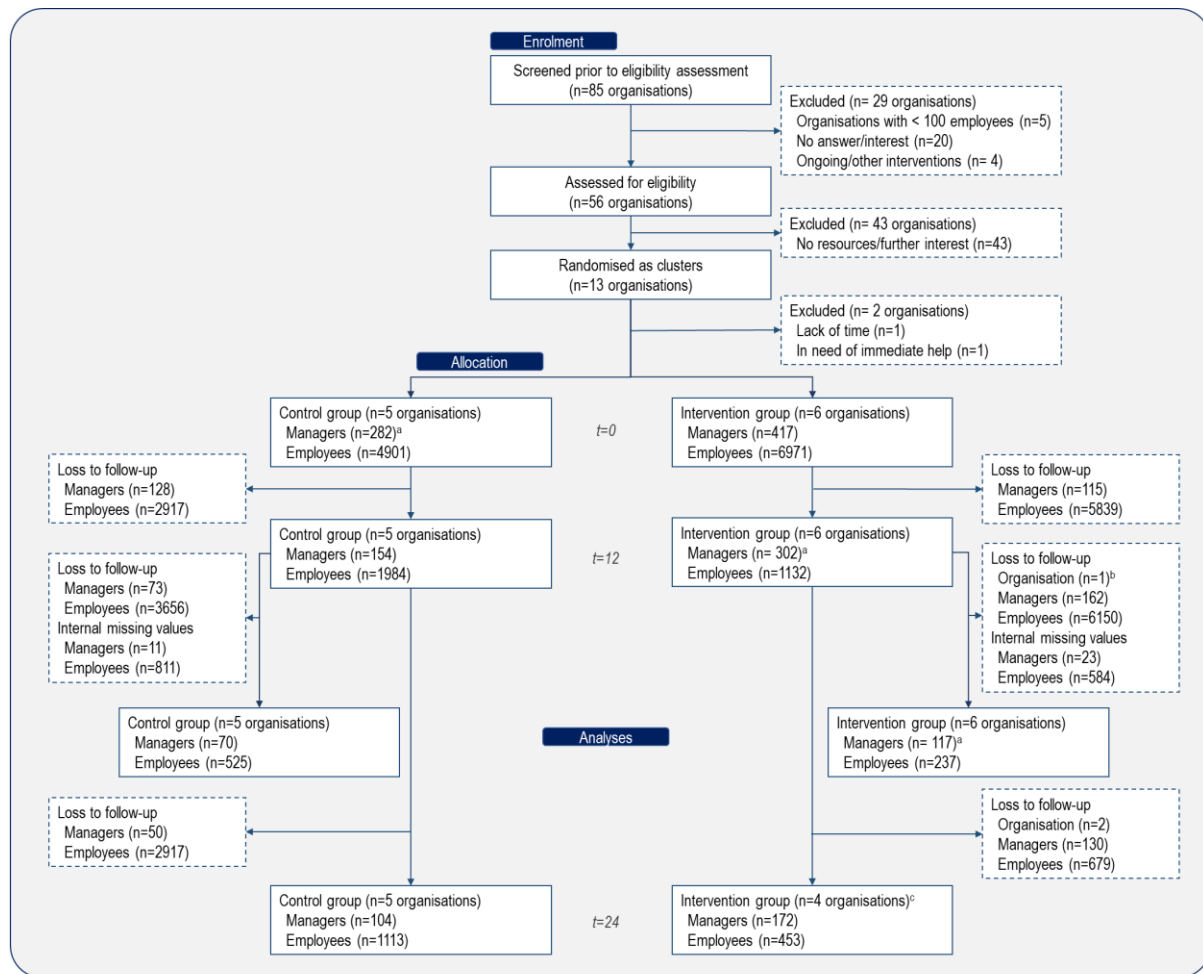


Flowchart of participants from recruitment to follow-up endpoint



t: time in months

^a Prevention programme was administered at the organisational and managerial levels

^b Loss to follow-up of only at employee level

^c Organisations declined to participate in the 24-month follow-up survey due to the COVID-19 pandemic

Baseline characteristics

Table 1. Descriptive statistics among managers at baseline (n=456)

Variables, n (%)	Control group (n=154)	p	Intervention group (n=302)
Gender ^a			
Male	74 (48.1)	0.079	207 (68.5)
Female	50 (32.5)		95 (31.5)
Age ^a			
≤ 34 years	23 (14.9)	0.177	57 (18.9)
35-44 years	67 (43.5)		97 (32.1)
45-54 years	43 (27.9)		105 (34.8)
≥ 55 years	19 (12.3)		39 (12.6)
Educational level ^a			
Primary/upper secondary education	59 (38.3)	0.128	145 (48.0)
Tertiary education	91 (59.1)		150 (49.7)
Managerial responsibility for number of employees ^a			
General administrative management	6 (3.9)	0.000	61 (20.2)
1-10 employees	49 (31.8)		85 (28.1)
11-20 employees	28 (18.2)		47 (15.6)
21-50 employees	15 (9.7)		53 (17.5)
> 50 employees	51 (33.1)		50 (16.6)
Years in current position ^a			
< 1 year	35 (22.7)	0.010	42 (13.9)
1-4 years	70 (45.5)		121 (40.0)
≥ 5 years	46 (29.8)		134 (44.4)
Self-reported health ^a			
Less than good	25 (16.2)	0.425	51 (16.9)
Good	80 (51.9)		170 (56.3)
Very good	48 (31.2)		76 (25.2)
AUDIT score ^b , mean (s.d)	4.87 (2.99)	0.556	4.69 (2.79)

s.d.: standard deviation. p: p-value

^aDifferences between the control and the intervention group was calculated using Pearson's chi-square test for categorical variables

^bDifferences between the control and the intervention group was calculated using one-way ANOVA for continuous variable

****The total number of respondents in each column did not equate to the total number of participants in either the control or the intervention group due to internal missing values or invalid values.**

Table 2. Descriptive statistics among employees at baseline (n=2252)

Variables, n (%)	Control group (n=1406)	p	Intervention group (n=846)
Gender ^a			
Male	776 (55.2)	0.174	439 (51.9)
Female	601 (42.7)		396 (46.8)
Age ^a			
16-24 years	132 (9.4)	0.107	58 (6.9)
25-34 years	349 (24.8)		227 (26.8)
35-44 years	369 (26.2)		229 (27.1)
45-54 years	309 (22.0)		207 (24.5)
≥ 55 years	222 (15.8)		117 (13.8)
Educational level ^a			
Primary education	70 (5.0)	0.241	55 (6.5)
Upper secondary education	756 (53.8)		427 (50.5)
Tertiary education	544 (38.7)		348 (41.1)
Self-reported health ^a			
Less than good	243 (17.3)	0.923	145 (17.1)
Good	489 (34.8)		468 (55.3)
Very good	356 (25.3)		220 (26.0)
AUDIT score ^b , mean (s.d)	4.78 (3.41)	0.807	4.82 (3.50)

s.d.: standard deviation. p: p-value

^aDifferences between the control and the intervention group was calculated using Pearson's chi-square test for categorical variables

^bDifferences between the control and the intervention group was calculated using one-way ANOVA for continuous variable

******The total number of respondents in each column did not equate to the total number of participants in either the control or the intervention group due to internal missing values or invalid values.

Outcome measures**Table 3.** Primary outcome measure for managers (total: n=187; control: n=70; intervention: n=117)

Variables, n (%)	Baseline		12-months follow-up			
	Control group	p	Intervention group	Control group	p	Intervention group
Inclination to initiate early alcohol interventions						
Very low	0 (0.0)	0.368	1 (0.9)	0 (0.0)	0.230	0 (0.0)
Low	5 (7.1)		15 (12.9)	6 (0.9)		19 (16.2)
Medium	13 (18.6)		28 (24.1)	13 (18.6)		26 (22.2)
High	30 (42.9)		48 (41.4)	32 (45.7)		38 (32.5)
Very high	22 (31.4)		25 (21.6)	19 (27.1)		34 (29.1)
Organizational alcohol policy knowledge						
Very low	5 (7.1)	0.341	4 (3.4)	1 (1.4)	0.755	1 (0.9)
Low	3 (4.3)		6 (5.1)	2 (2.9)		5 (4.3)
Medium	16 (22.9)		17 (14.5)	5 (7.1)		14 (12.0)
High	23 (32.9)		38 (32.5)	26 (37.1)		35 (29.9)
Very high	23 (32.9)		52 (44.4)	36 (51.4)		62 (53.0)
Initiated a dialogue with an employee the past 12 months						
No	53 (75.7)	0.738	86 (74.1)	56 (80.0)	0.623	90 (76.9)
Yes	17 (24.3)		30 (23.9)	14 (20.0)		27 (23.1)

p: p-values

Differences between the control and the intervention group were calculated using Pearson's chi-square test for categorical variables

Table 4. Primary outcome measures for employees (total: n=762; control: n=525; intervention: n=237)

Variables, n (%)	Baseline		12-month follow-up			
	Control group	p	Intervention group	Control group	p	Intervention group
Self-perceived organisational support to oneself						
Strongly disagree	34 (6.5)	0.000	7 (3.0)	29 (5.5)	0.000	4 (1.7)
Disagree	73 (13.9)		15 (6.3)	63 (12.0)		12 (5.1)
Neither agree nor disagree	152 (29.0)		50 (21.0)	155 (29.5)		48 (20.3)
Agree	136 (25.9)		90 (38.0)	154 (29.3)		92 (38.8)
Strongly agree	130 (24.8)		75 (31.7)	124 (23.6)		81 (34.2)
Self-perceived organisational support to colleague(s)						
Strongly disagree	31 (5.9)	0.000	8 (3.4)	30 (5.7)	0.000	3 (1.3)
Disagree	72 (13.7)		14 (5.9)	61 (11.6)		16 (6.8)
Neither agree nor disagree	155 (29.5)		50 (21.1)	160 (30.5)		47 (19.8)
Agree	146 (27.8)		93 (39.2)	156 (29.7)		95 (40.1)
Strongly agree	121 (23.1)		72 (30.4)	118 (22.5)		76 (32.1)
Organisational alcohol policy knowledge						
Very poorly	120 (22.9)	0.001	29 (12.2)	79 (15.1)	0.277	27 (11.4)
Poorly	88 (16.8)		32 (13.5)	65 (12.4)		24 (10.1)
Neither poorly nor well	92 (17.5)		52 (21.9)	116 (22.1)		56 (23.6)
Well	117 (22.3)		75 (31.7)	137 (26.1)		77 (32.5)
Very well	108 (20.6)		49 (20.7)	128 (24.2)		53 (22.4)
Alcohol consumption						
Abstainers and low-risk consumption	440 (83.8)	0.703	196 (82.7)	442 (84.2)	0.502	204 (86.1)
Hazardous consumption	85 (16.2)		41 (17.3)	83 (15.8)		33 (13.9)

p: p-values

Differences between the control and the intervention group were calculated using Pearson's chi-square test for categorical variables

ISRCTN17250048
Updated basic results

Adverse effects

There are no adverse events associated with this trial.