Name

Study number



### Your child's health and development at 2 years

No one knows your child like you do. That is why we would like you to tell us how your child is getting on now they are 2 years of age.

The questions in this booklet ask about your child's health and development and about any extra care your child has had since being discharged home from the neonatal unit. All of this information is very important for the study.

The information you provide will be treated in the strictest confidence and will not be shown to anyone outside the study. For more information on how we process and protect your data, please see our privacy notice available at www.npeu.ox.ac.uk/ctu

If you would like to complete this questionnaire online, your personal access code can be found in the letter we sent with this questionnaire.

If you need any help completing the questionnaire, or have any questions, please do not hesitate to contact the Co-ordinating Centre on 01865 617 965.

Name of person completing this form (Print):	
Relationship to child (Print):	
Date form completed:	Day Month Year



## Section A: Your child's health and physical development

The following questions ask about your child's health and physical development. **Please answer all of the questions as best you can.** You may feel that some of these questions do not apply to your child, but it is important to answer all of them so we can find out about your child's general health and development.

1.	In general, how is your child's health compared with other children of the same age?  (please tick one)  Excellent  Good  Fair  Poor  Not sure
2.	Does your child have any difficulties with his or her vision?  (please tick one)  No difficulties  Needs to wear glasses, but sees well when wearing them
	Has difficulty seeing, even when wearing glasses
	Is blind in one eye but has good vision in the other eye  Is able to see light only or is blind
	(please tick one, but if they intermittently suffer from glue ear please report what their hearing is like when this is less problematic)  No difficulties  Has some difficulty hearing, but does not need a hearing aid or cochlear implant*
	Has a cochlear implant or hearing aid, but hears well with it
	Has difficulty hearing, even with a cochlear implant or hearing aid
	My child is deaf
	*A cochlear implant is a type of electronic hearing aid that has two parts, one that is worn on the ear and one that is implanted inside the ear during an operation
4.	Is your child able to sit on the floor on his or her own, without any support? (please tick one)
	No difficulties sitting alone
	Can sit alone but is unstable (may need to use his or her hands for support)
	Can only sit with support or with help from an adult
	Unable to sit

5.		ulties walking alone
	Can walk a few step	
	Can only walk if helped by an ad	
	Unable to w	alk, even with help
6.	Was your child discharged home on oxygen using a nasal cannula?	Yes No
	A nasal cannula is a tube with one end having two prongs that are placed in the nostrils of the baby to deliver oxygen or a mixture of air and oxygen	
	If Yes – what date did they stop receiving oxygen at home?	Still on oxygen
	If No – has your child received oxygen using a nasal cannula at any time since they were discharged home?	Yes No
7.	Since first discharge home from hospital, has your child received any other brea	thing support?
		Yes No
	If Yes, what type of breathing support was it? (please tick one)	
		Ventilator
		CPAP
		Tracheostomy
		Other
	If other, please tell us what:	
8.	Since first discharge home from hospital, has your child suffered from a persiste	ent wheeze?  Yes No
	A wheeze is defined as a whistling, squeaky noise coming from the chest when breathing out. Noisy snoring or gurgling, crackling or rattling with a blocked nose or lots of mucus is not wheezing.	
	Persistent is defined as affecting sleep, exercise (such as playing or running), laughing or crying.	
9.	Since first discharge home from hospital, has your child suffered from a persiste	
		Yes No
	Persistent is defined as affecting sleep, exercise (such as playing or running), laughing or crying.	
	If Yes, does it affect your child's: (please tick all that apply)	feeding?
		sleep?
		physical activity?

10. Since first discharge home from hospital, has your child received treatment for resillness? (e.g. chest infection, wheeze, cough, rattling chest, shortness of breath)	spiratory
	Yes No
If Yes, which of the following did they need? (please tick all that apply)	
Inhaler – Relievers, e.g. Ventolin	or Bricanyl (blue)
Inhaler – Preventers, e.g. Pulmicort (brown), or	Flixotide (yellow)
Steriods, e	e.g. Prednisolone
	Other
If other, please tell us the name(s) of the other medication(s)	
11. Since first discharge home from hospital, have you taken your child to a GP or Acc Emergency department for any respiratory illness?	cident &
(You will be asked for more details in Section D)	Yes No
<b>If Yes,</b> how m	any times? 1–3
	4–12
	More than 12
12. Since first discharge home from hospital, has your child been admitted to hospital respiratory illness?	for any
(You will be asked for more details in Section D)	Yes No
If Yes, how m	any times? 1–2
	3–5
	More than 5
The following questions ask about family health or home circumstances that might affect child We would appreciate it if you could answer these questions to help us understand why some might have breathing difficulties at this age.	
13. Is there a history of inhaler prescription for asthma or wheezing in the family? (i.e. parents or siblings) Please tick all that apply	Yes No
	Mum
	Dad
	Siblings
14. Since first discharge home, is there any history of smoking in the home, by a hous member or visitor?	Yes No
15. Since first discharge home, have there been any problems with dust, damp or mou or have you had any major building work or renovations in the home?	Yes No
16. Do you live near a busy main road?	Yes No

### Section B: Your child's play

We are interested in finding out about your child's play, as this will give us an idea of how his or her problem-solving skills are developing. Please tell us whether or not your child can do each of the play activities below. If you have seen your child do the activity (or something similar), then tick the box under "Yes". If you know that your child would not be able to do it, then tick the box under "No". If you are not sure, then tick the box for "Don't know." If you don't know, you may like to try out some of the activities with your child.

Please answer all of the questions as best you can.

Please remember that all children develop differently and there are large differences in what children can do at this age. Some of these activities may be easy for your child and others may be difficult. The activities listed are for children up to 4 years of age, so 2 year old children may not be able to do all of them yet.

		Yes	No	Don't Know
1.	Does your child copy things you do such as cuddling a teddy? (Try it out if you are not sure by cuddling a teddy and then giving it to your child. Say: Now you cuddle teddy)			
2.	When you hide a toy in full view of your child, will s/he look for it and find it? (Try this out by covering a small toy with a cloth or a cup and seeing if s/he uncovers it)			
3.	Can your child put a simple piece, such as a square or an animal, into the correct place in a puzzle board?			
4.	Some toys have several holes or openings with different shapes, such as a circle, triangle, and star. Could your child put the shapes into the right openings?			
5.	Can your child stack two small blocks or toys on top of each other?			
6.	Can your child put together, by him/herself, a puzzle or something similar where the pieces fit together?			
6a.	If so, can s/he do this for a puzzle with ten or more pieces?			
7.	Can your child mark on a piece of paper using the tip of a crayon, pencil, or chalk?			
8.	Can your child draw a more or less straight line on paper?			
9.	Does your child turn, or try to turn, the pages of a book one at a time?			
10.	Does your child ever pretend that one object, such as a block, is another object, such as a car or a telephone?			
11.	Can your child stack three small blocks or toys on top of each other by him/herself?			
12.	Does your child ever pretend to do things? For example, riding a horse or making a cup of tea?			
13.	Can your child push a car along the floor with the wheels on the floor?			
14.	Does your child look with interest at pictures in a book?			

		Yes	No	Don't Know
15.	Does your child point to pictures in a book?			
16.	Does your child try to copy things you do, such as stirring with spoon in a cup?			
17.	Can your child stack seven small blocks or toys on top of each other by him/herself?			
18.	Does your child point or show where people or objects are when you ask. For example, "Where is the light?", "Where is Daddy?" or "Where is Teddy?"			
19.	Does your child ever pretend that two dolls are playing together, or are talking to each other, or one is feeding the other?			
20.	Does your child ever play pretend games with another child, pretending to be someone else, such as a mummy, daddy, policeman, or nurse?			
21.	Does your child ever play any game with another child that involves taking turns?			
22.	Does your child ever copy some action shortly (within a few minutes) after s/he has seen it?			
23.	Can your child fetch something, such as a toy, from another room by him/herself when you ask?			
24.	Does your child know where some things belong, such as, that his/her toys belong in a box?			
25.	Does your child ever save or put to one side a biscuit (or snack) for later, on his/her own?			
26.	Have you ever seen your child get together 3 or more toys before beginning to play with them?			
27.	Have you ever seen your child sort things (blocks, other toys) into groups or piles that go together on his/her own?			
28.	If your child wants something out of reach, does s/he go and find a chair or box to stand on?			
29.	When your child uses or plays with a telephone, does s/he speak into the mouthpiece not the earpiece?			
30.	When your child drinks from a cup, is s/he careful about putting it down, trying not to spill it?			
31.	Does your child try to turn doorknobs, twist tops, or screw lids on or off jars?			
32.	Does your child recognise him/herself when looking in the mirror?			
33.	Does your child ever use his or her index (first) finger to point to show an interest in something?			

#### Section C: What your child can say

We would also like to know how your child's language is developing. Although children are able to understand many more words than they can say, here we are interested only in the words your child says. Does your child say any words yet? - please answer the rest of the questions in this section Nο - please go straight to Section D, on page 9 As your child has started to use words, please go through the list below and tick all the words you have heard your child say. If your child uses a different pronunciation of a word, e.g., "tend" for pretend, or "duce" for juice - please tick it anyway. Please remember that children's language develops at very different speeds, and there are large differences in what children can say at this age. Some two year olds may only say one or two words yet, whilst others may say more. Some children might also say other words that are not listed, but for this study we want to know if your child can say any of the words shown below. Cream Baa baa Bed Carry Last cracker Meow Juice **Bedroom** Chase Tiny Ouch/ow Meat Settee/sofa Pour Wet Uh-oh/oh Milk Oven/cooker Finish After dear Woof woof Peas **Stairs** Fit Day Bear Hat Hug/cuddle **Tonight** Flag Bird Necklace Rain Listen Our Cat Shoe Star Like Them Pretend Dog Sock Swing This Duck Chin School Rip/tear Us Horse Shake Where Ear Sky Aeroplane Hand Zoo Taste Beside Gentle Down Boat Leg Friend **Pillow** Car Mummy/mum Think Under Ball Comb Person Wish ΑII Book Lamp/torch Bye/byebye All gone Much Plate Game Hi/hello Cold Could

No

Shopping

Thank you

Fast

Happy

Hot

Need to

Would

lf

Sandwich

Fish

Sauce

Rubbish

Tray

Towel

We would also like to know how your child uses the words she or he can say. Please look at the next 6 questions and answer them all by ticking one box for each question. Again, please bear in mind that every child develops differently and there are large differences in children's language development at this age. Whilst some children are able to say the words below, other children may not yet be using words so often.

If you answered "Not Yet" to Question 6, please go straight to the next page.

If you answered "Sometimes" or "Often" to Question 6, please answer questions 7-18 below.

For EACH PAIR of sentences below – A and B – please tick the one that sounds MOST like the way your child talks at the moment, even if s/he would not say that EXACT sentence. If your child is saying sentences even more complicated than the two examples provided, please tick B.

7. (Talking about something happening now)	(Talking about something that already happened)	9.
A I make tower	A Daddy pick me up	A That my truck
B I making tower	B Daddy picked me up	B That's my truck
10.	11.	12.
A Baby crying	A There a doggie	A Coffee hot
B Baby is crying	B There's a doggie	B That coffee hot
13.	14.	15.
A I no do it	A I like read stories	A Biscuit Mummy
B I can't do it	B  I like to read stories	B Biscuit for Mummy
16.	17.	18.
A Don't read book	A Baby want eat	A Look at me
B Don't want you read that book	B Baby want to eat	B Look at me dancing

# **Section D: Hospital/Community Services**

The following section asks about your child's use of hospital/community services since being first discharged home from the hospital. Please answer all of the questions as accurately as possible. If you run out of space, please use the extra space on page 11.

1.	Since your close a PD/		lischarged hon	ne from the hos	spital, did they l	have an operation to
	<b>If Yes</b> , ple	ase give date of	operation.	Day / Mor	nth / Year or	Yes No Age years months
2.	hospital? (A	Please include ar	ny admissions a	lready mentione		child been admitted to uestion 12) Yes No
	<b>If Yes</b> , ple	ase provide deta	ils for each adm	nission.		
	Date admitted	Reason for hospital admission (e.g. breathing problems)	Was this a planned admission?	Did your child stay overnight?	Did your child receive intensive care?	Did your child have an operation?
	Month / Year		Yes / No	Yes / No	Yes / No	Yes / No
	Month Year		Y	Y N If Yes, for how many nights?	Y N If Yes, for how many nights?	Y N If Yes, what was the operation type?
	Month Year		Y	Y N If Yes, for how many nights?	Y N If Yes, for how many nights?	Y N If Yes, what was the operation type?
	Month Year		Y	Y N If Yes, for how many nights?	Y N N If Yes, for how many nights?	Y N If Yes, what was the operation type?
	Month Year		Y	Y N If Yes, for how many nights?	Y N N If Yes, for how many nights?	Y N N If Yes, what was the operation type?
	Month Year		Y	Y N If Yes, for how many nights?	Y N N If Yes, for how many nights?	Y N If Yes, what was the operation type?
	Month Year		Y N	Y N If Yes, for how many nights?	Y N If Yes, for how many nights?	Y N If Yes, what was the operation type?

3.	Since your child was firs hospital outpatient depair in Section A Question 11)				
	III Section A Question 11)				Yes No
	If Yes, please provide de	tails for each ind	dividual visit.		
	Type of clinic	Attended? (please tick)	Number of times	ı	Reason
	Accident and Emergency (and not admitted)	Yes			
	Audiology / Hearing	Yes			
	Eye / Vision	Yes			
	General Medical	Yes			
	Paediatric / Neonatal follow-up clinic	Yes			
	Other (please specify)	Yes			
	Other (please specify)	Yes			
	Other (please specify)	Yes			
4.	Has your child seen any home from the hospital?				their first discharge
	Community	Professional			Total number of visits
	Community nurse			Yes No	
	Community paediatricia	ın		Yes No	
	Dietician			Yes No	
	Physiotherapist			Yes No	
	Speech and language t	herapist		Yes No	
	Other (please specify)			Yes No	

Section E: Additional/other information
Is there anything else you would like to tell us about your child's health and development? If so, please write it in this box.
Thank you for completing this questionnaire.
Your contribution to the Baby-OSCAR study is greatly appreciated.

#### Please return the questionnaire to:

## Freepost RLSL-SBZK-HTAT Baby-OSCAR Co-ordinating Centre, NPEU Clinical Trials Unit, University of Oxford, Old Road, Headington, Oxford, OX3 7LF

If you have any questions, please contact the Baby-OSCAR Co-ordinating Centre on 01865 617 965

We will send you a summary of the results at the end of the study. In the meantime, if you have any questions, please do not hesitate to contact the Baby-OSCAR Co-ordinating Centre.

If you have any concerns about your child's health or development, please contact your child's GP or health visitor. Children in the UK are routinely offered an assessment by a health visitor when they are around 2½ years of age, so you may be due to see your health visitor soon. You can find out more about how to contact your health visitor in your child's red book.

Advice or support with issues related to parenting children born prematurely can be sought from Bliss, the UK charity for babies born too soon, too small, too sick.

You can contact them at:



- **\** 020 7378 1122
- www.bliss.org.uk

Bliss Head Office, 2nd Floor, Chapter House, 18-20 Crucifix Lane, London SE1 3JW

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National Institute for Health Research





Sections B-C based on the PARCA-R

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