**Parent information- (comparison group will be presented at the first home visit)**

**Extended home visit program for first time parents**

We would like to ask you to be a part of a research project. Following below is information about this project and what it means for you if you are a part of it.

**What kind of project is this and why would we like you to be a part of it?**

Becoming a parent is a big change in life. As a new parent many questions can arise regarding the child's health and development and information, and support can be needed so that the child will get a good start in life. Child Health Care (CHC) services follows the child’s development and offer support to parents until the child starts attending school. Several Child Health Care Centers (CHCC/BVC) in the region of Stockholm has since 2018 worked with an extended home visit program to improve the possibility of support to all families having the first child. We therefore would like to find out (study) how this program works and compare how parents who do not participate experience their and their child’s health, parenthood and social support. Leading this research/the head of the research is Karolinska Institutet (KI).

**How does this study work?**

The home visit program contains six home visits by the child health care nurse and a parental advisor who offer individually adapted support to all parents during the child's first and second year. The department of Global Public Health at Karolinska Institutet evaluates the extended program. An interview will be conducted, containing questions about information regarding health, parenthood, social support and how you as a parent experience your and your child's health. This interview will be done at two occasions after the child’s birth, when the child is 4-7 weeks old and again when the child is 15-18 months old. Estimated time for these interviews is 20-30 minutes each. In the evaluation we also wish to follow the child's health and information from the visits at the CHCC/BVC which will be collected from your child's health records at the CHCC/BVC if you approve this. We wish, if you allow this, to collect information until your child reaches the age of 3.

**Possible consequences and risks with participating in this study**

We have not noticed any risks in the studies we have previously done of the extended home visiting for parents. If you decide to participate in this evaluation, the consequence will be the time it takes to get the interviews done.

**What will happen with the information about me?**

If you decide to participate in the study we will when the interviews take place, also collect information about you such as your age, gender, your country of birth, years attending school and how you support yourself (source of income). From your child’s records at the CHCC/BVC we will collect information regarding if your child has been exposed to cigarette smoke, breast feeding, if the child has received vaccinations, if the child has dental problems and the child's speech development at the age of 3. All this information will be stored in safe data bases at Karolinska Institutet and will be saved for 5 years and then it will be destroyed. Information about you will be entered in the data base where information about your identity (name and personal number) which will be replaced by a code. A list with your name and code will be kept in a separate locked cabinet. Your answers to questions and results will be handled so that no unauthorized person outside this study will have access to this.

Responsible for your personal information will be KI. According to General Data Protection Regulation (GDPR) in the European Union, you have the right to, free of charge, find out what information is kept about you in this study and should incorrect data be kept, these will be corrected. You can also request that the information about you will be deleted and that the handling of your information will be limited. If you want to know information about what is saved, contact Lene Lindberg (please see address and phone number below). Data protection officer can be reached at dataskyddsombud@ki.se. If you are not satisfied with how your personal information is being handled you have the right to leave a complaint to the Data Protection Office which is the official regulating department*.*

**How do I receive information about the results of this evaluation/study?**

If you want to take part of data kept about you and your child or results of this evaluation you can contact the responsible researcher Lene Lindberg. The results of the evaluation will be presented in Swedish in reports and in English in scientific journals.

**Participation is voluntary**

We would like you to be aware of the following:

* It is completely voluntary to participate in the extended home visit program and in the evaluation
* You can at any time cancel your participation without telling why you do not want to be a part any more
* If you choose to not participate, your child will be offered the regular program at the Child Health Care Center (CHCC/BVC)

If you do not longer want to be a part of the study, you should contact Lene Lindberg

If you have questions about the study, please contact

Lene Lindberg Bo Burström

Docent/licensed psychologist Professor/senior physician

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**Consent to participate in the study**

I have received oral and written information about the study and have had the opportunity to ask questions about the study about the extended home visit program at the Child Health Care Center (CHCC). I will keep the written information.

I have also received information that participation is voluntary and that I can, at any time, discontinue my participation and that this will not affect my or my child's services at the Child Health Care Center (CHCC)

□ I consent to participate in the study about the extended home visit program for first time parents

□ I consent to that information about me is handled in the way described in the information about research participants.

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| Place and date | Signature |
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