



JÖNKÖPING UNIVERSITY

Consent to participate in the project "Testing an internet-based CBT-based self-care program for individuals with restless legs syndrome (RLS)"

- I have read and understood the written information sent to me regarding the project on CBT-based self-care treatment for patients with RLS. I will keep the attached written information and know whom to contact with questions.
- I consent to participate in the treatment and answer questionnaires regarding RLS symptoms, sleep, low mood/depressive symptoms, health, quality of life, and life situation.
- I consent to participate in the treatment and answer questionnaires regarding RLS symptoms, sleep, low mood/depressive symptoms, health, quality of life, and life situation.

Phone number at which I wish to be contacted for the telephone interview:

I consent to the processing of my personal data in the manner described in the written information I have received.

Signature, Printed name

City and date

Please return this page in the pre-paid, self-addressed envelope to:

Anders Broström, RN, Professor. School of Health and Welfare, Jönköping University,
Gjuterigatan 5, 55318 Jönköping, Sweden