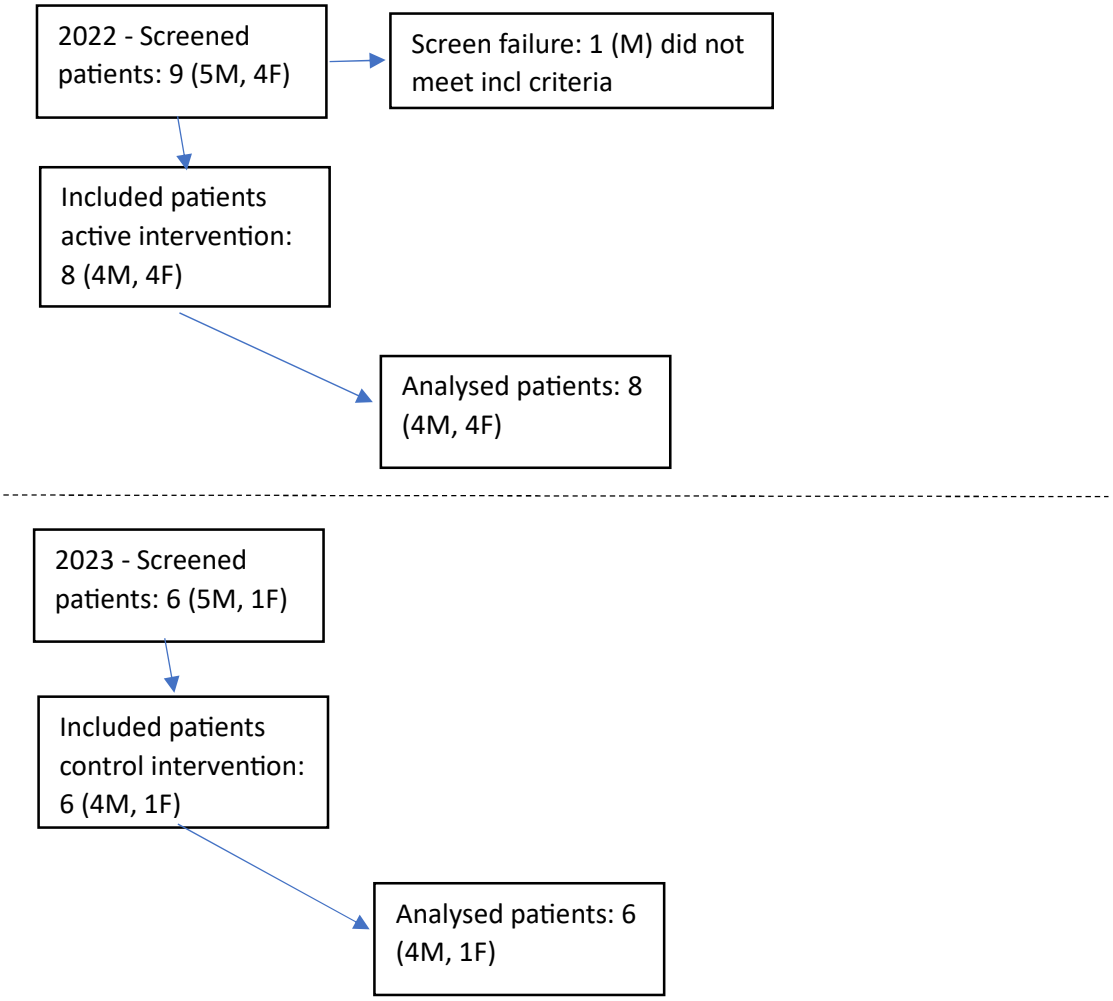
Participant Flow:



Baseline Characteristics:

	Digitally supported (n=8)	Digitally unsupported (n=6)	p-value
Age	71 (55, 74)	71 (67, 76)	0.627
Sex	4F, 4M	1F, 5M	0.238
Weight	75.6 (65.3, 78.0)	73.0 (67.0, 86.3)§	1.000
Disease duration	7 (5.5, 7.7)	5.5 (3.2, 8.0)	0.592
LEDD	570 (500, 801)	628 (550, 821)	1.000
MDS-UPDRS I	8 (4, 14)	6.5 (4, 14)	0.592
MDS-UPDRS II	13 (7.5, 17)	8 (3, 16)	0.592
MDS-UPDRS III	24.5 (18.5, 31.5)	26 (10, 45)	1.000
MDS-UPDRS IV	5.5 (4, 9)	5 (3, 7)	0.627
MDS-UPDRS total	49.5 (38, 68)	49 (19, 81)	1.000
H&Y	2 (1.5, 2)	1 (1, 2)	1.000
CISI-PD	6.5 (6, 8.5)	5 (3, 8)	0.627
PRO-PD	682 (273, 979)	779 (231, 1095)	1.000
NMSQ	7 (5, 13.5)	9 (2, 18)	1.000
PDQ8-I	28% (14%, 36%)	27% (9%, 41%)	1.000
EQ5D5L index	0.809 (0.682, 0.840)	0.787 (0.671, 0.937)	1.000
EQ5D5L health grade	72.5 (70, 80)	70 (49, 83)	1.000

§) n=5. Groups compared independent samples median test or for gender Chi-Square test (Fischer's exact test). Data, except gender, presented as Tukey median (lower hinge, upper hinge).

Outcome Measures:

The primary outcome was qualitative and was analysed with inductive content analysis.

Categories that emerged in both patients with active digital support and without were 1) factors that strengthen self-care and participation and 2) factors that hinder/challenge self-care and participation. Subcategories of category 1 were: Individualized information and support; Increased participation and control; Symptom improvement and treatment optimization. Subcategories of category 2 were: Social and individual hinders; Inadequate design; Lack of information exchange and accessibility.

No statistically significant differences were observed between groups regarding quantitative secondary outcomes (which were collected for pilot purposes).

Adverse Events: There were no adverse events associated with this study.