IRAS: 335587

Participant Information Sheet – Patients and their carers/family members

Title of Project: Perioperative medicine for Older People undergoing Surgery Scale Up (POPS-SUp)

Chief Investigator: Professor Jugdeep Dhesi

We would like to invite you to take part in our study. Before you decide, it is important that you understand why the study is being done and what your participation will involve. Please take time to read this information and discuss it with others if you wish. If anything is not clear, or you would like more information, please ask us.

What is the study about?

- Older people have more operations than younger people but sadly have more complications after surgery, such as chest infections, kidney problems, slow recovery and longer hospital stay.
- These problems need treatment from experts called geriatricians. Having geriatricians care for older people who need operations is not standard in the NHS right now. A service called Perioperative medicine for Older People undergoing Surgery (POPS) was set up at one NHS hospital by geriatricians to help older people get better outcomes after operations.
- Some NHS hospitals have now set up POPS services, but not all, meaning not all NHS patients get the same quality of care. ***Our research will test how POPS services can be set up in more NHS hospitals to improve care for older patients having operations and save money for the NHS.***
- We are therefore ***conducting interviews (20-30 minutes) and questionnaires*** as part of this study with patients and their carers/family members who are receiving this service. Researchers from Guy's and St Thomas' NHS Foundation Trust, University College London (***UCL)*** and your local hospital are carrying out this study (their contact information can be found below). The interviewers are independent of the service that is being evaluated, are trained in this form of evaluation, and adhere to professional codes of ethics.

Why have I been invited to take part?
You have been invited to take part because you are a patient or carer/family member who is being cared for by a surgical team who we think will have an important perspective on this service, and we feel your views would be of value.

Do I have to take part?
No, participation is entirely voluntary. It is up to you to decide whether to take part. If you decide to take part, you will be given this information sheet to keep and be asked to sign a consent form.

You can change your mind and withdraw at any time, without giving any reason. Withdrawing or not taking part will not affect your care or legal rights. If you lose capacity to consent during the study, data already collected with your consent will be retained and used in the study but no further data will be collected.

What would taking part involve?

If you decide to take part we will ask you to complete:
Questionnaires about your wellbeing
An interview about your experience of the POPS service.
The interview will be arranged at a time convenient for you. It will be conducted by researchers from the UCL/ University of Birmingham (UoB) collaborating team and can be face to face, over the phone or on line. Information from interviews will be recorded by the researcher in the form of notes and audio recordings either by MS Teams or with a digital recorder. The information collected by the researcher (the audio recording of the interview and notes) will be kept locked in a secured location. To analyse the interviews in detail, we need to transcribe them (type up the full text of the interview word by word). If you agree, we will send the recording to a transcription company (outside of the University), who will do this task. We use a reputable company who have signed a confidentiality agreement with UCL. We don't expect that this will need extra visits to the hospital but if another visit was required we will cover your travel costs on provision of receipt.

There will be no further contact from the research team once the questionnaires and/or interview are completed.

What are the possible benefits of taking part?

No direct benefits will be received by participants. There are no immediate benefits for participants, but it is hoped that these findings will inform improvements for this programme and other similar programmes.

What are the possible disadvantages of taking part?

We do not expect there to be any disadvantage in taking part. There are no risks to your healthcare as part of the study. If for any reason you feel uncomfortable completing the interviews or questionnaires or would no longer like to take part in the interview, you are free to ask the researcher to end the interview at any point.

Further information

You are free to withdraw from the study at any time. If you decide to withdraw from the study, data you have already provided will be retained unless you request that this is destroyed securely.

After the study has ended research data will be stored for 5 years. For this aspect of the study that will include at UCL, UoB and GSTT (as Sponsor).

Information on the Use of Data

How will we use information about you?

We will need to use information from you and your medical records for this research project.

This information will include your initials, NHS number, name, contact details and the responses collected during the interview. People will use this information to do the research or to check your records to make sure that the research is being done properly.

Only people who need to know who you are will be able to see your name or contact details. Your data will have a code number instead.

We will keep all information about you safe and secure.

Interview recordings will be deleted once the transcription has been done.

Once we have finished the study, we will keep some of the data so we can check the results. We will write our reports in a way that no-one can work out that you took part in the study.

Your choices about how your information is used

You can stop being part of the study at any time, without giving a reason, but we will keep information about you that we already have.

We need to manage your records in specific ways for the research to be reliable. This means you can't see or change the data we hold about you.

Where can you find out more about how my information is used?
You can find out more about how we use your information

- Visiting the Health Research Authority website at:

www.hra.nhs.uk/information-about-patients/

- Visiting the Guy's and St Thomas' website at:

www.guysandstthomas.nhs.uk/research/patients/use-of-data.aspx

- By asking one of the research team (contact details included below)
- By contacting the Data Protection Officer: Nick Murphy-O'Kane DPO@gstt.nhs.uk;

By viewing the study website https://www.kcl.ac.uk/research/pops-sup

Will my taking part in this project be kept confidential?
Everything you say is confidential unless you tell us something that indicates you or someone else is at risk of harm. In this case, we would discuss this with you before telling anyone else if this is felt to be necessary. We will not disclose that you've taken part or pass your contact details onto anyone else. All information collected during the study will remain anonymous. Short, anonymised sections of the notes may be used in written reports, publications, or any other materials produced for the study.

What will happen to the results of the research project?
Findings will be shared in a variety of ways including reports, academic publications and presentations to a variety of audiences. The study findings will be made publicly available however, your participation in the study will remain confidential and all reports will be anonymised so it will not reveal that you took part in the study.

If you are interested in the study results you can contact the principal investigator, the chief investigator or look at the study website which will regularly updated.

www.kcl.ac.uk/research/pops-sup

Who has reviewed this study?
This study has been reviewed by the X Research Ethics Committee, Confidentiality Advisory Group (CAG) and the Health Research Authority (HRA)., reference number: XX/XX/XXXX and peer reviewed by an independent researcher as well as patient and public representatives.

Who is organising and funding the research?
This study is Sponsored by Guy's and St Thomas' NHS Foundation Trust. The funder for this project is the National Institute for Health and Care Research: Patient Safety Research Collaboration programme. Funding reference number: NIHR157443.

What if something goes wrong?
If you have a concern about any part of this study, you should ask to speak to the researchers who will do their best to answer your questions [insert Principal Investigator name, telephone number and e-mail address]. If you remain unhappy and still want to complain formally, you can do this through the [insert Trust name] Patients Advice and Liaison Service (PALS) on phone: [telephone number], email: [insert email]. The PALS team are based [insert location].

In the event that something does go wrong and you are harmed during the research and this is due to someone's negligence then you may have grounds for legal action for compensation against Guy's and St Thomas' NHS foundation Trust but you may have to pay your legal costs. The normal NHS complaints processes will still be available to you (if appropriate).

CORE RESEARCH TEAM

Chief Investigator: Prof Jugdeep Dhesi, GSTT and KCL, pops-sup@contacts.bham.ac.uk

BiCOPS lead: [insert name and contact information]

Local PI: [insert name and contact information]

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Thank you for reading this information sheet and for considering taking part in this research study. If you take part, you will be given a copy of this information sheet to keep and you will be asked to sign two copies of a consent form - one of which you will keep.