

CONSENT TO PARTICIPATE IN THE STUDY

Evaluation of the impact of contrast therapy on changes in flexibility, stiffness, pain threshold and muscle power level in a group of people with different levels of physical preparation.

.....
(study name, date and duration)

First name and last name participant	
age	
phone number	
e-mail adress	

I hereby declare that:

- I know the detailed information about the study, benefits and risks,
- I have been informed about the possibility of asking questions to the researcher and receiving answers to these questions,
- I have been informed about the possibility of withdrawing from participation in the study at any stage,
- I have health insurance;

Therefore:

- ⇒ **I give my voluntary consent to participate in the study**
- ⇒ I consent to the use of my medical records, which are in my possession and in the possession of health care facilities, for the purpose of the examination.
- ⇒ I consent to the processing of my personal data by the Provita Medical Center , Aleje United Europa 37, 44-240 Żory, for purposes related to the research process.
- ⇒ I declare that I have read the Information Clause provided in accordance with art. 13 sec. 1 and 2 of the general regulation on data protection called GDPR.

YES NO
(tick appropriate)

.....
(date, signature of the participant)
Study Director)

.....
(date, signature of the

I. INFORMATION CLAUSE - ART. 13 GDPR

1. According to Art. 13 sec. 1 and sec. 2 of Regulation (EU) 2016/679 of the European Parliament and of the Council of 27 April 2016 on the protection of individuals with regard to the processing of personal data and on the free movement of such data and (general regulation on data protection - GDPR) (Journal of Laws EU L 2016 No. 119, p. 1) I inform you that:
2. The administrator of your personal data is Centrum Medyczne Provita , Aleje United Europa 37, 44-240 Żory. The Data Administrator has appointed a Data Protection Officer. Contact to the Data Protection Officer e-mail: .
3. Your personal data will be processed for the purposes of research, pursuant to Art. 6 para. 1 lit. a, b, c, d, e, f or Art.9 par.1 lit. a, b, c, d, h, i, j - the general regulation on the protection of personal data of April 27, 2016.
4. The personal data of the applicant for research were obtained directly from the person applying for the study and will be processed for the purpose provided for in the Regulations of the conducted research, and provided for in specific provisions, based on: for ordinary data and judgments under art. 6 section 1 point a) - f), or for specific categories under Art. 9 sec. 2 points a-j).
5. The recipients of your personal data will be the employees of Centrum Medyczne Provita , AlejeUnited Europa 37, 44-240 Żory and other authorized entities.
6. Your personal data will be stored in accordance with the Regulation of the Prime Minister of January 18, 2011 on office instructions, uniform material lists of files and instructions on the organization and scope of operation of company archives (Journal of Laws of 2011 No. 14 item 67), no longer than 5 years.
7. You have the right to: request the administrator to access personal data, the right to rectify, delete or limit processing, the right to object to processing, the right to transfer data and the right to withdraw consent.
8. For reasons related to your particular situation, you have the right to object to the processing of data, because you are entitled to object when the processed data is used for purposes other than those indicated or it results from specific provisions.
9. You have the right to withdraw your consent at any time, which, however, will not affect the lawfulness of processing based on consent before its withdrawal.
10. You have the right to lodge a complaint with the supervisory authority if you believe that the processing of personal data violates the provisions.
11. Providing your personal data is voluntary. Failure to provide individual data necessary to perform the study may not allow you to participate in the research process.
12. Personal data will not be processed in an automated manner, including in the form of profiling.