



Ready-To-Go Project – Development and verification of a travel medical questionnaire

This project is organized by Prof. Dr. med. Jan Fehr, Head of the Department of Public and Global Health at the Epidemiology, Biostatistics and Prevention Institute (EBPI), University of Zurich.

Dear customer

We would like to ask you if you are interested in participating in our Ready-To-Go project described below.

1. Aim of the project

We have developed a travel medical questionnaire designed to assess travellers' risk of falling ill during their journey. We now want to verify the accuracy of this questionnaire and are therefore looking for volunteers who are willing to fill out the questionnaire.

2. Selection of participants

All Travel Clinic customers who are scheduled for a pre-travel health consultation can participate in our project. You must also be over 18 years of age and know either German or English.

3. General information about the project

The Ready-To-Go questionnaire is intended to be filled out by travellers before their trip to assess their risk of falling ill during their journey. The risk category resulting from the questionnaire will, in future, help travellers and medical professionals to decide if a pre-travel health consultation at a specialized Travel Clinic is necessary.

The Ready-To-Go project is a project of the Department of Public & Global Health at the EBPI, University of Zurich. The recruitment of study participants takes place at the affiliated Travel Clinic.

This project will be carried out in accordance with Swiss law and has been reviewed and approved by the competent Ethics Committee.

4. Procedure

To verify the accuracy of this questionnaire we will ask all customers attending the Travel Clinic between November 2020 and January 2021 to participate in the Ready-To-Go project. If you are interested and agree to do so, you will be asked to fill out our questionnaire before you attend your pre-travel health consultation. This should take no longer than five minutes and you can proceed to your scheduled consultation.

5. Benefit

You will not benefit personally from participating in this project. However, your participation could result in the widespread use of the Ready-To-Go questionnaire.



6. Rights

Your participation in this project is voluntary. Should you decide not to participate or to withdraw your consent at a later point in time, you can do so without giving any specific reasons. Your pre-travel health consultation will not be affected in any way by your decision. You may at any stage ask questions about your participation in this project by contacting one of the contact persons listed below.

7. Duties

As a participant in the Ready-To-Go project, we ask you to fill out the entire questionnaire to the best of your knowledge. There are no other requirements.

8. Risks for participants

Participating in the project does not expose you to any health risks.

9. Results

The results of the Ready-To-Go project will be published in a travel medical journal. A link to the publication will be available on the official website of the EBPI once the project has been completed.

10. Data confidentiality

All the data collected for this project is completely anonymized. This means the data cannot be traced back to you. Your name will not appear in the Internet or in any of our publications. All the data collected for this project will be stored in a password-protected database. Project members with access to your data have to maintain confidentiality. This project complies with the data protection regulations. All participants have the right to view their data at any time.

Depending on the results of this study there might be follow-on studies to further evaluate the Ready-To-Go questionnaire. For this purpose we will note down your personal customer number which allows us to access your personal file at the Travel Clinic. We will ask you to sign a second declaration of consent (see below) to permit us to further use your data and to possibly contact you for follow-on studies. The participation in any follow-on studies is voluntary.

It is possible that this project will be reviewed by the competent Ethics Committee. The project leader may need to disclose your personal and medical information for such reviews in which case strict data confidentiality is maintained.

11. Withdrawal

You can withdraw from the project at any time. The data collected up to that point will still be included in the analyses of the project. Should you decide to withdraw from the project, we will delete your customer number from the project files. This means that nobody can find out that the data originated from you.

12. Compensation for participants

Participation in the project will not generate any costs for you or your health insurance, nor does it include any form of compensation for participants. Depending on the results this



project may lead to a commercialization of the Ready-To-Go questionnaire. Participation in the project does not entitle you to any commercial claims.

13. Liability

The institution responsible for this project is liable for any damage you might suffer as a result of your participation in the project. The conditions and the procedures are regulated by law.

14. Funding

This project is fully funded by the research fund of the University of Zurich.

15. Contact persons

Should you have any questions during or after the project, you can contact the following project members.

Project leader: Prof. Dr. med. Jan Fehr, Head of the Department Public & Global Health, EBPI, Hirschengraben 84, 8001 Zurich

Project coordinators

- Anna Gazzotti, Doctoral student at the Travel Clinic, Hirschengraben 84, 8001 Zurich; Tel: 076 451 38 58; E-mail: anna.gazzotti@uzh.ch
- Sabine Haller, Senior physician and scientific staff at the Department Public & Global Health, Hirschengraben 84, 8001 Zurich; E-mail: sabine.haller@uzh.ch



Declaration of consent

Written declaration of consent to participate in a research project

Please read this form carefully and ask one of our study members if you have any questions.

BASEC number	2020-02109
Project title	Ready-To-Go Project: Development and verification of a travel medical questionnaire
Institution responsible for the project	Department Public & Global Health, EBPI, University of Zurich, Hirschengraben 84, 8001 Zurich
Place of execution	Travel Clinic, University of Zurich
Project leader	Prof. Dr. med. Jan Fehr
Participant First name and surname in block letters: Date of birth:	<input type="checkbox"/> female <input type="checkbox"/> male
Participant's REDCap Record-ID	

- I was given oral and written information by the project member (signatory below) about the aim, procedure, benefits and risks involved in the project.
- My participation is voluntary, I have read and accept the information provided and I had enough time to decide about my participation.
- Any questions I had regarding my participation in this project have been answered. I will keep the information leaflet provided about the project and will receive a copy of my written consent form.
- I agree that immediate project members and the competent Ethics Committee may access my unencrypted data for testing and control purposes under strict adherence to the data confidentiality regulations.
- I may withdraw my consent at any time and without giving a specific reason. Withdrawing my consent will not impact any further travel medical care I may need. The data collected up until then will still be used for the analyses of the project.
- The institution's liability insurance will cover any damage I might suffer from my participation in the project.

Place, date	Participant's signature
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Confirmation by the project member: I hereby confirm that I have explained the nature, significance and scope of this project to the participant, and that I will fulfil all obligations relating to this project in accordance with the current legal requirements. If I learn of any aspects during this project that might influence the participant's willingness to participate in the project, I will inform them immediately.

Place, date	Project member's first name and surname in block letters
	Project member's signature



Declaration of consent for further use of data (encrypted) from this project

BASEC number	2020-02109
Project title	Ready-To-Go project: Development and verification of a travel medical questionnaire
Participant First name and surname in block letters: Date of birth:	<input type="checkbox"/> female <input type="checkbox"/> male
Participant's REDCap Record-ID	

I hereby allow the further use of my data in encrypted form for medical research. This means that the data collected within the scope of this project may be used for future, not yet further defined, follow-on studies. I am aware that I can be contacted for possible follow-on studies. However, I am not obliged to participate in any future follow-on studies. This consent is valid for an unlimited period.

My decision is voluntary and can be revoked at any time. Should I withdraw my consent, my data will be made anonymous. I can withdraw my consent at any time without giving any specific reasons by informing the contact persons mentioned in the information leaflet.

I understand that the data is encrypted and cannot be traced back to me. The data can be sent to other databases in Switzerland or abroad for further evaluation if the same confidentiality standards are met. All legal requirements regarding data protection will be adhered to.

If results emerging from the data are commercialized, I am not entitled to any monetary benefits.

Place, date	Participant's signature
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Confirmation by the project member: I hereby confirm that I have explained to the participant the nature, significance and scope of the further use of their data.

Place, date	Project member's first name and surname in block letters
	Project member's signature