



Experience-based co-design: Promoting personhood in social care

Do you want to take part in a research project?



My name is Clare Gillespie

I am a music therapist in NHS Borders



I am doing research at Queen Margaret University about 'personhood'



Personhood is all about 'what it means to be you'

I want to hear stories from people with learning disabilities about 'what it means to be you'



These stories will be used to make person-centred support better for people with learning disabilities



I want to run workshops for people with learning disabilities and social care staff to share stories and look at how to make things better



You can choose how you want to take part in the research



If you choose to tell your story, you can choose where to meet



It can be at your home or in a place near to where you live

You can choose the day and time



I want to record your story using video or voice recording equipment or writing down what you say - you can choose



Everything you say will be kept safely on my computer



Recordings will be deleted from my computer when the research has finished



I will ask you if some of your story can be used for a film that will be shared with other people at the workshops



I will meet with you before the workshop to make sure you are happy with what you have said in your story



If you don't want to tell your story, you can take part in the workshops instead



There will be a party when the research is finished



I have to write a big report on my research called a thesis



I want to use the information for journals and presentations



You can say no to taking part in this research

Nothing bad will happen to you



You can stop at any time



The information you share will be kept safe

No-one will know it is you in any reports



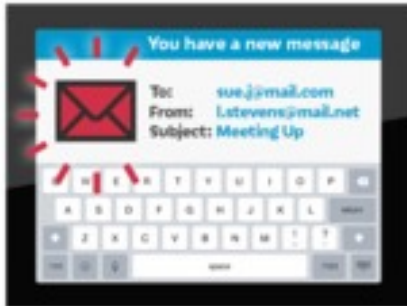
I will ask you to fill in a consent form for each part of the research

You can ask someone you trust to help you



You can have someone with you to share your story or to go with you to the workshops

You can get in touch with me if you want
to ask questions about the research:



e.mail: clare.gillespie@nhs.scot



phone or text: 07896 803810

Who should I contact if I wish to make a complaint?

Any complaint about the way you have been treated during the research will be addressed. Please send your complaint to: *Patient Experience Team* – Complaints.ClinGov@borders.scot.nhs.uk



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