

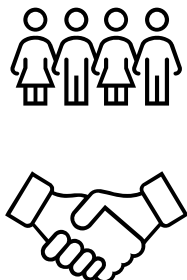
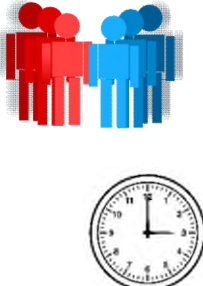





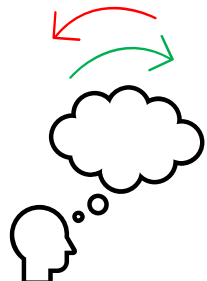
SECURE CARE HOSPITAL EVALUATION OF MANUALISED (INTERPERSONAL) ART- PSYCHOTHERAPY: A RANDOMISED CONTROLLED TRIAL

Pictorial Participant Information Sheet V1.2, 13/01/2023

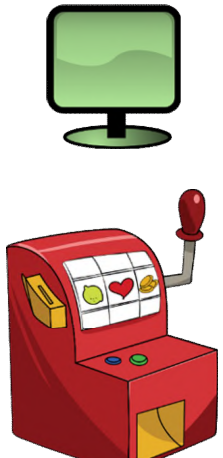
WHAT IS THE STUDY ABOUT?

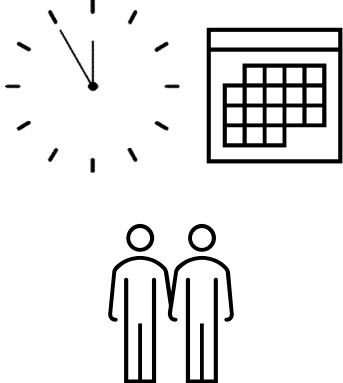

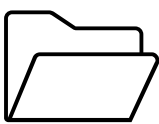
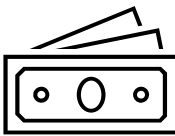
	<p>You are being invited to take part in research on art therapy.</p>
	<p>Art therapy uses art to help people talk, understand, and manage their feelings. It can help some people with their mental health.</p>
	<p>We want to see if art therapy helps people cope with problems and get on better with others.</p>
	<p>Some people will get art therapy at the start of the research.</p> <p>Some people will have to wait. They will get art therapy after nine months.</p>

DO I HAVE TO TAKE PART?

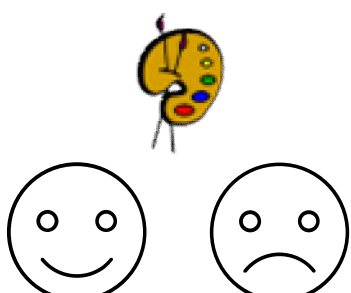
	<p>You have a choice. You do not have to take part.</p> <p>It is OK to say no.</p> <p>Your hospital care will not change if you say no.</p>
	<p>If you start the research and change your mind, you can stop taking part.</p> <p>Your hospital care will not change if you stop.</p>



WHAT WILL HAPPEN IF I TAKE PART?

	<p>A person will put everyone's name into a computer. The computer will draw a name at random. This will decide if you get art therapy at the start or after 9 months.</p> <p>It is done in this way to make sure the draw is fair.</p>
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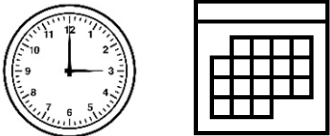

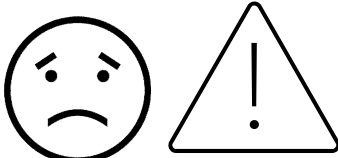
	<p>You will get 12 one-hour sessions of art therapy, and extra sessions if you need them.</p> <p>You will work with an Art Therapist on your own.</p> <p>If you say yes, the sessions will be recorded, and the research team will make notes from those recordings.</p>
	<p>During the research you will be asked to answer some questions about your health and mood, 3 different times.</p>
	<p>We will need to use information from your case notes for the research.</p>
	<p>You will receive £50 in love to shop vouchers for questions you completed during the study.</p>


WHAT ARE THE POSSIBLE BENEFITS FROM TAKING PART?

	<p>You might or might not find art therapy helpful.</p>
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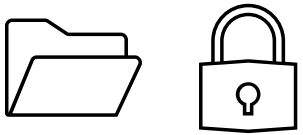


	<p>People who join in research can still feel better even if they are waiting for therapy.</p>
	<p>We hope this research will show us how art therapy helps people like you.</p> <p>This could help more people in the future.</p>

ARE THERE ANY RISKS TO TAKING PART?

	<p>You will have to give up some of your free time.</p>
	<p>You may be asked about things that make you emotional, but your therapist or staff will help you.</p>
	<p>If something happens in the research that you are not happy with, you can talk to staff about it or stop taking part.</p> <p>You do not need to say why you want to stop taking part.</p>

	If you decide you want to stop taking part, we will keep some of the information we have already collected.
	<p>You can also talk to someone in the hospital.</p> <p>https://www.nhs.uk/using-the-nhs/about-the-nhs/how-to-complain-to-the-nhs/</p> <p>[INSERT LOCAL PALS CONTACT DETAILS]</p>

WHAT WILL HAPPEN TO THE INFORMATION THE DOCTORS COLLECT?

	We will keep your information secure and only share it with people working on the research.
	<p>We need to manage the information in a specific way to make sure the research is reliable.</p> <p>This means we cannot let you see or change the information we collected from you.</p>
	<p>We will not use your personal details in any research report.</p> <p>In this research you will have an identity number.</p> <p>No one will know it is you.</p>
	At the end of the study, we need to keep some of the data we collected from you so we can check the results.

	<p>Information from this research will be written in a research report.</p> <p>We will tell other researchers and hospitals about the results.</p> <p>At the end of the study, you can read about the results here:</p> <p>https://www.cardiff.ac.uk/centre-for-trials-research/research/studies-and-trials/view/schema</p>
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If you have any questions or would like further information about the study please contact Schema@cardiff.ac.uk or your hospital trial team

<ADD LOCAL SITE CONTACT DETAILS>

Add pictures of people if possible.