

We are inviting you, and all other people living in VILLAGE NAME) to take part in a research project that we hope will improve mental health. It involves discussion over changes in the environment, and that includes personal, social and physical environment, that you would like to see, both for yourself and the community. It will involve an assessment of your environmental needs and wishes and help in getting the changes you would like to see.

*Why have I been invited?*

You have been invited because you live in VILLAGE NAME. This is one of six similar villages involved in the project.

*Do I have to take part?*

No. You can say you do not want to be involved. You are also free to withdraw from the study at any stage without giving a reason. But as the project involves the whole community there may be changes in the village and so might concern you. We will hold regular meetings at our Advice and Training Centre in Cotham so all will know what these changes are. For these changes to take place most in the village would have to support them.

*What will happen if I take part?*

This is a research study, and we would like to make an assessment of how you are and your wishes for any

change before the study starts. After that the six villages will receive environmental advice and guidance in sequence, two in the first three months of the study, two in the second three months, and the last two villages in the final three months. After the first meeting most of these assessments could be made on the phone if you would prefer this to a visit. The assessments will help to show if the interventions are helping and whether they are maintained.

In the three months when your village is receiving the environmental intervention a trained environmental facilitator (TEF) will see you and help to determine which changes you would like to see, and help you to achieve them if possible. Some of this help may come from the TEF teaching volunteers who are also helping in the study.

All the information you give will be strictly confidential.

*Are there any expenses or payment involved?*

No, but any expense that is incurred by you through being involved will be repaid in full.