



Care Confidence



Your guide to navigating adult social care
An evidence-based resource



Hi, I'm Sarah. I work as a researcher at the University of York.

You are being invited to take part in some research about the way your local services help people to use Care Confidence.

What is the research about? At the University of York we have developed a decision tool with and for older self-funders which contains useful information to help people make a plan. The tool is called Care Confidence. We would like to speak to people that have been supported to use Care Confidence, and learn about their experiences.

Are you happy to be contacted about this research? If so, please give your preferred contact details to the person who showed you this leaflet. They will pass them on to Sarah securely. Your details will only be used for this purpose and if you decide not to take part they will be deleted.

