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ZIFUNE STUDY
INFORMED ASSENT FORM FOR ADOLESCENT STUDY PARTICIPANTS



RESEARCH PROJECT:

Zifune: Does a second wave adolescent parenting intervention improve gains and reduce interpersonal violence for recipients of a mother-infant attachment intervention?

REFERENCE NUMBER:

N17/10/094

PRINCIPAL INVESTIGATOR:

Prof Mark Tomlinson

ADDRESS:

Psychology Department, Stellenbosch University

CONTACT NUMBER:

Office: (021) 808 3446, Cell: 083 301 4868

What is RESEARCH?

Research is something we do to find new knowledge about the way things (and people) work. We use research projects or studies to help us find out more about illness and the things people struggle with. Research also helps us to find better ways of helping, or treating people who are sick.

What is this research project all about?

This is a study which aims to find out more about how adolescents (16-19 years of age) function at home and at school or work, how they spend time with their friends, their dating life, how they talk to each other, how they feel about or react to different things and the things around them. Some adolescents might have problems at school or at home, and we need to find those adolescents so that we can create ways to help them. We hope this study will be the first step towards that goal.

Why have I been invited to take part in this research project?

We have asked you to be involved in this study because when you were very small your parents took part in an earlier project that we completed. You were only a baby when you first came to see us with your mother. Then, when you were about 13, we asked you (and your parent) to come back so we could ask you some more questions and do some other activities with you. Some of the information gathered previously from your parents while you were so small and from when you were a bit older will help us in this study.

Who is doing the research?

A Professor in the Stellenbosch University Department of Psychology called Mark Tomlinson is in charge of this study. He is doing the study because he is interested in learning about adolescents and helping them with their problems.

What will happen to me in this study?

You will be asked to visit the research centre in Khayelitsha, Western Cape. We would like to do an interview with you which means that we would like to spend some time with you asking you certain things about yourself. We are interested in how things are for you at home, at school or work and in your social life. We also want to know how you get on with other people in your life and with your friends and family at home. We also have some questions about your thoughts and feelings. The interview will take place in a private room, with only one researcher who will input your answers into a mobile phone.

After that, there will be two groups in the study. The researchers will randomly choose who goes into the intervention group or the control group. You might be in the intervention group, which is the group that takes part in the Zifune programme, or in the control group, who will not need to attend the Zifune sessions. The Zifune intervention programme is aimed at 16-19-year-old adolescent boys and girls. It is a life-skills programme that is delivered to adolescents in small groups over two months. The programme makes use of creative and fun activities to help adolescents think about their behaviour and their relationships, and to explore and plan for their future. The goal of the programme is to provide a space where adolescents have time to reflect on their current situation, plan a future that is meaningful and exciting to them, and then apply the skills and plans into their everyday lives. After a few months, you will be asked to take part in another interview session along with your caregiver.

Can anything bad happen to me?

Although most adolescents enjoy taking part in this kind of research study, it is possible that some of the questions or activities might make you uncomfortable, or make you feel upset. If you are feeling upset, you can explain this to the researcher and ask them to stop the interview. If you feel upset after the interview, you must tell your parents, or ask them to contact someone on the research team. Should you require assistance, the researcher will refer you to an appropriate service.

Can anything good happen to me?

The research will not benefit you or your family personally, but the information we collect might help to make sure that we have enough information about other children and adolescents your age to help others who have problems in the future. If you are in the intervention group, we think that you may benefit from the activities and skills that will be taught in the group sessions.

Will you be paid to take part in this study and are there any costs involved?

No, you will not be paid to take part in the study but your transport costs will be covered for the study visit and you will be given a voucher to the value of R140 for your participation. There will be no costs involved for you, if you do take part.

Will anyone know I am in the study?

All of the things you discuss during your interview will be anonymous. In other words, no one will be able to find out what you said during your interview. We are not going to write your name on your interview record

so no one will be able to link your answers to you. The people who are paying for this research and the Health Research Ethics Committee (HREC) members may also need to look at all the study records but nobody will be able to identify you personally as your name will be removed from your responses. Also, all of the information we collect during the intervention will be confidential. That is, everything you discuss or share with the researcher will be kept secret. When we have gathered everybody's answers, we will put all the information together and write a report about what everyone has written. We will not use your name in the report. We cannot do that because your name will not be on the questionnaire. Nobody can find out what you said.

Who can I talk to about the study?

If you have any questions about the study or you have any problems with the study, you are welcome to phone the man who is in charge of the study. His name is Mark Tomlinson and his phone number is on the first page of this document. You can also ask the researcher if you have any questions or want more information.

What if I do not want to do this?

We would very much like you to take part in our research project. However, just because your parent / mother / father / carer etc. has given us permission to talk to you, this does NOT mean you have to do it. It is not a problem if you don't want to do it. All you have to do is tell me or your parents or anyone else on the research team. Also, even if you agree to fill in the forms and do the activities, you can decide to stop at any time if you want to. Just tell me if you want to do this.

Do you understand this research study and are you willing to take part in it?

YES	NO
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Has the researcher answered all your questions?

YES	NO
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Do you understand that you can pull out of the study at any time?

YES	NO
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Signature of Child

Date

Signature of investigator



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<p style="text-align: center;">ZIFUNE STUDY PARENT/LEGAL GUARDIAN INFORMED CONSENT FORM FOR STUDY PARTICIPANTS</p>
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RESEARCH PROJECT:	Second Chances: Does a second wave adolescent parenting intervention improve gains and reduce interpersonal violence for recipients of a mother-infant attachment intervention?
REFERENCE NUMBER:	N17/10/094
PRINCIPAL INVESTIGATOR:	Prof Mark Tomlinson
ADDRESS:	Psychology Department, Stellenbosch University
CONTACT NUMBER:	Office: (021) 808 3446, Cell: 083 301 4868

About the study:

You are being invited to take part in a research project. Please take some time to read the information on this form, which will explain the details of this project. Please ask the study staff any questions about any part of this project that you do not fully understand. It is very important that you clearly understand what this research is about and how you could be involved.

Your child's participation is entirely voluntary and you are free to decline to participate. Whether or not you choose to be involved in this study is completely up to you. No one is forcing you to take part. If you say no, this will not affect you negatively in any way whatsoever. You are also free to change your mind at any point, even if you do agree to take part in the beginning.

If you say no, this will not affect your child negatively in any way whatsoever. You are also free to withdraw him/her from the study at any point, even if you do initially agree to take part.

This study has been approved by the Health Research Ethics Committee at Stellenbosch University and will be conducted according to the ethical guidelines and principles of the international Declaration of Helsinki (October 2008), South African Guidelines for Good Clinical Practice and the Medical Research Council (MRC) Ethical Guidelines for Research.

What is this research all about?

For this study, researchers will follow up on the 449 mother and children pairs who took part in the Thula Sana project in 1999. This was a project that you and/or your child was involved in before and after birth. The research will be conducted at a research centre in Khayelitsha through Stellenbosch University – the same organisation that conducted the early Thula Sana study.

What are we trying to do?

This is a study which aims to find out more about how adolescents (16-19 years of age) function at home, at school or work, how they relate to others, and how they are influenced by their relationships and circumstances from the past and present (such as how well they get along with their parents, friends etc.).

Some young people have particular problems at school or in relating to other people. Some may grow up to have problems forming relationships and living their life to the fullest. We need to find ways of identifying

those children who are most at risk so that help can be provided early. We hope this study will be the first step towards that goal.

Why have you been invited to participate?

We have asked you to be involved in this study because your child took part in the earlier Thula Sana project. This was an early intervention which took place during pregnancy and after birth. The original study took place in Khayelitsha. Some of the information gathered previously will help us in this study.

How will we do this study?

We would like to carry out interviews with the 449 children who took part in the Thula Sana project along with their mothers. We would like your child to attend an appointment at the research centre in Khayelitsha at a time that suits you and your child. A driver will pick you and your child up from your home and bring you to the research centre for the appointment. Then at the centre, during the session, a researcher will interview your child about their life – how things are for them at home, at school (if they are still in school) and in their social life. We would like to know how your child gets on with other people, and we also have some questions about their thoughts and feelings.

All of the things we discuss with your child during their interview will be anonymous. In other words, no one will be able to find out what your child said during their interview. We are not going to write your child's name on their interview record so no one will be able to link their answers. The people who are paying for this research and the Health Research Ethics Committee (HREC) members may also need to look at all the study records but nobody will be able to identify your child personally as your child's name will be removed from his/her responses. Also, all of the information we collect during the intervention will be confidential. That is, everything your child discusses or shares with the researcher will be kept secret. When we have gathered everybody's answers, we will put all the information together and write a report about what everyone has written. We will not use your child's name in the report. We cannot do that because his/her name will not be on the questionnaire. Nobody can find out what he/she said.

After that, there will be two groups in the study. The researchers will randomly choose who goes into the intervention group or the control group. Your child might be in the intervention group, which is the group that takes part in the Zifune programme, or in the control group, who will not need to attend the Zifune sessions. The Zifune intervention programme is aimed at 16-19-year-old adolescent boys and girls. It is a solutions focused, life-skills programme that is delivered in partnership with the adolescents. It is run in small groups to fully engage the participants in creative and fun activities to explore and plan their future. This programme extends over two months in order for the adolescents to have time to reflect on their current situation, plan a future that is meaningful and exciting to them, and then apply the skills and plans into their everyday lives. After a few months, your child will be asked to take part in another interview session.

What will your responsibilities be?

If you agree to participate, your child will be asked to take part in two interviews – one interview at the beginning of the study and one interview at the end of the study. In addition, depending on whether your child is in the intervention or control group, you will be asked to attend two workshops.

Will you benefit from taking part in this research?

The research will not benefit you or your family personally, but the project may well reap benefits for children in the future by improving the way we care for them. If you are in the intervention group it is anticipated that you and your child may benefit from the activities and skills that will be taught in the group sessions.

Are there any risks involved in your taking part in this research?

No harm will come to your child through taking part in this study, which involves your child speaking to a researcher and providing answers for questions which are entered on to a mobile phone. This interview will

take place in a private room with only one researcher present. If you or your child becomes upset as a result of anything that happens during the study, you can phone Professor Mark Tomlinson at Stellenbosch University. His contact numbers are (021) 808 3446.

What will happen in the unlikely event of some form injury occurring as a direct result of your taking part in this research study?

Stellenbosch University has liability insurance for research projects and a certificate per project can be made available on request.

If you do not agree to take part, what alternatives do you have?

You do not have to take part in this project if you do not want to, and you or your child will not be affected in any way if you decide not to be involved. This is a voluntary activity.

Who will have access to your information?

All your information will be stored safely and kept in confidence between the members of the research team. Your personal information will be completely confidential and stored on mobile phones and the consent forms that you have signed will be locked away in an office at Stellenbosch University during the study.

Information from the study will be examined by researchers at the Stellenbosch University in South Africa and some of their research partners at other universities. If the study is published in a journal, all your information will remain confidential. The people who are paying for this research, and the Health Research Ethics Committee (HREC) members may also need to look at all the study records but nobody will be able to identify you personally.

Will you be paid to take part in this study and are there any costs involved?

No, you will not be paid to take part in the study but your transport costs will be covered for the study visit and you will be given a voucher to the value of R140 for your participation. There will be no costs involved for you, if you do take part.

Is there anything else that you should know or do?

You can contact Prof Mark Tomlinson at tel (021) 808 3446 if you have any further queries or encounter any problems.

You can contact the Health Research Ethics Committee at 021-938 9207 if you have any concerns or complaints that have not been adequately addressed by your study contact.

You will receive a copy of this information and consent form for your own records.

DECLARATION BY PARTICIPANT

By signing below, I agree to allow my child to take part in a research study entitled Second Chances: Does a second wave adolescent parenting intervention improve gains and reduce interpersonal violence for recipients of a mother-infant attachment intervention?

I declare that:

- I have read or had read to me this information and consent form and it is written in a language with which I am fluent and comfortable.
- I have had a chance to ask questions and all my questions have been adequately answered.
- I understand that taking part in this study is voluntary and I have not been pressurised to let my child take part.
- I understand that the study is confidential.
- My child may choose to leave the study at any time or choose to not answer certain questions and will not be penalised or prejudiced in any way.
- My child may be asked to leave the study before it has finished, if the study doctor or researcher feels it is in my best interests, or if I do not follow the study plan, as agreed to.

Signed at (place) on (date)

Signature of participant:

DECLARATION BY INVESTIGATOR

I (name) declare that:

I explained the information in this document to

I encouraged him/her to ask questions and took adequate time to answer them.

I am satisfied that he/she adequately understands all aspects of the research, as discussed above

I did/did not use an interpreter. (If an interpreter is used then the interpreter must sign the declaration below.

Signed at (place) on (date)

Signature of investigator:



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ZIFUNE STUDY
INFORMED CONSENT FORM FOR YOUNG PEOPLE STUDY PARTICIPANTS

RESEARCH PROJECT: Second Chances: Does a second wave adolescent parenting intervention improve gains and reduce interpersonal violence for recipients of a mother-infant attachment intervention?

REFERENCE NUMBER: N17/10/094

PRINCIPAL INVESTIGATOR: Prof Mark Tomlinson

ADDRESS: Psychology Department, Stellenbosch University

CONTACT NUMBER: Office: (021) 808 3446, Cell: 083 301 4868

About the study

You are being invited to take part in a research project. Please take some time to read the information on this form, which will explain the details of this project. Please ask the study staff any questions about any part of this project that you do not fully understand. It is very important that you clearly understand what this research is about and how you could be involved.

Your participation is entirely voluntary and you are free to decline to participate. Whether or not you choose to be involved in this study is completely up to you. No one is forcing you to take part. If you say no, this will not affect you negatively in any way whatsoever. You are also free to change your mind at any point, even if you do agree to take part in the beginning.

This study has been approved by the Health Research Ethics Committee at Stellenbosch University and will be conducted according to the ethical guidelines and principles of the international Declaration of Helsinki (October 2008), South African Guidelines for Good Clinical Practice and the Medical Research Council (MRC) Ethical Guidelines for Research.

What is this research all about?

For this study, researchers will follow up on the 449 mother and children pairs who took part in the Thula Sana project in 1999. The research will be conducted at a research centre in Khayelitsha, Western Cape, through Stellenbosch University – the same organisation that conducted the early study.

What are we trying to do?

This is a study which aims to find out more about how adolescents (16-19 years of age) function at home, at school and at work. We want to find out more about how young people relate to others, and how they are influenced by their relationships and circumstances from the past and present (such as how well they get along with their parents etc.).

Some young people have particular problems at school or in relating to other people. Some may grow up to have problems forming relationships and living their life to the fullest. We need to find ways of identifying those children who are at most risk so that help can be provided early. We hope this study will be the first step towards that goal. We also want to find out about your mood, feelings and experiences over the past while. We are also interested in your present home circumstances.

Why have you been invited to participate?

We have asked you to be involved in this study because when you were very small your parents took part in an earlier project that we completed. You were only a baby when you first came to see us with your mother. Then, when you were about 13, we asked you (and your caregiver) to come back so we could ask you some more questions and do some other activities with you. Some of the information gathered previously from your parents while you were so small and from when you were a bit older will help us in this study.

How will we do this study?

You will be asked to visit the research centre in Khayelitsha Western Cape, for an interview. You will be contacted and asked to attend an appointment at a time that suits you. A driver will pick you up from your home and bring you to the research centre for the appointment. We would like to do an interview with you which means that we would like to spend some time with you asking you certain things about yourself. We are interested in how things are for you at home, at school (if you are still in school) and in your social life. We also want to know how you get on with other people in your class (or at work) and with your friends and family at home. We also have some questions about your thoughts and feelings.

All of the things you discuss during your interview will be anonymous. In other words, no one will be able to find out what you said during your interview. We are not going to write your name on your interview record so no one will be able to link your answers to you. The people who are paying for this research and the Health Research Ethics Committee (HREC) members may also need to look at all the study records but nobody will be able to identify you personally as your name will be removed from your responses. Also, all of the information we collect during the intervention will be confidential. That is, everything you discuss or share with the researcher will be kept secret. When we have gathered everybody's answers, we will put all the information together and write a report about what everyone has written. We will not use your name in the report. We cannot do that because your name will not be on the questionnaire. Nobody can find out what you said.

After that, there will be two groups in the study. The researchers will randomly choose who goes into the intervention group or the control group. You might be in the intervention group, which is the group that takes part in the Zifune programme, or in the control group, who will not need to attend the Zifune sessions. The Zifune intervention programme is aimed at 16-19-year-old adolescent boys and girls. It is a life-skills programme that is delivered to adolescents in small groups over two months. The programme makes use of creative and fun activities to help adolescents think about their behaviour and their relationships, and to explore and plan for their future. The goal of the programme is to provide a space where adolescents have time to reflect on their current situation, plan a future that is meaningful and exciting to them, and then apply the skills and plans into their everyday lives. After a few months, you will be asked to take part in another interview session along with your child.

What will your responsibilities be?

If you agree to participate, you will be asked to take part in two interviews – one interview at the beginning of the study and one interview at the end of the study. In addition, depending on whether you are in the intervention or control group, you will be asked to attend two workshops.

Will you benefit from taking part in this research?

The research will not benefit you or your family personally, but the information we collect might help to make sure that we have enough information about children your age to help other children who have problems in the future. If you are in the intervention group, we think that you may benefit from the activities and skills that will be taught in the group sessions.

Will you get paid, and are there costs involved?

No, you will not get paid to participate in the study, but as a token of appreciation you will receive a voucher to the value of R140 to thank you for your effort and time. There will be no costs involved for you, if you do take part.

Are there any risks involved in your taking part in this research?

No harm will come to you through taking part in this study which involves you speaking to a researcher and answering questions on forms. Although most people enjoy taking part in this kind of research study, it is possible that some of the questions or activities might make you uncomfortable, or make you feel upset. If you become upset as a result of anything that happens during the study, you can phone Professor Mark Tomlinson at Stellenbosch University. His contact numbers are (021) 808 3446. Should you require assistance, the researcher will refer you to an appropriate service.

What will happen in the unlikely event of some form injury occurring as a direct result of your taking part in this research study?

Stellenbosch University has liability insurance for research projects and a certificate per project can be made available on request.

If you do not agree to take part, what alternatives do you have?

You do not have to take part in this project if you do not want to and you will not be affected in any way if you decide not to be involved.

Who will have access to your information?

All your information will be stored safely and kept in confidence between the members of the research team. Your personal information will be completely confidential and stored on mobile phones and the consent forms that you have signed will be locked away in an office at Stellenbosch University during the study.

Information from the study will be examined by researchers at the Stellenbosch University in South Africa and other study partners. If the study is published in a journal, all your information will remain confidential. The people who are paying for this research, and the Health Research Ethics Committee (HREC) members may also need to look at all the study records but nobody will be able to identify you personally.

Is there anything else that you should know or do?

You can contact Prof Mark Tomlinson at tel (021) 808 3446 if you have any further queries or encounter any problems.

You can contact the Health Research Ethics Committee at 021-938 9207 if you have any concerns or complaints that have not been adequately addressed by your study contact.

What if I do not want to do this?

We would very much like you to take part in our research project. However, just because your parent / mother / father / carer etc. has given us permission to talk to you, this does NOT mean you have to do it. It is not a problem if you don't want to do it. All you have to do is tell me or your parents or anyone else on the research team. Also, even if you agree to fill in the forms and do the activities, you can decide to stop at any time if you want to. Just tell me if you want to do this.

You will receive a copy of this information and consent form for your own records.

DECLARATION BY PARTICIPANT

By signing below, I agree to take part in a research study entitled Second Chances: Does a second wave adolescent parenting intervention improve gains and reduce interpersonal violence for recipients of a mother-infant attachment intervention?

I declare that:

- I have read or had read to me this information and consent form and it is written in a language with which I am fluent and comfortable.
- I have had a chance to ask questions and all my questions have been adequately answered.
- I understand that taking part in this study is voluntary and I have not been pressurised to take part.
- I understand that the study is confidential.
- I may choose to leave the study at any time or choose to not answer certain questions and will not be penalised or prejudiced in any way.
- I may be asked to leave the study before it has finished, if the study doctor or researcher feels it is in my best interests, or if I do not follow the study plan, as agreed to.

Signed at (place) on (date)

Signature of participant:

DECLARATION BY INVESTIGATOR

I (name) declare that:

I explained the information in this document to

I encouraged him/her to ask questions and took adequate time to answer them.

I am satisfied that he/she adequately understands all aspects of the research, as discussed above

I did/did not use an interpreter. (If an interpreter is used then the interpreter must sign the declaration below.

Signed at (place) on (date)

Signature of investigator:

ZIFUNE STUDY
TELEPHONIC INFORMED ASSENT FORM FOR STUDY PARTICIPANTS

RESEARCH PROJECT: Zifune: Does a second wave adolescent parenting intervention improve gains and reduce interpersonal violence for recipients of a mother-infant attachment intervention?

REFERENCE NUMBER: N17/10/094

PRINCIPAL INVESTIGATOR: Prof Mark Tomlinson

ADDRESS: Psychology Department, Stellenbosch University

CONTACT NUMBER: Office: (021) 808 3446, Cell: 083 301 4868

Introduction:

Thank you for taking the time to speak to me. Since we can't be in the same place for this interview, we can do our interview over the phone. But, before we start, I need to tell you about the research we are doing, how it will work, and what I will need from you for this research. Once I have given you this information, you can agree to participate, or not. Usually we do this in person, and I would give you a form to sign, to show that you give consent to do the research with us. But now, I will ask you to give verbal consent over the phone – after I have explained everything to you. For verbal consent, I need to record this phone call.

Can I go ahead and record our phone call?

YES

NO

Great, thank you. Let me tell you about the research we are doing. Research is something we do to find new knowledge about the way things (and people) work. This research we are doing here aims to find out more about how adolescents (16-19 years of age) function at home and at school or work, how they spend time with their friends, their dating life, how they talk to each other, how they feel about or react to different things and the things around them.

We have asked you to be involved in this research because when you were very small your parents took part in an earlier project that we completed. You were only a baby when you first came to see us with your mother. Then, when you were about 13, we asked you (and your parent) to come back so we could ask you some more questions and do some other activities with you. Some of the information gathered previously from your parents while you were so small and from when you were a bit older will help us in this study.

Do you have any questions at this point, or can I go ahead?

YES

NO

(please note down questions from participant here):

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What do we want from you?

We would like to do an interview with you, which means we would like to take some time to ask you certain things about yourself. We are interested in how things are for you at home, at school or work and in your social life. We also want to know how you get on with other people in your life and with your friends and family at home.

During this interview, I will ask you questions, and I will take down your answers and input them into a mobile phone. With your permission, I will also be recording the interview over the phone so that my supervisor can make sure I ask the right questions. All of the things you discuss during your interview will be anonymous. In other words, no one will be able to find out what you said during your interview. We are not going to write your name on your interview record so no one will be able to link your answers to you. Also, all of the information we collect during the interview will be confidential. That is, everything you discuss or share with me will be kept secret.

Do you have any questions at this point, or can I go ahead?

YES

NO

(please note down questions from participant here:

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What happens after the interview?

After the interview, there will be two groups in the study. The researchers will randomly choose who goes into the intervention group or the control group. You might be in the intervention group, which is the group that takes part in the Zifune programme, or in the control group, who will not need to attend the Zifune sessions.

The Zifune intervention programme is aimed at 16-19-year-old adolescent boys and girls. It is a life-skills programme that is delivered to adolescents in small groups over two months. The programme makes use of creative and fun activities to help adolescents think about their behaviour and their relationships, and to explore and plan for their future. The goal of the programme is to provide a space where adolescents have time to reflect on their current situation, plan a future that is meaningful and exciting to them, and then apply the skills and plans into their everyday lives. After a few months, you will be asked to take part in another interview session along with your caregiver.

Do you have any questions at this point, or can I go ahead?

YES

NO

(please note down questions from participant here:

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We are almost done with the consent process – there are three important things that you need to know before we go on:

1. If you are feeling upset, you can let me know and we can stop the interview. If you feel upset after the interview, you must tell your parents, or ask them to contact someone on the research team. Should you require assistance, we will refer you to an appropriate service.

2. You will not be paid to take part in the study but you will be given a voucher to the value of R140 for your participation. There will be no costs involved for you, if you do take part.
3. You do not have to take part in this research if you do not want to. We would very much like you to take part in our research project - however, just because your parent / mother / father / carer etc. has given us permission to talk to you, this does NOT mean you have to do it. It is not a problem if you don't want to do it. All you have to do is tell me or your parents. Also, even if you agree to start the interview, you can decide to stop at any time if you want to. Just tell me if you want to do this.

Do you have any questions at this point, or can I go ahead?

YES

NO

(please note down questions from participant here:

.....

.....

.....

Okay, now that I have given you all the information about the research – do you agree to be part of this study?

YES

NO

IF YES:

Do you understand this research study and are you willing to take part in it?

YES

NO

Has the researcher answered all your questions?

YES

NO

Do you understand that you can pull out of the study at any time?

YES

NO

Do you give permission to have this interview recorded?

YES

NO

Child PID

Date

Signature of investigator

ZIFUNE STUDY
TELEPHONIC INFORMED CONSENT FORM FOR STUDY PARTICIPANTS

RESEARCH PROJECT: Zifune: Does a second wave adolescent parenting intervention improve gains and reduce interpersonal violence for recipients of a mother-infant attachment intervention?

REFERENCE NUMBER: N17/10/094

PRINCIPAL INVESTIGATOR: Prof Mark Tomlinson

ADDRESS: Psychology Department, Stellenbosch University

CONTACT NUMBER: Office: (021) 808 3446, Cell: 083 301 4868

Introduction:

Thank you for taking the time to speak to me. Since we can't be in the same place for this interview, we can do our interview over the phone. But, before we start, I need to tell you about the research we are doing, how it will work, and what I will need from you for this research. Once I have given you this information, you can agree to participate, or not. Usually we do this in person, and I would give you a form to sign, to show that you give consent to do the research with us. But now, I will ask you to give verbal consent over the phone – after I have explained everything to you. For verbal consent, I need to record this phone call.

Can I go ahead and record our phone call?

YES

NO

Great, thank you. Let me tell you about the research we are doing. Research is something we do to find new knowledge about the way things (and people) work. This research we are doing here aims to find out more about how adolescents (16-19 years of age) function at home and at school or work, how they spend time with their friends, their dating life, how they talk to each other, how they feel about or react to different things and the things around them.

We have asked you to be involved in this research because when you were very small your parents took part in an earlier project that we completed. You were only a baby when you first came to see us with your mother. Then, when you were about 13, we asked you (and your parent) to come back so we could ask you some more questions and do some other activities with you. Some of the information gathered previously from your parents while you were so small and from when you were a bit older will help us in this study.

Do you have any questions at this point, or can I go ahead?

YES

NO

(please note down questions from participant here:

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What do we want from you?

We would like to do an interview with you, which means we would like to take some time to ask you certain things about yourself. We are interested in how things are for you at home, at school or work and in your social life. We also want to know how you get on with other people in your life and with your friends and family at home.

During this interview, I will ask you questions, and I will take down your answers and input them into a mobile phone. With your permission, I will also be recording the interview over the phone so that my supervisor can make sure I ask the right questions. All of the things you discuss during your interview will be anonymous. In other words, no one will be able to find out what you said during your interview. We are not going to write your name on your interview record so no one will be able to link your answers to you. Also, all of the information we collect during the interview will be confidential. That is, everything you discuss or share with me will be kept secret.

Do you have any questions at this point, or can I go ahead?

YES

NO

(please note down questions from participant here:

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What happens after the interview?

After the interview, there will be two groups in the study. The researchers will randomly choose who goes into the intervention group or the control group. You might be in the intervention group, which is the group that takes part in the Zifune programme, or in the control group, who will not need to attend the Zifune sessions.

The Zifune intervention programme is aimed at 16-19-year-old adolescent boys and girls. It is a life-skills programme that is delivered to adolescents in small groups over two months. The programme makes use of creative and fun activities to help adolescents think about their behaviour and their relationships, and to explore and plan for their future. The goal of the programme is to provide a space where adolescents have time to reflect on their current situation, plan a future that is meaningful and exciting to them, and then apply the skills and plans into their everyday lives. After a few months, you will be asked to take part in another interview session along with your caregiver.

Do you have any questions at this point, or can I go ahead?

YES

NO

(please note down questions from participant here:

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We are almost done with the consent process – there are three important things that you need to know before we go on:

4. If you are feeling upset, you can let me know and we can stop the interview. If you feel upset after the interview, you must tell your parents, or ask them to contact someone on the research team. Should you require assistance, we will refer you to an appropriate service.

5. You will not be paid to take part in the study but you will be given a voucher to the value of R140 for your participation. There will be no costs involved for you, if you do take part.
6. You do not have to take part in this research if you do not want to. We would very much like you to take part in our research project - however, just because your parent / mother / father / carer etc. has given us permission to talk to you, this does NOT mean you have to do it. It is not a problem if you don't want to do it. All you have to do is tell me or your parents. Also, even if you agree to start the interview, you can decide to stop at any time if you want to. Just tell me if you want to do this.

Do you have any questions at this point, or can I go ahead?

YES

NO

(please note down questions from participant here:

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Okay, now that I have given you all the information about the research – do you agree to be part of this study?

YES

NO

IF YES:

Do you understand this research study and are you willing to take part in it?

YES

NO

Has the researcher answered all your questions?

YES

NO

Do you understand that you can pull out of the study at any time?

YES

NO

Do you give permission to have this interview recorded?

YES

NO

Child PID

Date

Signature of investigator



ZIFUNE STUDY
TELEPHONIC CAREGIVER INFORMED CONSENT FORM FOR STUDY PARTICIPANTS

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ADDRESS: Psychology Department, Stellenbosch University

CONTACT NUMBER: Office: (021) 808 3446, Cell: 083 301 4868

Introduction:

Thank you for taking the time to speak to me. Since we can't be in the same place for this interview, we can do the interview with your child over the phone. But, before we start, I need to tell you about the research we are doing, how it will work, and what we will need from your child for this research. Once I have given you this information, you can agree for your child to participate, or not. Usually we do this in person, and I would give you a form to sign, to show that you give consent for your child to do the research with us. But now, I will ask you to give verbal consent over the phone – after I have explained everything to you. For verbal consent, I need to record this phone call.

Can I go ahead and record our phone call?

YES

NO

Great, thank you. Let me tell you about the research we are doing. Research is something we do to find new knowledge about the way things (and people) work. This research we are doing here aims to find out more about how adolescents (16-19 years of age) function at home and at school or work, how they spend time with their friends, their dating life, how they talk to each other, how they feel about or react to different things and the things around them.

We have asked your child to be involved in this research because your child and his/her parents took part in an earlier project that we completed. Then, when your child was about 13, we asked him/her (and you/your child's parents) to come back so we could ask them some more questions and do some other activities with them. Some of the information gathered previously will help us in this study.

Do you have any questions at this point, or can I go ahead?

YES

NO

(please note down questions from participant here):

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What do we want from you?

We would like to do an interview with your child, which means we would like to take some time to ask you certain things about your child. We are interested in how things are for your child at home, at school or work and in your child's social life. We also want to know how your child gets on with other people in their life and with their friends and family at home.

During this interview, I will ask your child questions, and I will take down your child's answers and input them into a mobile phone. With your and your child's permission, I will also be recording the interview over the phone so that my supervisor can make sure I ask the right questions. All of the things your child discusses during the interview will be anonymous. In other words, no one will be able to find out what your child said during the interview. We are not going to write your child's name on his/her interview record so no one will be able to link their answers to your child. Also, all of the information we collect during the interview will be confidential. That is, everything your child discusses or shares with me will be kept secret.

Do you have any questions at this point, or can I go ahead?

YES

NO

(please note down questions from participant here):

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What happens after the interview?

After the interview, there will be two groups in the study. The researchers will randomly choose who goes into the intervention group or the control group. Your child might be in the intervention group, which is the group that takes part in the Zifune programme, or in the control group, who will not need to attend the Zifune sessions.

The Zifune intervention programme is aimed at 16-19-year-old adolescent boys and girls. It is a life-skills programme that is delivered to adolescents in small groups over two months. The programme makes use of creative and fun activities to help adolescents think about their behaviour and their relationships, and to explore and plan for their future. The goal of the programme is to provide a space where adolescents have time to reflect on their current situation, plan a future that is meaningful and exciting to them, and then apply the skills and plans into their everyday lives. After a few months, you will be asked to take part in another interview session along with your caregiver.

Do you have any questions at this point, or can I go ahead?

YES

NO

(please note down questions from participant here):

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We are almost done with the consent process – there are three important things that you need to know before we go on:

7. If your child is feeling upset, he/she can let me know and we can stop the interview. If your child feels upset after the interview, he/she must tell you, or ask you to contact someone on the research team. Should your child require assistance, we will refer him/her to an appropriate service.
8. Your child will not be paid to take part in the study but your child will be given a voucher to the value of R140 for your participation. There will be no costs involved for you or your child, if your child does take part.
9. Your child do not have to take part in this research if s/he do not want to. We would very much like your child to take part in our research project - however, this does NOT mean your child has to do it. It is not a problem if your child doesn't want to do it. All your child has to do is tell me or his/her parents. Also, even if your child agrees to start the interview, s/he can decide to stop at any time if s/he wants to. Your child must just tell me if s/he want to do this.

Do you have any questions at this point, or can I go ahead?

YES

NO

(please note down questions from participant here):

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Okay, now that I have given you all the information about the research – do you agree for your child to be part of this study?

YES

NO

IF YES:

Do you understand this research study and are you willing to take part in it?

YES

NO

Has the researcher answered all your questions?

YES

NO

Do you understand that you can pull out of the study at any time?

YES

NO

Do you give permission to have this interview recorded?

YES

NO

Child PID

Date

Signature of investigator