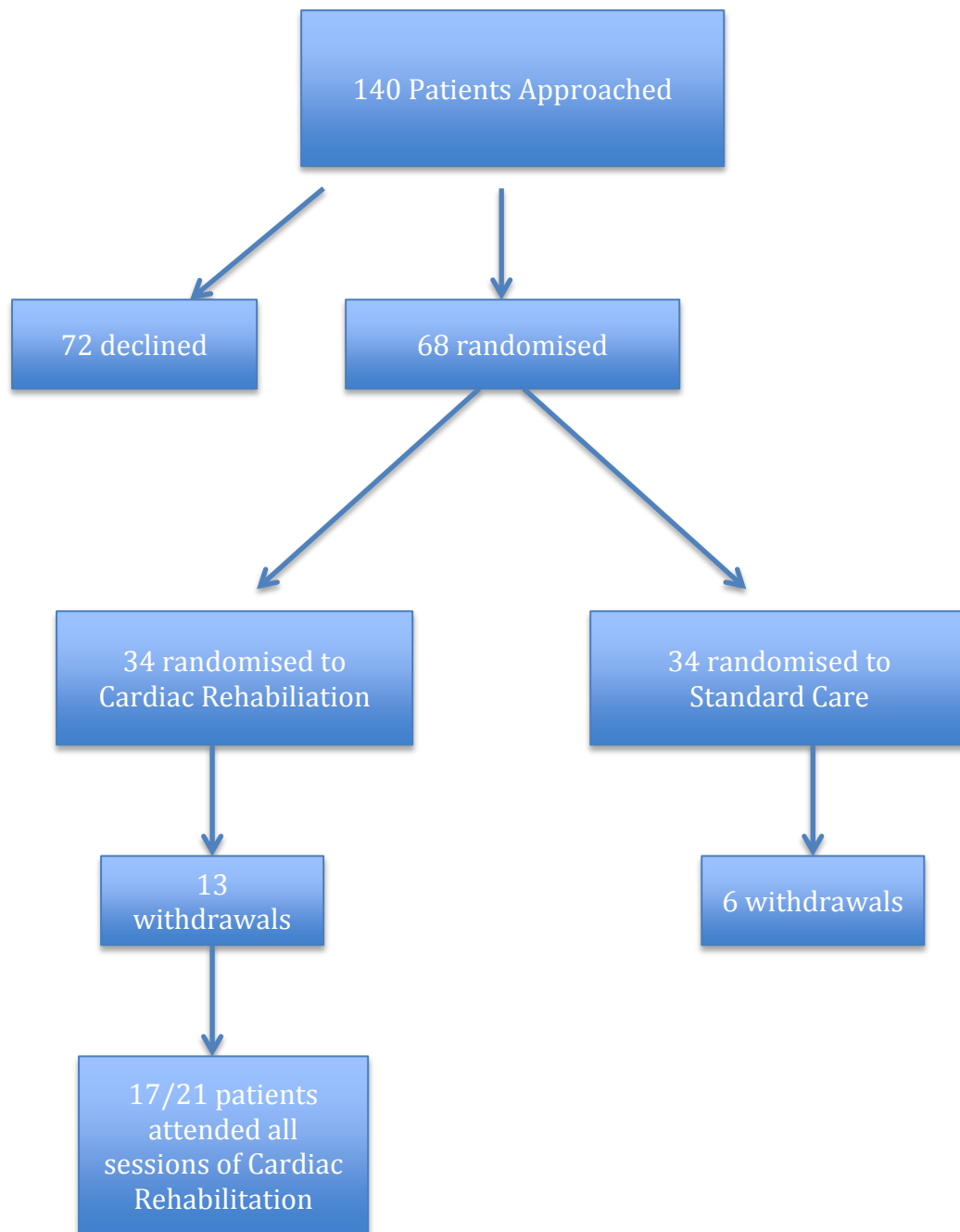
## Basic Results for Aneursym CaRe

### **Participant flow:**

140 approached, 72 declined, 68 randomised equally;

34 randomised to Cardiac Rehabilitation – 13 withdrawals, 6 prior to any CR, 7 prior to CR preassessment, 7/21 attended all sessions, all 21 deemed to have satisfactorily completed CR programme

34 randomised to Standard Care – 6 withdrawals



### Baseline characteristics:

	Standard Care	Cardiac Rehab
Age	73.88 (6.41)	73.18 (7.07)
Male Gender	34/34 (100%)	33/34 (97.06%)
Previous MI	7/34 (20.58%)	8/34 (23.53%)
Treated Hypertension	26/34 (76.47%)	21/34 (61.76%)
Total Cholesterol (mmol/l)	3.25 (2.21)	3.38 (1.59)
LDL Cholesterol (mmol/l)	2.34 (1.28)	2.01 (1.30)

### Outcome measures

The primary outcome measure for this Pilot study were enrolment and compliance.

In terms of enrolment, 68 patients were randomised out of 140 approached (48.6%) versus a target of 50%

In terms of compliance, 17 out of 21 patients who remained in the intervention limb (81%) attended all scheduled sessions versus a target of 70%, 21/21 (100%) were deemed to have completed an appropriate CR programme satisfactorily.

### Adverse events

No adverse events were recorded during the recruitment and follow-up period as a consequence of enrolment to the pilot study.