PATIENT INFORMATION AND INFORMED CONSENT DOCUMENT

Clinical study: **Application and standardization of Roussin's Zone 0 in Clinical Simulation**, associated with the research project: **Translational Medicine.**

1) **Information to the patient about the object of the study**:

This study aims to compare the acquisition of cardiopulmonary resuscitation (CPR) skills using different training methods. Two learning environments will be analyzed: zone 0 (prior self-study, with interactive video using Peyton's methodology) and zone 1 (face-to-face practical workshop).

- **Benefits for participants:**
  - **Improved clinical competencies**: Trainees can improve their skills in cardiopulmonary resuscitation (CPR) and decision making through self-learning in clinical simulation, which strengthens their confidence and preparation for professional practice.
  - **Training in emerging technologies**: Those using interactive videos with Peyton's methodology will gain valuable experience in innovative learning tools useful for their future career.
  - **Contribution to educational advancement**: Participation in this study helps to improve teaching methods in healthcare education.
  - **Impact on patient care:** By improving training, it is expected to be reflected in better clinical care.
  - **Standardization of self-study:** The study seeks to establish a solid foundation to properly structure zone 0 in clinical simulation.
- **Risks to participants:**
  - **Dizziness or nausea:** The use of interactive video can cause discomfort if prolonged. To prevent this, sessions will not exceed 60 minutes and will be conducted in a seated or kneeling position. If a participant experiences discomfort, the session will be stopped immediately.

2) Informed consent:

1. I have read and understood the information sheet object of the study.
2. I have had the opportunity to ask questions.
3. My questions have been answered in a satisfactory manner.
4. I have received sufficient information about the study and the tests to be performed.
5. I understand that participation is voluntary, and I may leave the study at any time without explanation and without affecting my medical care.
6. In accordance with the provisions of Regulation (EU) 2016/679 of the European Parliament and of the Council of 27 April 2016 on the protection of natural persons with regard to the processing of personal data and on the free movement of such data and repealing Directive 95/46/EC, as well as other current and applicable regulations on the protection of personal data, I have been informed that my personal data, obtained through the completion of this form as well as those resulting from my participation in the project will be processed under the responsibility of the FUNDACIÓN UNIVERSITARIA SAN PABLO CEU

(hereinafter, FUSP-CEU), in order to manage my participation in this research project. In addition, I have been informed of the following aspects:

a. That the elaboration of profiles is foreseen in order to analyze or predict aspects related to my health.
b. That the treatments indicated are legitimized by the consent given by me.
c. That my personal data, obtained through the completion of this form, as well as those resulting from my participation in the project will be kept for the time necessary for the development of this research, which is estimated to be 36 months, being subsequently destroyed, without being able to be kept without having been previously anonymized. In any case, they will not be transferred without my express consent, which I do not give in this act.
d. That I can contact the Data Protection Delegate of FUSP-CEU, by sending my request in writing to the postal address C/ Tutor nº 35 - 28008 Madrid or to the e-mail address dpd@ceu.es.
e. That in accordance with the rights conferred on me by current data protection regulations, I may contact the competent Control Authority to file the claim I consider appropriate, as well as exercise my rights of access, rectification, limitation of processing, deletion, portability and opposition to the processing of my personal data and withdraw the consent given for the processing of the same, by addressing my request to the researcher responsible at the contact address given in this document.

7. I agree that my written consent and other data be made available to the clinical research project in which I am participating, and to the researcher responsible for it, Guillermo Charneco Salguero, but always respecting confidentiality and the guarantee that my data will not be publicly available so that I can be identified.
8. The data collected for this study will be included, with those of other persons participating in this study, in a personal database of the CEU University, to which only the researchers approved for this project will have access, all of them being subject to the secrecy inherent to their profession or derived from a confidentiality agreement.
9. I sign this information and consent document voluntarily to express my desire to participate in this research study until I decide otherwise. By signing this consent I do not waive any of my rights. I will receive a copy of this document for my records for future reference.

Student's first and last name: .....

ID/Passport: .....

Signature: Date:

Researcher's name and surname: **Álvaro Trampal Ramos**

DNI **70.065.422-Q**

Researcher's contact address: **Universidad San Pablo-CEU, CEU Universities, Urbanización Montepríncipe, 28668 Boadilla del Monte, Madrid, Spain**

E-mail: **alvaro.trampalramos@ceu.es**

Telephone: **646742743**