



Developing Evidence for Antidepressant Choice to Treat Depression in Huntington's Disease

8-week Reminder Information Sheet V1 20.04.2026

You are taking part in a research trial investigating anti-depressants in Huntington's Disease.

TRIAL SUMMARY

- We want to know how well anti-depressants do or don't work to improve depression in HD
- we want to understand whether it is possible to run a Randomised Control Trial (RCT) looking at the effect of anti-depressants in people with HD.
- You have been taking the anti-depressant Sertraline, or a version without the antidepressant medication (placebo).



WHAT WILL HAPPEN TO ME AT THIS VISIT

At this telephone visit, we want to understand how different questionnaires assess the depression in individuals with HD. To do this we will ask you to complete a series of different questionnaires that are used to measure depression. It will take approximately one hour and 15 minutes to complete all the questionnaires.

When you join the study	Day 7 Telephone call	4 Weeks	8 Weeks Telephone Call	6 Months In person clinic visit	6-12 Month	12 Months
Clinical assessment Questionnaires Blood sample Lumbar puncture if part of HDClarity	Check to see if you are experiencing any side effects	Collect Medication	Questionnaires	Clinical assessment Questionnaires Blood sample	Monitor Sertraline withdrawal (if appropriate)	Data collected from ENROLL-HD, if part of ENROLL-HD HDClarity Samples if relevant



WHAT WILL HAPPEN IF I DON'T WANT TO CARRY ON TAKING PART IN THE TRIAL?

Taking part in the trial is entirely voluntary. If you decide to take part you may withdraw from the trial, at any time, without affecting the standard of care you receive. You can withdraw from different parts of the trial, like withdrawing from trial treatment, or providing samples, or from completing questionnaires only. Your care team will go through these options with you.



CONTACT FOR FURTHER INFORMATION

If you have any questions or would like further information about the trial please contact DEVISEHD@Cardiff.ac.uk or your hospital trial team

We understand that taking part in research can feel overwhelming. If you ever feel unsure or distressed, please speak to your trial team — your wellbeing matters.

Don't forget if you are attending a visit in person, you can be reimbursed for travel costs

<LOCAL SITE CONTACT DETAILS, including PI name>

Thank you for reading this information and for your continued participation in this trial.