

Study title:	A clinical trial to investigate the safety and clinical performance of Hydroxypropyl-Beta-Cyclodextrin 10% w/v Eye Drops in the treatment of dry eye disease.
ISRCTN title:	Can eye drops effectively treat dry eye disease?
ISRCTN number:	36213
REC reference:	19/LO/0623
IRAS project ID:	249742
Sponsor details:	Warneford Healthcare Abbey House, Wellington Way, Weybridge, KT13 0TT Tel: 01730 231148
Trial Coordinators:	Aspire Pharma Limited Unit 4, Rotherbrook Court, Bedford Rd, GU32 3QG



1 PARTICIPANT FLOW CHART

Please find below a summary flow chart showing the participants involved at each stage of the study.



2 BASELINE CHARACTERISTICS

Please see below a summary of demographic of the study population including relevant clinical characteristics and baseline dry eye symptoms.

	Population (n=11)
Mean age (years) (standard	
deviation)	75.2 (6.29)
Female sex (%)	63.6
Dry eye disease (%)	72.7
Macular degeneration (%)	100.0
Cataracts (%)	72.7
Mean duration of baseline	
symptoms (%) (standard	13.40 (9.87)
deviation)	

Baseline symptom	Population experienced symptom (%)				
Itchy	54.5				
Gritty	45.5				
Blurry vision	18.2				
Stickiness of lids	9.1				
Burning	9.1				
Tearing	18.2				
Tired eyes	45.5				
Poor night vision	9.1				
Sore eyes	9.1				
Redness	9.1				
Glare	9.1				



3 OUTCOME MEASURES

Primary outcome measures								
Outcome measu	ure	Results						
Recording	Patients reported how often dry		Mean score (standard deviation)					
symptoms and	eye symptoms were experienced		Dryness or	Soreness or	Burning/ stinging/			
adverse	on a scale of 0 to 4 (0 = Never; 1 =	Visit	grittiness	irritation	watering	Eye fatigue		
events during	Sometimes; 2 = Half of the time; 3	Baseline n=11	1.64 (1.02)	1.00 (1.22)	0.73 (0.98)	1.73 (1.25)		
each clinical	= Most of the time; 4 = Constantly)	1 month n=10	0.80 (0.63)	0.90 (1.16)	0.50 (0.50)	0.90 (0.94)		
follow up.		3 months n=6	0.67 (0.49)	0.67 (0.75)	0.50 (0.49)	1.33 (1.36)		
	Patients reported how severe the			Mean score	(standard deviation)			
	dry eye symptoms were on a scale of 0 to 4 (0 = Not applicable; 1	Visit	Dryness or grittiness	Soreness or irritation	Burning/ stinging/ watering	Eye fatigue		
	=Mild; 2 = Moderate; 3 = Severe; 4	Baseline n=11	1.56 (0.50)	1.67 (0.75)	2.00 (0.71)	1.88 (0.93)		
	= Very Severe)	1 month n=10	1.71 (0.47)	2.00 (0.71)	2.00 (1.00)	2.00 (0.82)		
		3 months n=6	2.00 (0.00)	2.00 (0.00)	1.67 (0.51)	1.50 (0.48)		
	n with Optical Coherence CT) at each clinical follow up.	No safety concern	s highlighted in	the OCT scans.				
Clinical performance was measured using patient			Mean VAS S	core				
questionnaire answers regarding a change in			(standard devi	ation)				
baseline for dry	eye symptoms at each clinical follow	Baseline n=11	6.7 (2.12))				
up.		1 month n=10	7.6 (1.58)				
		3 months n=6	7.4 (1.02))				

Secondary outcome measures									
Outcome measure		Results							
Quality of life was measured	Percentage of participants		Percentage of pa	Percentage of participants experiencing issues with quality of time aspects					
using patient questionnaire	experiencing issues with		Reading	Using a computer	Driving	Watching TV			
answers at each clinical follow up.	quality of time aspects over	Baseline n=11	63.6	63.6	18.2	36.4			
	the study period	1 month n=10	40.0	50.0	10.0	50.0			
		3 months n=6	33.3	16.7	16.7	33.3			

	ASPIRE [®]	Hydroxypropyl-Beta-Cyclodextrin 10% w/v Eye Drops (Preservative Free)			Version: V1.0 Supersedes: N/A	
	PHARMA	Final St	ary Date: 08/06/202		21	
	Percentage of participants			Percentage of	f side effects	
	who experienced the three	at each timepoi	nt	1 month	3 months	
	eye drops related adverse	Burning		12.5	10	
	events	Stinging		43.75	50	
		Blurring of visio	า	31.25	20	
Tear film break-up time (TBUT)	at each clinical follow up.	Mean TBU	T score (standard	deviation)		
			1 month n=10	3 months n=6		
		7.3 (2.37)	8.1 (1.97)	9.3 (1.97)		
Schirmer's test at each clinical follow up.		Mean Schirm	er's score (standa	rd deviation)		
		Baseline n=11	1 month n=10	3 months n=6		
		7.5 (3.01)	8.6 (2.84)	8.8 (1.83)		
Ease of use of the device (in line with the instructions for use) was measured using patient questionnaire answers at each			viation)	ard		
clinical follow up.		1 month n=10	3 months n=	6		
r 		5.8 (3.49)	6.3 (3.20)			



4 ADVERSE EVENTS

There were no serious adverse events, anticipated or unanticipated, associated with this trial.

Event by MedDRA System Organ Class	Month 1	Month 2	Month 3	Total
Eye disorders	9	3	3	15
Total	9	3	3	15