

**PARTICIPANT CONSENT FORM**

Research Title : **DOES EARLY EXERCISE HELP RECOVERY AFTER HEART SURGERY?  
COMPARING STRUCTURED INTERVAL TRAINING WITH STANDARD CARE IN A  
RANDOMIZED STUDY**

Researcher : **PROF MADYA DATO' DR NUR AYUB MD ALI**  
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I/C Number : .....

- I have read the information provided in the participant information sheet, including details regarding the risks involved in this study.
- I have been given sufficient time to consider it, and all my questions have been answered satisfactorily.
- I understand that I am free to withdraw from this study at any time, without providing a reason and without any consequences.
- I understand that my name will not be disclosed in the research publication.

I voluntarily agree to participate in this research study, adhere to the study procedures, and provide the necessary information to doctors, nurses, or other staff members as required

.....  
**(Signature)**

.....  
**(Date)**

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| <p>.....</p> <p>Witness (if any)</p> <p>.....</p> <p>(Signature)</p> <p>.....</p> <p>(No. IC)</p> <p>.....</p> <p>(Date)</p> | <p>.....</p> <p>Researcher</p> <p>.....</p> <p>(Signature)</p> <p>.....</p> <p>No. IC)</p> <p>.....</p> <p>(Date)</p> |
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