



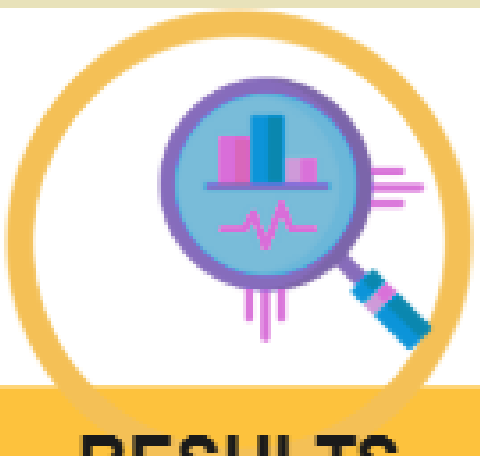
STUDY POPULATION

Older people (aged 75y+) as inpatients across 11 NHS Hospital Trusts (North of England) planning to return to their own home.



METHODS

Cluster randomised controlled trial of the 'Your Care Needs You' ^{Text} intervention across 39 wards. Primary outcome: unplanned hospital readmissions at 30 days. Secondary outcomes: readmissions at 60 & 90 days experience of transitions & safety events.



RESULTS

No difference in 30-day readmission rate (OR 0.93; 95% CI, 0.78 to 1.10; p=0.372) between intervention & control. No difference at 60 & 90 days. Total number of readmissions in intervention group significantly lower (13%) at 90 days (not at other times) (IRR: 0.87; 95% CI 0.76 to 0.99). 30-day experience & safety events significantly lower in intervention group (not at other times).

CONCLUSION

Your Care NeedsYou did not significantly impact on unplanned hospital readmissions at 30 days but there was evidence of clinical benefit for some secondary outcomes.