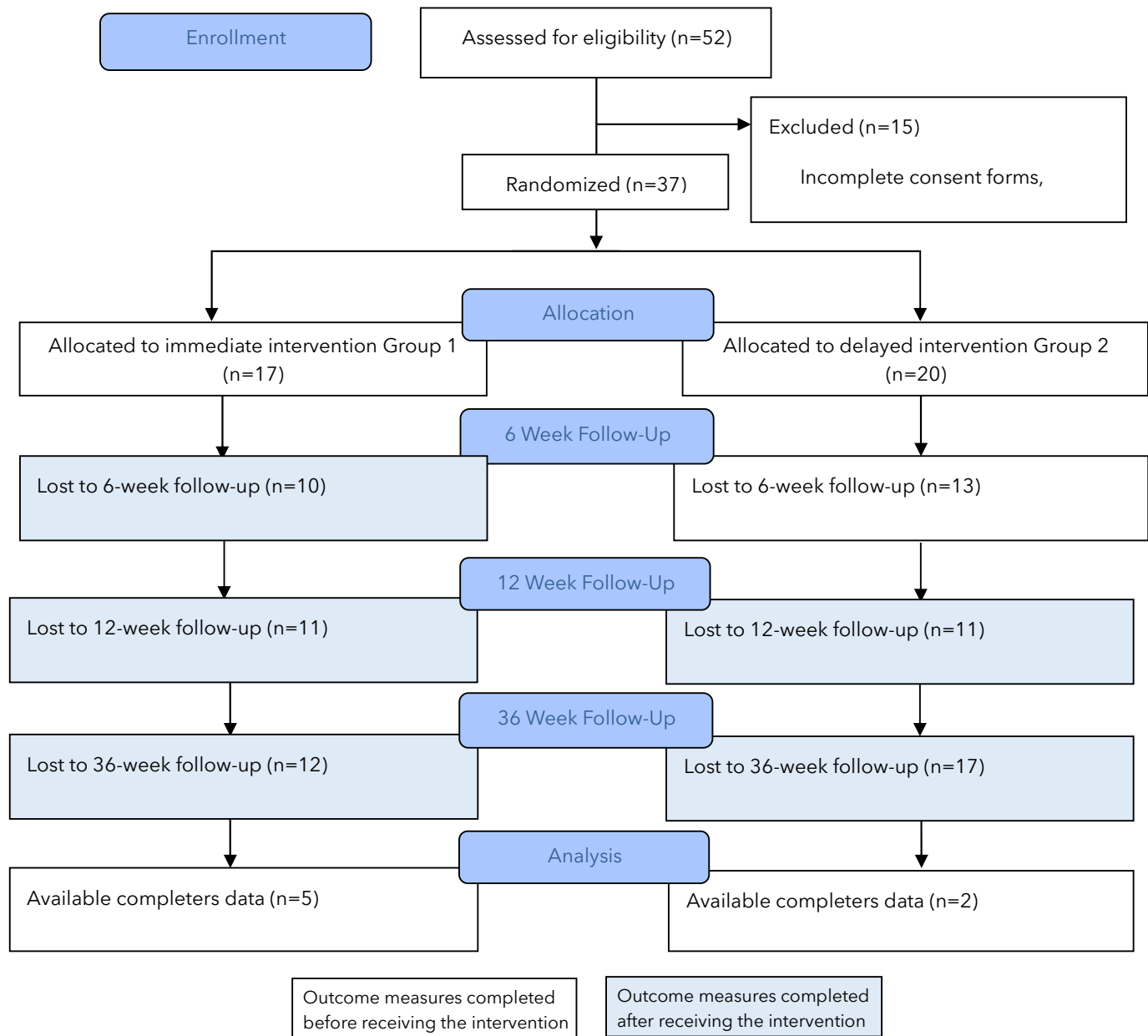


## Participant flow

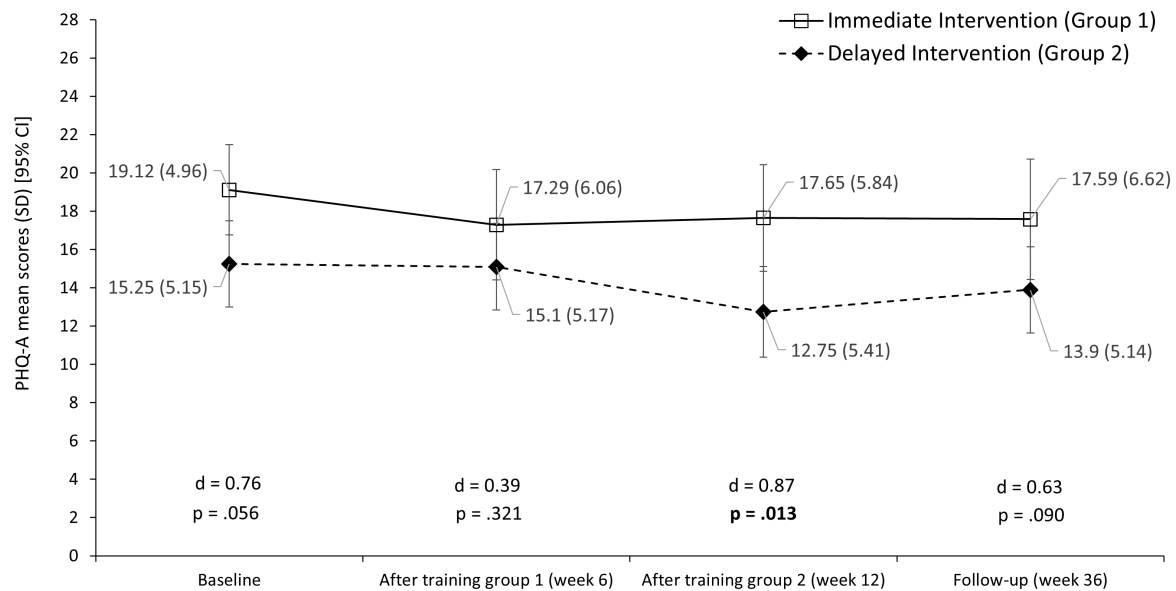


## Baseline Characteristics

Variable	Statistic	Data
Age	Mean	12.96
	Median	13
	Min, Max	11,17
Gender	Male	50.00%
	Female	45.83%
	Other	2.08%
	Do not wish to disclose	2.08%
Ethnicity	Arab	4.17%
	Asian or Asian British - Bangladeshi	2.08%
	Black British	2.08%
	Non-disclosed	2.08%
	Prefer not to say	2.08%
	White Albanian	2.08%
	White British	83.33%
	Mixed	2.08%
	West Yorkshire	4.17%
	North Yorkshire	2.08%
Area	Lincolnshire	2.08%
	London	10.42%
	South Yorkshire	2.08%
	South West England	79.17%

## Outcome measures

PHQ-A mean total scores (SD) and between-groups effect size ( $d$ ) at each time point for the ITT (N=37) sample (error bars represent 95% CI). Statistical significance of group differences ( $p$  values) based on Mann-Whitney U tests.



## Adverse events

There were no adverse events associated with this study.