

Characteristics	Total (N= 320)	SAMe-TT ₂ R ₂ score-guided strategy plus usual care (N=156)	Usual care only (N=164)
Age (years)	69.5±10.2	70.1±10.11	69.0±10.3
Female	156 (48.8)	77 (49.4)	79 (48.2)
Education:			
None	65 (20.3)	36 (23.1)	29 (17.7)
Elementary/High school	192 (60.0)	87 (55.8)	105 (64.0)
College/University	63 (19.7)	33 (21.2)	30 (18.3)
Body mass index (kg/m ²)	24.3±5.3	24.1±5.6	24.5±4.9
Systolic blood pressure (mmHg)	129.6±19.6	130.0±19.6	129.1±19.6
Diastolic blood pressure (mmHg)	74.5±13.6	73.9±13.2	75.1±14.0
Heart rate (beat per min)	93.8±29.1	94.9±30.3	92.7±28.0
Renal function; eGFR (mL/min/m ²)	65.6±25.3	64.0±26.7	67.0±24.0
Duration of known AF (months)	4.1±14.7	4.1±15.1	4.1±14.3
Congestive heart failure	72 (22.5)	31(19.9)	41 (25.0)
Hypertension	235 (73.4)	116 (74.4)	119 (72.6)
Age 65-74 years	89 (71.8)	49 (74.2)	40 (68.9)
Age ≥75 years	75 (74.3)	39 (76.5)	36 (72.0)
Diabetes mellitus	80 (25.0)	42 (26.9)	38 (23.2)
Stroke/TIA	34 (10.6)	18 (11.5)	16 (9.8)
Mean (SD) CHA ₂ DS ₂ -VASc score	3.1±1.4	3.2±1.4	3.0±1.4
Mean (SD) SAMe-TT ₂ R ₂ score	3.33±0.9	3.34±0.9	3.31±1.0
SAMe-TT ₂ R ₂ score group			
0-2	54 (16.9)	27 (17.3)	27 (16.5)
>2	266 (83.1)	129 (82.7)	137 (83.5)
Smoking status, n (%)			
Current smoker	204 (63.8)	105 (69.5)	99 (71.7)
Ex-smoker	65(20.3)	32 (21.2)	33 (23.9)
Non-smoker	20(6.2)	14 (9.3)	6 (4.4)
Alcohol	16(5.0)	8(5.1)	8(4.9)
Chronic liver disease	9(2.8)	3(1.9)	6(3.7)
Chronic kidney disease	83(25.9)	42(26.9)	41(25.0)
Lung disease	15(4.7)	8(5.1)	7(4.3)
Amiodarone	10(3.1)	6(3.8)	4(2.4)
Antiplatelets	65 (20.3)	32 (22.3)	33 (24.6)
Beta blocker	189 (59.1)	93 (59.6)	96 (58.5)
Calcium channel blocker	20 (6.2)	11 (7.0)	9 (5.5)
Digoxin	15 (4.7)	6 (3.9)	9 (5.5)
ACEi/ARB	131 (40.9)	57 (36.5)	74 (45.1)
Statin	190 (59.4)	96 (61.5)	94 (57.3)
Diuretics	67 (20.9)	30 (19.2)	37 (22.6)