

Consent Form

Title of study/project: A feasibility Randomised Controlled Trial (RCT) of an evidence-based creative group psychotherapy for adults with symptoms of depression (Arts for the Blues) in National Health Service (NHS) Talking Therapies compared to Treatment as Usual

TO GIVE CONSENT PLEASE SIGN WITH YOUR INITIALS IN THE BOXES PROVIDED:

1. I confirm that I have read the Participant Information Sheet (Version 6 16.03.26). I have had the opportunity to consider the information given to me, the chance to ask questions and have had these satisfactorily answered.

2. I understand that my participation is voluntary and that I am free to withdraw my participation at any time without giving a reason and that this will not affect my medical care or legal rights. I understand however that I will be able to withdraw my data only up to 7 days after the start of the data collection.

3. I understand that internal clinical records held by the service may be looked at in relation to inclusion/ exclusion criteria. I give permission for the researchers to have access to my records.

4. I understand that data will be collected during the study including personal information during assessment stage, during sessions and three months after the treatment is finished.

5. I give consent for my creative work to be photographed. I am aware that these photographs will only include my work, and that no identifiable images of me will be taken.

6. I give consent for sessions to be video recorded to enable an independent researcher to ensure these are being carried out in accordance with the therapy manual (optional) I understand that this recording will focus on the therapists, and recording of participants will be kept to a minimum. Data will be stored securely in line with GMMH/ University of Salford policies. The recording will not be used as data in the research. Once the recording is checked it will be deleted.

7. I have discussed the possibility of my data from the project being used (for example, in relation to the dissemination of the results) and I understand that I will remain anonymous in any presentation of this work. I understand that my personal details will not be passed on to anyone else outside of

