



Fresh Street

Interview Participant Information Sheet

We would like to invite you to take part in a research interview. Please read the following information carefully before you decide to take part; this will tell you why the research is being done and what you will be asked to do if you decide to take part.

What is the purpose of this research?

We are studying the impact of a new scheme to improve diet and health, in your area.

Why have I been invited?

You have been invited because you live or work in one of the areas we are studying.

What will participation in this research involve?

Participation is voluntary. You should only agree to take part in this interview if you want to; it is entirely up to you.

If you decide to take part in an interview, we will contact you to organise a **time and location that is convenient for you** to meet. The interview will last between 5 and 15 minutes. To thank you for your time, we will offer you a **£5 voucher** that you can spend in local supermarkets, or donate to a local food bank.

Do I have to take part, and what happens if I change my mind?

The interview is completely **optional**. You are under **no obligation**. If anything is not clear, please do ask. If you do decide to take part in the interview, we will seek your **written consent** by asking you to sign a '**consent form**' stating that you agree to participate. If you change your mind, you can **withdraw** at any point without giving a reason.

Is this study ethical?

This study has been reviewed by an independent group of people, called the Research Ethics Committee, to protect your safety, rights, well-being and dignity. The study has been approved by the Queen Mary University of London Ethics of Research Committee (QMERC) (Reference number: QMERCXXX).

What happens to my personal information?

If you decide to take part, all your information will be kept strictly **confidential**. The interview **may** be **recorded** with your consent to help us accurately remember what was said. We will use an encrypted voice recorder, so that the interview will be **completely confidential**. Any audio recording will be deleted before the end of the study. The researcher may store your contact details on a separate encrypted device, so they can get in touch with you, but this will be deleted once your participation ends.

Data will be handled, stored and destroyed in accordance with the Data Protection Act (2018) and in compliance with GDPR. All data will be kept within Queen Mary University of London for 5 years, but none of it will identify you.



In the future, anonymised data (i.e. data which would not identify you) may be shared with other researchers for further studies and publications on this topic, but only if they preserve the confidentiality of the information requested and are in line with National Institute for Health Research (NIHR) and QM Research Data Access and Management Policies.

What are the possible risks of taking part?

We do not anticipate any risks in taking part in this interview. If the interview is face-to-face, we will follow government guidelines on social distancing.

If there are any concerns raised about your health or wellbeing during your interview and you would like to seek help or support, the interviewer may be able to point you towards resources that can help support you.

Who is organising and funding this research?

The research is sponsored by Queen Mary University of London who will help analyse any information collected. Dr Clare Relton is the Chief Investigator and has overall responsibility for the study. The study is funded by the National Institute of Health Research.

What will happen to the results of the project?

The results will be reported to the National Institute for Health Research (NIHR). We will also publish results in scientific journals and present findings at conferences. **Please be assured that your name will not be used in any report or publication, and only anonymised quotations may be used.** A summary of the findings will be made available via the fresh Street website (www.freshstreet.uk).

What if there is a problem?

Please read Queen Mary's privacy notice for research participants for important information about your personal data and your rights in this respect, which can be found at <http://www.arcs.qmul.ac.uk/media/arcs/policyzone/Privacy-Notice-for-Research-Participants.pdf>. If you have any questions or concerns about the manner in which the study was conducted please contact [insert name and role of contact] who can be reached at [insert telephone and email].

If this is unsuccessful, or not appropriate, please contact: The Secretary at the Queen Mary Ethics of Research Committee, Queens' Building, Room W104, Mile End Campus, Mile End Road, London, E1 4NS, Email: research-ethics@qmul.ac.uk.

If you have any questions relating to data protection, please contact: Data Protection Officer, Queens' Building, Mile End Road, London, E1 4NS.
Email: data-protection@qmul.ac.uk



What happens if you would like more information about the study?

If you would like to ask any questions or receive more information about the study then please contact one of the following:

Chief Investigator	[insert name and role of contact]
Dr Clare Relton, Queen Mary University of London, Yvonne Carter Building 58 Turner Street, London E1 2AB Email: c.relton@qmul.ac.uk	