




# **Supporting older adults with learning disability to get involved in local community groups**

## **The MATILDA Project**

### **Participant information sheet**

<p><b>Photo</b></p>	<p>My name is Research member of staff</p>
 A photograph showing three people walking along a paved path on a university campus. The person on the left is wearing a red jacket, the person in the middle is wearing a black jacket, and the person on the right is wearing a red jacket. In the background, there are modern university buildings and a blue sky with some clouds.	<p>We work at Ulster University or University College London.</p>



We are undertaking research into the Matilda programme.

The Matilda project is about supporting older adults with learning disabilities to join a local community group.

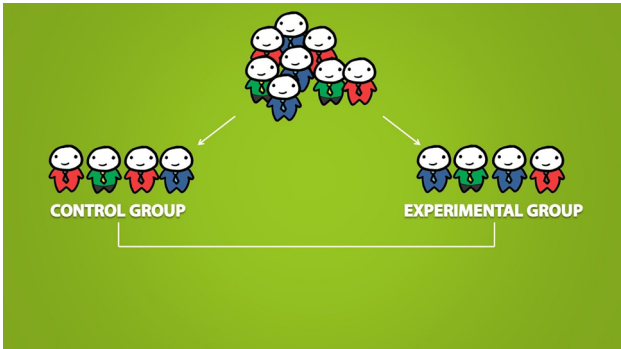

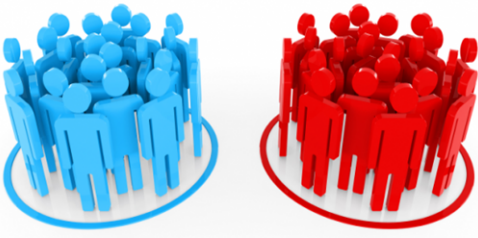
Such as Men's shed, knitting group, a bowling group, a sports group, etc.

Research is a way of finding things out. What works well, and what needs to be improved.


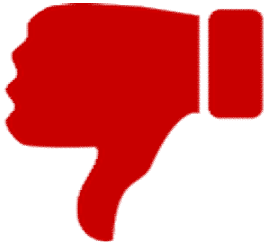


This information sheet tells you about the project.

This will help you decide if you want to take part in the project or not.

We will ask 2-3 people from the local community group, to support you to access the group for six months.

 <p>The diagram shows a central group of 10 stylized people icons. Two arrows point from this central group to two separate groups below. The group on the left is labeled 'CONTROL GROUP' and contains 4 icons. The group on the right is labeled 'EXPERIMENTAL GROUP' and contains 4 icons. A bracket connects the two groups below.</p>	<p>In order to test if the Matilda project works, we need to put some people in the <b>‘Matilda programme’</b> and some on another group called the <b>‘control group’</b>.</p> <p>This will be done like a draw and will be random.</p>
 <p>A large purple circle with the text 'GROUP 1' in purple capital letters inside.</p>	<p>If you are picked to take part in the Matilda programme, a member of the Trust staff will talk to you and your carers about what things you are interested in.</p> <p>A Volunteer Co-ordinator will help to find you a local community group, and also 2-3 volunteers from that group, who will support you to go to the group for approximately six-months.</p>
 <p>Two groups of stylized people icons. The group on the left is blue and the group on the right is red. Each group is standing in a circle.</p>	<p>Those allocated to the control group, will get their normal day to day activities and will be offered 3 recreational activities with their peers over the course of the 6-month study (cinema, bowling, meal, etc).</p> <p>The Trust staff will organise these three events. Please note you will not be offered the Matilda programme.</p>

	<p>Both groups will complete some surveys about your health and behaviours.</p> <p>We will ask you to complete the same survey at three different times.</p> <p>Someone can help you to complete these surveys.</p>
	<p>As a thank-you for completing the survey, we will give you a £10 voucher each time.</p>
	<p>We would also like to talk to you with other people with learning disabilities about how you are getting on in the Matilda group.</p> <p>This is called a focus group.</p> <p>There will be between 4-6 people in the group.</p> <p>We will hold the focus group in a place near you.</p>

	<p>You can tell me 'Yes' if you want to take part.</p>
	<p>You can tell me 'No' if you do not want to take part.</p>
	<p>If you want to be in the project you need to sign your name on a special form called a consent form.</p> <p>If you find it difficult to write, someone else can help you.</p>
	<p>We will record what you say during the focus group. Others in the group and other people involved in the research project will be the only people who hear what you say.</p>

	<p>If you tell us that someone is hurting you or you are hurting someone else, I will have to pass this information on to your social worker.</p>
	<p>Thank you for looking at this.</p>

Service User's name: .....

Researcher's signature: .....

Date: .....

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### Consent form for service users

I say it is OK for me to take part in the research project. ☐ Yes ☐ No

I have seen the information sheet about the project. ☐ Yes ☐ No

I understand what it says. ☐ Yes ☐ No

I understand I might not get allocated to the Matilda project. ☐ Yes ☐ No

I had a chance to ask questions about it. ☐ Yes ☐ No

I agree to take part in the research project.

YES ☐ NO ☐

I agree to take part in the focus group

YES ☐ NO ☐

I say it is OK for my voice to be recorded when we talk.

YES ☐ NO ☐

If I do not want to be in the research project anymore, I do not have to.

Service User's name: .....

Researcher's signature: .....

Date: .....

