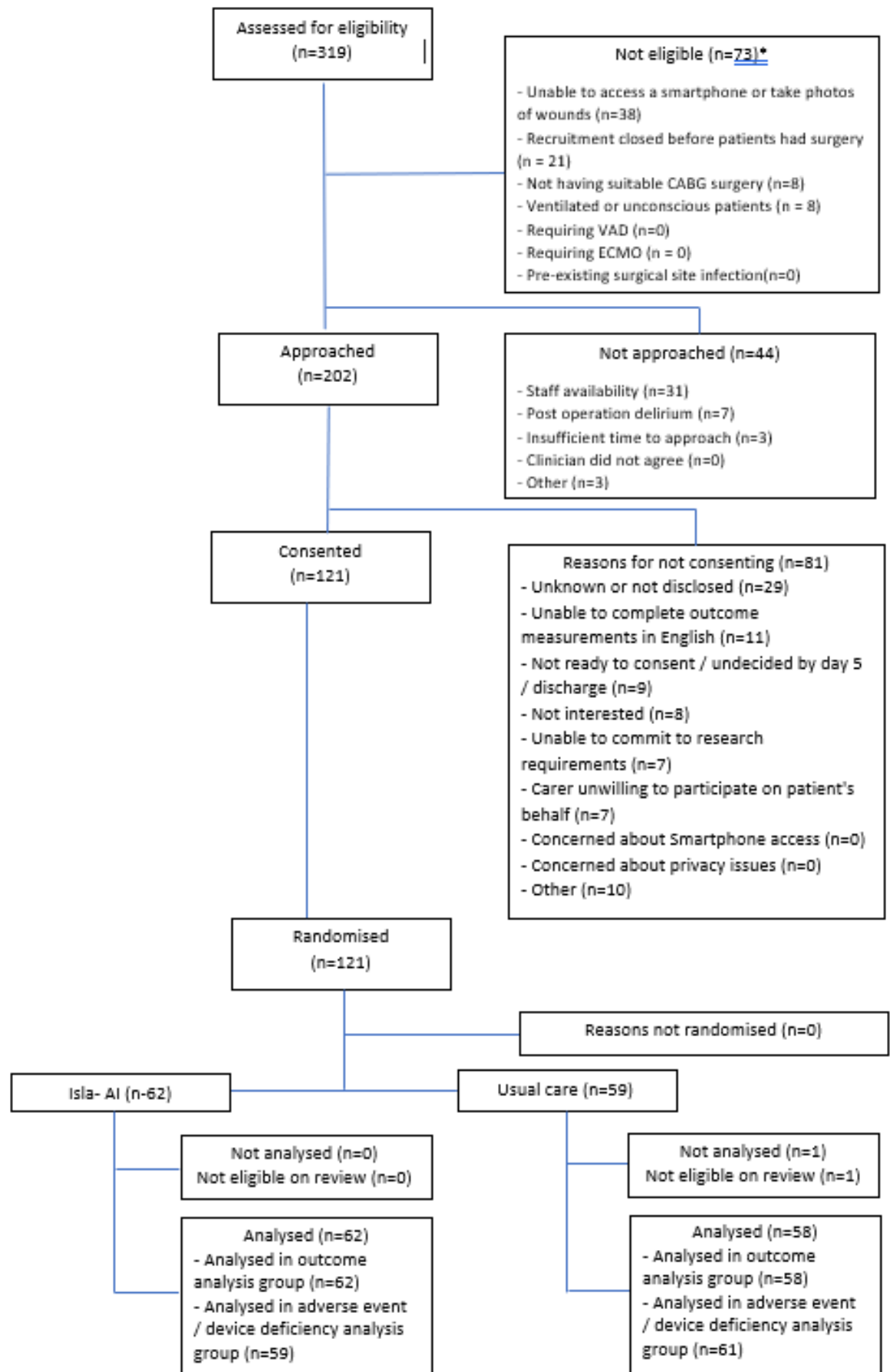


## Participant flow



\*Individual patients gave more than one reason for withdrawal

## Baseline characteristics

<b>SUMMARY OF BASELINE DATA</b>	<b>Isla-AI n=62</b>	<b>UC only n=58</b>
<b>Age (years) - mean (95% CI)</b>	64.7 (62.7 to 66.7)	63.6 (61.3 to 66.0)
<b>BMI - median (IQR)</b>	26.6 (24.3 to 29.4)	28.7 (25.7 to 31.4)
<b>Sex n (%)</b>		
<b>Male</b>	54 (87.1)	50 (86.2)
<b>Female</b>	8 (12.9)	8 (13.8)
<b>Intersex</b>	0 (0)	0 (0)
<b>Diabetes mellitus</b>	28 (45.2)	23 (39.7)
<b>Current smoker</b>	7 (11.3)	4 (6.9)
<b>Relevant disability* n (%)</b>		
<b>Visual impairment</b>	7 (11.3)	6 (10.3)
<b>None</b>	0 (0)	0 (0)
<b>Ethnicity n (%)</b>		
<b>White</b>	36 (58.1)	39 (67.2)
<b>Asian</b>	18 (29.0)	15 (25.9)
<b>Black</b>	2 (3.2)	0 (0.0)
<b>Other / Mixed</b>	4 (6.5)	3 (5.2)
<b>Not stated / unknown</b>	2 (3.2)	1 (1.7)
<b>Category of Index of multiple deprivation(11) (deciles: 1 = most deprived) n (%)</b>		
<b>More deprived (deciles 1–5)</b>	30 (48.4)	26 (44.8)
<b>Less deprived (deciles 6–10)</b>	29 (46.8)	30 (51.7)
<b>Not known</b>	3 (4.8)	2 (3.5)
<b>Lives alone</b>	4 (6.5)	14 (24.1)
<b>Light skin tone (Ho &amp; Robinson skin tone scale 1) (12) n (%)</b>	40 (64.5)	40 (69.0)
<b>Dark skin tone (Ho &amp; Robinson skin tone scales 2-6) (12) n (%)</b>	22 (35.5)	18 (31.0)
<b>English speaking n (%)</b>		
<b>Yes</b>	57 (91.9)	51 (87.9)
<b>No</b>	5 (8.1)	7 (12.1)

\*All cases were visual impairment. None recorded for manual dexterity or cognitive impairment.

## Outcome measures

### Feasibility

	Patients recruited	Withdrawn/ Discontinued
<b>Recruitment and Attrition</b>	<b>121 (60%)</b>	<b>10 (8%)</b>
<b>Usual Care</b>	59 (49%)	6 (10%)
<b>Isla + AI</b>	61 (51%)	4 (6%)

**Adverse events**

Thirty-three patients in the Isla-AI group reported 46 adverse events and 36 patients in the UC group reported 48 adverse events.

Three patients were recorded having four serious adverse events.

No suspected unexpected serious adverse reactions were reported.