

THE EXODUS RESEARCH STUDY: INFORMATION FOR PRACTITIONERS



WHAT IS EXODUS?

EXODUS is a 12 month mentoring programme for 11 - 17 year olds who are at risk of offending. EXODUS is delivered by the restorative organisation **UpSkillU**.



WHAT IS THE RESEARCH STUDY?

Coram is evaluating EXODUS. We are using a **randomised controlled trial** to do this. The **Youth Endowment Fund (YEF)** fund the project & evaluation.



WHAT IS A RANDOMISED CONTROLLED TRIAL?

Young people you refer to the programme will be **randomly** offered EXODUS or support as usual. About 50% of young people will get EXODUS and 50% will get usual support. This allows us to find out if 12 months of EXODUS mentoring helps to reduce young people's offending.



DO YOUNG PEOPLE HAVE TO TAKE PART?

Young people will only take part in the research if they are happy to and **give their consent**.



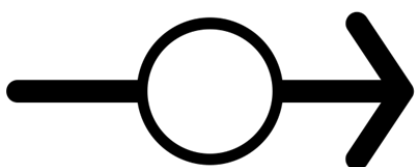
HOW CAN I REFER A YOUNG PERSON?

If a young person you are supporting meets the EXODUS **eligibility criteria** then you need to complete the **short online referral form**. UpSkillU will then arrange for a researcher to meet the young person in-person at a convenient location.



WHAT HAPPENS AT THE MEETING?

At the meeting the researcher will talk through the research and consent with the young person. If the young person is happy to take part, they will be randomised and asked to complete some questions on a tablet. The young person will be told at the meeting if they have been randomly allocated to EXODUS or usual support.



THEN WHAT HAPPENS?

Regardless of whether the young person gets EXODUS or usual support, a researcher will contact them **3, 6 and 12 months later** to see how they are getting on. At 6 and 12 months the researcher will ask the young person to complete the same questions.



Young people will be offered a **£10 thank you voucher** for completing the questions at 6 and 12 months.



GET IN TOUCH

Please get in touch with any questions.

For **EXODUS** contact Gifford Sutherland (CEO):

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For the **research** contact Hannah Lawrence (Research Manager):

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MORE ABOUT US

UpSkillU is a restorative organisation. More information here: <https://upskillu.co.uk>

Coram is a UK children's charity. Coram's Impact and Evaluation team carries out research projects in partnership with public sector and third sector organisations.

More information is here: www.coram.org.uk