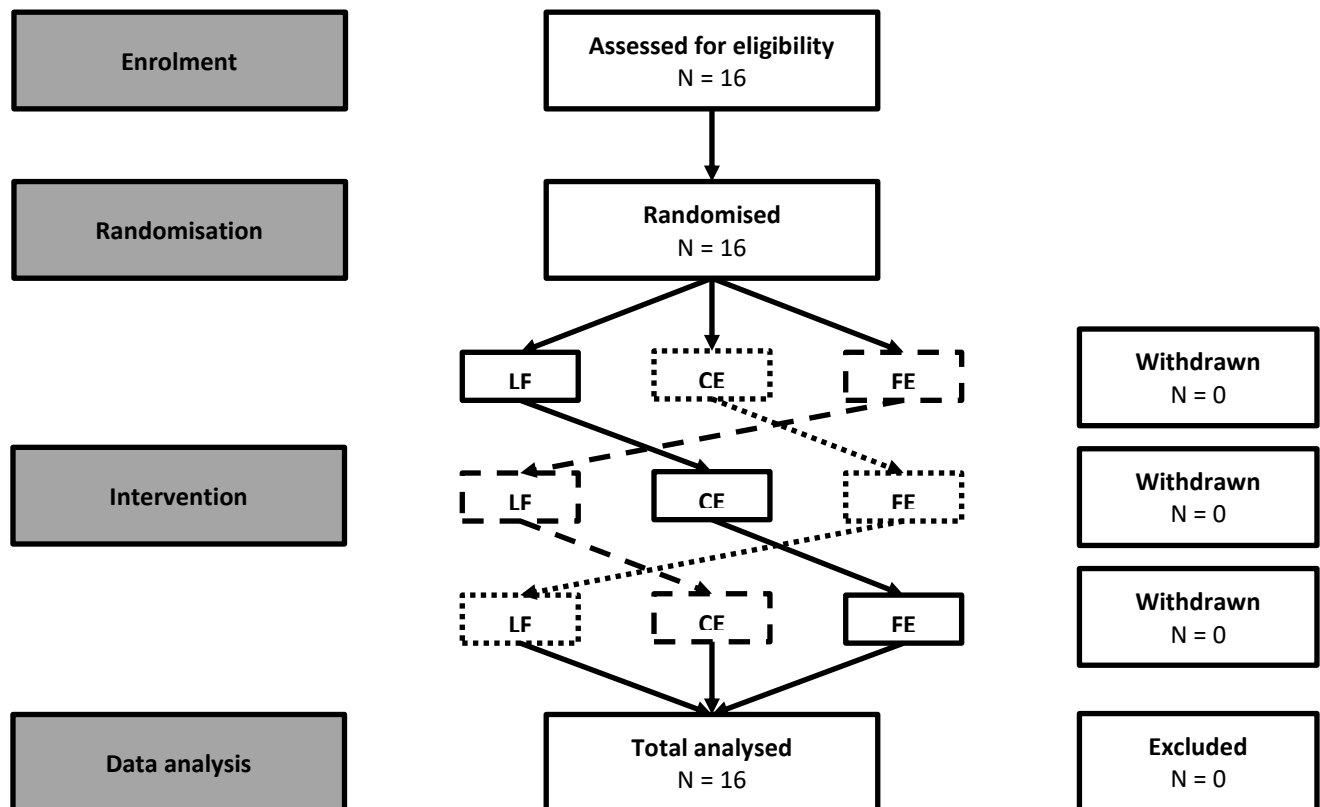


## PARTICIPANT FLOW



**Figure 1.** Participant flow diagram.

## BASELINE CHARACTERISTICS

**Table 1.** Baseline characteristics of randomised participants

N	16
Male	8
Age (years)	34±37 [25-51]
BMI (kg/m <sup>2</sup> )	25.3±4.5 [22.9-28.5]

Note: Data presented as mean±SD [range]. BMI = body mass index.

## OUTCOME MEASURES

**Table 2.** Primary and secondary outcome measures

Intervention		LF	CE	FE
Primary outcome	Plasma triglycerides	219±61	338±69	460±180**
Secondary outcomes	Tumor factor necrosis alpha (TNF-a)	285±118	268±114	497±84**
	Tissue factor (TF)	8160±4295	7845±3286	15602±5148**
	Fibrinogen	233±189	271±116	358±136**
	Plasminogen activator inhibitor-1 (PAI-1)	116±52	121±64	181±70**

Note: values presented as mean±SD area under the curve (AUC.hr<sup>-1</sup>). Conditional differences assessed used a one-way ANOVA. \* indicates a significant statistical difference from LF, \*\* indicates a significant statistical difference from FE. *P* <0.05.

**ADVERSE EVENTS**

There were no adverse events associated with this trial.