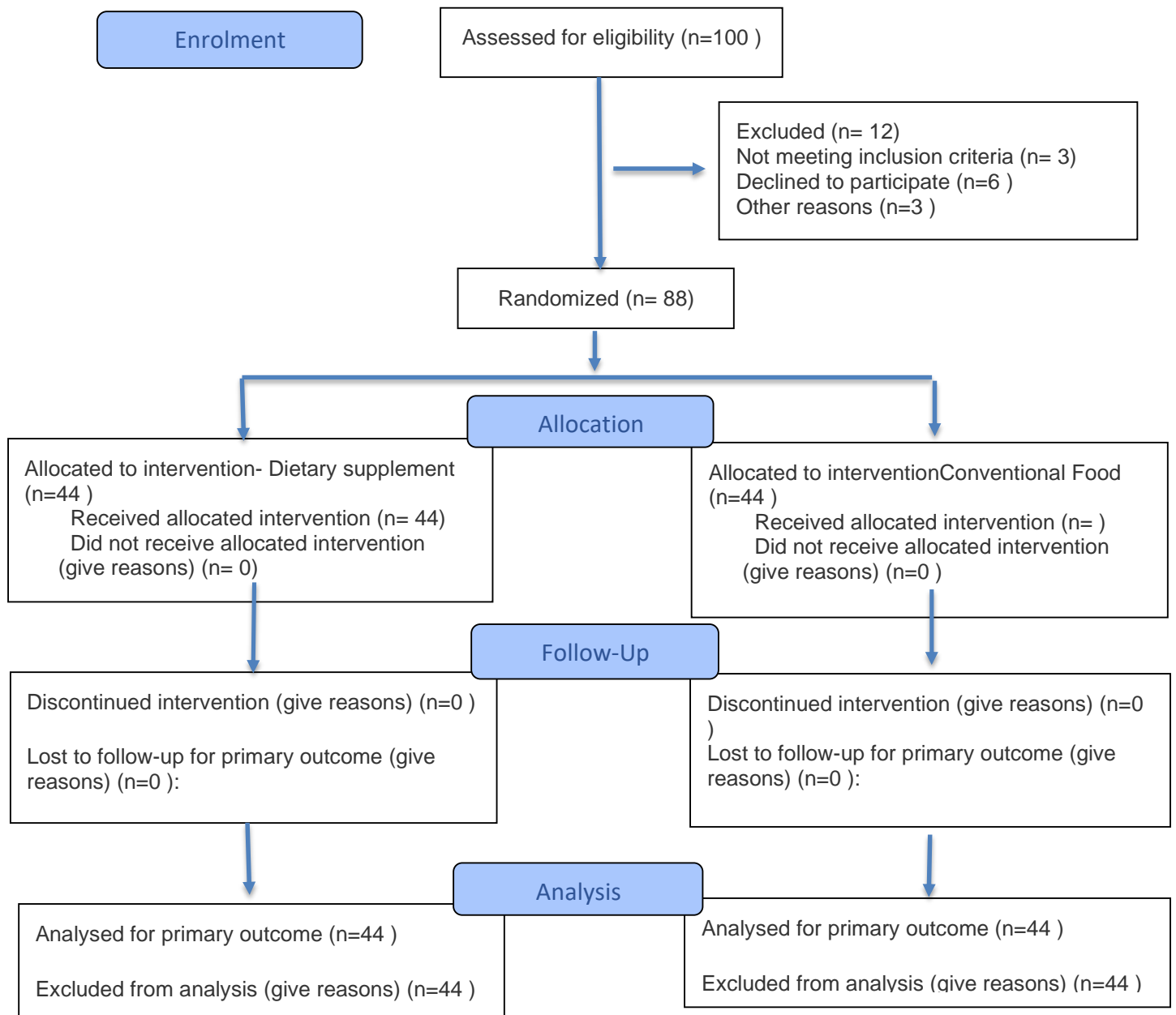


**Figure 1: CONSORT 2025 Flow Diagram**

Flow diagram of the progress through the phases of a randomised trial of two groups (that is, enrolment, intervention allocation, follow-up, and data analysis)



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