

upSTANDIng GP – Consultation Exit Questionnaire: Participant Information Sheet

Chief Investigator: Professor Amanda Daley, Loughborough University, Loughborough, Email:

a.daley@lboro.ac.uk

This leaflet provides you with information about the upSTANDIng GP study. This study aims to examine how feasible and acceptable using a standing desk is by GPs, particularly during consultations with patients. We hope the information below will help you make a decision about whether you would like to take part.

What is the purpose of this study?

We are interested in patients' views and experiences of GPs standing during consultations.

What are the possible benefits of taking part and why have I been chosen?

There are no expect benefits from taking part, but your responses will help us understand whether it is practical for GPs to stand when they see patients. You have been given this questionnaire because your GP was standing during your consultation today.

How do I take part and what would taking part in the upSTANDIng GP Study involve?

Please complete the attached questionnaire about your GP consultation today either put it in the box at the reception, hand it to reception or return it to us in the post using the pre-paid envelope provided. The questionnaire will take a few minutes to complete. You are able to leave you contact details if you are interested in taking part in a follow-up interview. This is entirely voluntary.

Who is organising and funding the research?

This study is being organised and co-ordinated by Loughborough University. It is funded via the National Institute for Health Research – Research Academy. This study has been reviewed and given a favourable opinion by <name of REC> Research Ethics Committee. The study reference number is <rec reference>.

Will my taking part in this study be kept confidential?

If you decide to take part in this study, all personal information collected about you will be kept strictly confidential, it will be securely handled and stored at Loughborough University in accordance with your consent and the provisions of the General Data Protection Regulation. With your permission, and where relevant to your involvement in the study, your data may be looked at by researchers from the upSTANDIng GP team at Loughborough University, the trial Sponsor (Loughborough University) or the regulatory authorities. Your anonymised research data may also be looked at by wider member of the research team from other collaborating universities and institutions including University of Leicester and the Royal College of General Practitioners.

What happens if I have a complaint about the study?

If you have a concern about any aspect of this study, you should ask to speak to the research team who will do their best to answer your questions (contact details listed above). If you remain unhappy and wish to complain formally, please contact the Secretary of the Ethics Approvals (Human Participants) Sub-Committee, Research & Enterprise Office, Hazlerigg Building, Loughborough University, Epinal Way, Loughborough, LE11 3TU. Tel: 01509 222423. Email: researchpolicy@lboro.ac.uk. The University also has policies relating to Research Misconduct and Whistle Blowing which are available online at: <http://www.lboro.ac.uk/committees/ethics-approvals-human-participants/additionalinformation/codesofpractice/>

What if I do not want to take part?

You do not have to take part if you do not want to. As the questionnaire is anonymous, unless you provide your details to be contacted in the future, we cannot withdraw your data once it has been submitted.

What will happen to the results of the research study?

Once the study has finished, we may publish the findings in a scientific journal including direct quotations from the questionnaire responses. No individual will be identified in any publications and all quotations will be anonymous.