Figure 1: Participant flow

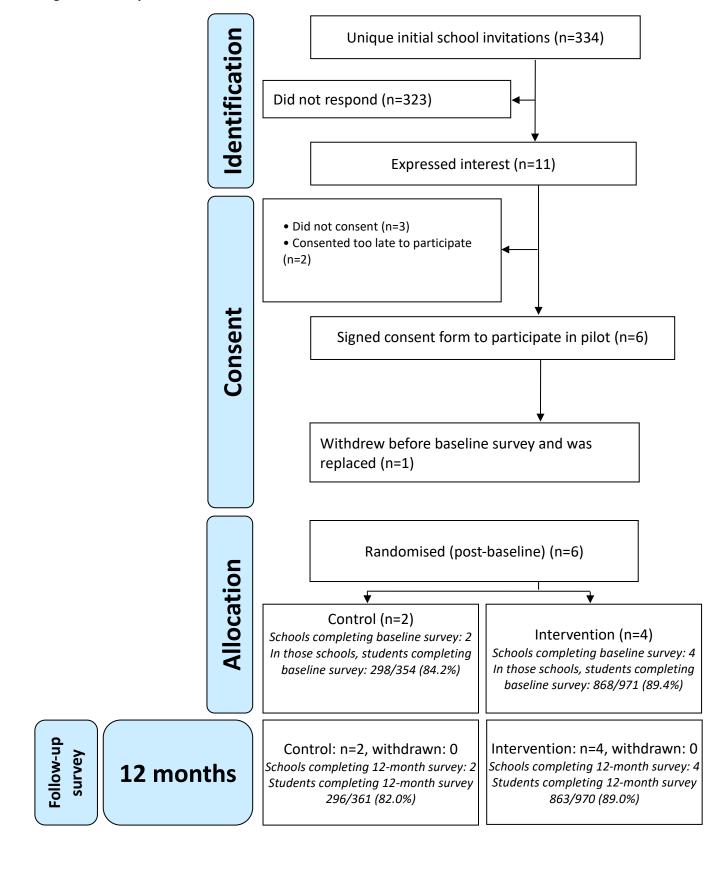


Table 1: Pilot school characteristics by trial arm

| School characteristics | | Intervention | Control | Overall | |
|---|----------------------------------|---------------|-----------------------|---------------|--|
| | | (4 schools) | (2 schools) | (6 schools) | |
| School type | Academy converter (mainstream) | 3 | 1 | 4 | |
| | Academy sponsor led (mainstream) | 0 | 1 | 1 | |
| | Community school | 1 | 0 | 1 | |
| Ofsted rating ¹ | Good | 4 | 2 | 6 | |
| 2017 attainment 8 score ¹ mean (SD) | | 47.3 (6.80) | 51.1 (2.75) | 48.6 (6.03) | |
| Value added score ¹ mean (SD) | | 0.16 (0.40) | 0.50 (0.15) | 0.17 (0.41) | |
| Proportion of students entitled to FSM ¹ mean (SD) | | 30.25 (4.64) | 25 (4.64) 23.2 (8.35) | | |
| School size¹ mean (SD) | | 1342 (355.22) | 1193 (390.50) | 1292 (374.08) | |
| IDACI score ² mean (SD) | | 0.130 (0.04) | 0.183 (0.06) | 0.147 (0.05) | |
| Student characteristics (survey) | | | | | |
| Age, mean (SD) | | 12.79 (0.41) | 12.81 (0.40) | 12.80 (0.40) | |
| Sex, n (%) | Male | 428 (49.3) | 166 (55.7)h | 594 (50.9) | |
| | Female | 431 (49.7) | 131 (44.0) | 562 (48.2) | |
| Gender, n (%) | Prefer not to say | 6 (0.7) | 1 (0.3) | 7 (0.6) | |
| | Missing | 3 (0.3) | 0 (0.0) | 3 (0.3) | |
| | Воу | 428 (49.3) | 166 (55.7) | 594 (50.9) | |
| | Girl | 424 (48.8) | 129 (43.3) | 553 (47.4) | |
| | Trans boy | 2 (0.2) | 0 (0.0) | 2 (0.2) | |
| | Trans girl | 1 (0.1) | 0 (0.0) | 1 (0.1) | |

| | Non-binary | 1 (0.1) | 1 (0.3) | 2 (0.2) | | |
|--------------------|--|------------|------------|-------------|--|--|
| | Other | 2 (0.2) | 0 (0.0) | 2 (0.2) | | |
| | Unsure | 5 (0.6) | 1 (0.3) | 6 (0.5) | | |
| | Prefer not to say | 3 (0.3) | 0 (0.0) | 3 (0.3) | | |
| | Missing | 2 (0.2) | 1 (0.3) | 3 (0.3) | | |
| | White | 538 (62.0) | 86 (28.9) | 624 (53.5) | | |
| Ethnicity, n (%) | Mixed | 105 (12.1) | 29 (9.7) | 134 (11.5) | | |
| | Asian/Asian British | 97 (11.2) | 151 (50.7) | 248 (21.3) | | |
| | Black African/Black Caribbean/Black | | | | | |
| | British | 90 (10.4) | 20 (6.7) | 110 (9.4) | | |
| | Other | 33 (3.8) | 8 (2.7) | 41 (3.5) | | |
| | Missing | 5 (0.6) | 4 (1.3) | 9 (0.8) | | |
| Sexual identity, n | Straight or | | | | | |
| (%) | heterosexual | 773 (89.1) | 257 (86.2) | 1030 (88.3) | | |
| | Gay or lesbian | 7 (0.8) | 1 (0.3) | 8 (0.7) | | |
| | Bisexual | 19 (2.2) | 2 (0.7) | 21 (1.8) | | |
| | Other | 10 (1.2) | 2 (0.7) | 12 (1.0) | | |
| | Unsure/questioning | 35 (4.0) | 5 (1.7) | 40 (3.4) | | |
| | Prefer not to say | 19 (2.2) | 15 (5.0) | 34 (2.9) | | |
| Religion, n (%) | Missing | 5 (0.6) | 16 (5.4) | 21 (1.8) | | |
| | None | 466 (53.7) | 86 (28.9) | 552 (47.3) | | |
| | Christian | 213 (24.5) | 30 (10.1) | 243 (20.8) | | |
| | Jewish | 8 (0.9) | 0 (0.0) | 8 (0.7) | | |
| | Muslim/Islam | 64 (7.4) | 4 (1.3) | 68 (5.8) | | |

| | Hindu | 45 (5.2) | 18 (6.0) | 63 (5.4) | |
|-----------------------------------|---------------|-------------|-------------|-------------|--|
| | Buddhist | 4 (0.5) | 1 (0.3) | 5 (0.4) | |
| | Sikh | 2 (0.2) | 139 (46.6) | 141 (12.1) | |
| | Unsure | 46 (5.3) | 13 (4.4) | 59 (5.1) | |
| | Other | 10 (1.2) | 1 (0.3) | 11 (0.9) | |
| | Missing | 10 (1.2) | 6 (2.0) | 16 (1.4) | |
| Family structure, n (%) | Two parents | 589 (67.9) | 229 (76.8) | 818 (70.2) | |
| | Lone mother | 192 (22.1) | 43 (14.4) | 235 (20.2) | |
| | Lone father | 14 (1.6) | 1 (0.3) | 15 (1.3) | |
| | Reconstituted | 57 (6.6) | 17 (5.7) | 74 (6.3) | |
| | Other | 13 (1.5) | 4 (1.3) | 17 (1.5) | |
| | Missing | 3 (0.3) | 4 (1.3) | 7 (0.6) | |
| Family offlyance | IVIISSIIIB | 3 (0.3) | 4 (1.3) | 7 (0.0) | |
| Family affluence scale, mean (SD) | | 7.93 (2.16) | 8.52 (2.08) | 8.08 (2.15) | |
| Sexual debut | Yes | 7 (0.8) | 2 (0.7) | 9 (0.8) | |
| | Missing | 69 (7.9) | 29 (9.7) | 98 (8.4) | |

¹ data retrieved from www.compare-school-performance.service.gov.uk , retrieved on 6/9/19 2 IDACI score by school post-code from imd-by-postcode.opendatacommunities.org, retrieved on 6/9/19

Table 2: Effects on secondary outcomes at follow-up

| Secondary outcome | Control | Intervention | Effect estimates and 95% confidence intervals | | | |
|---|----------------|--------------|---|----------------|-----------|----------------|
| measure | | | Unadjusted | 95% CI | Adjusted | 95% CI |
| Pregnancy (girls), n (%) | 0 (0.0) | 1 (0.2) | - | - | - | - |
| Unintended Pregnancy (girls), n (%) | 0 (0.0) | 1 (0.2) | - | - | - | - |
| Initiation of pregnancy (boys), n (%) | 1 (0.6) | 2 (0.5) | OR=0.75 | (0.1,8.3) | OR=0.51 | (8.6, 0.0) |
| Diagnosed STIs, n (%) | 14 (4.7) | 38 (4.4) | OR=0.93 | (0.5 ,1.7) | OR=1.17 | (0.6 ,2.3) |
| Vaginal sexual debut with partner of opposite sex, n (%) | 8 (2.7) | 39 (4.5) | OR=1.70 | (0.6 ,4.9) | OR=2.06 | (0.6 ,7.2) |
| Sexual debut with partner of same sex, n (%) | 1 (0.3) | 11 (1.3) | OR=3.81 | (0.5 ,29.6) | OR=4.40 | (0.5 ,35.4) |
| Age of vaginal sexual debut with partner of opposite sex, mean (SD) | 13.7 (0.5) | 13.6 (0.5) | MD=-0.13* | (-0.5 ,0.3) | MD=-0.10* | (-0.5 ,0.3) |
| Number of heterosexual partners, mean (SD) | 0.03 (0.29) | 0.35 (4.78) | MD=0.33 | (-0.7 ,1.3) | MD=0.41 | (-0.7 ,1.5) |
| No contraception at first vaginal sex, n (%) | 0 (0.0) | 7 (0.9) | - | - | - | - |
| No contraception at last vaginal sex, n (%) | 1 (0.4) | 5 (0.6) | OR=1.17 | (0.2 ,8.1) | OR=1.77 | (0.2 ,17.3) |
| Non-volitional sex, n (%)#### | 0 (0.0) | 4 (0.5) | - | - | - | - |

^{*} Derived from age as reported by 7 control students and 29 intervention students

⁻ Effect could not be estimated because of zero numerator

Table 3. Serious adverse events

| Event | Intervention schools | | | | Control schools | | Overall |
|--------------------------------|----------------------|---|---|---|-----------------|---------|---------|
| | 1 | 2 | 3 | 4 | 1 | 2 | |
| Death | 0 | 0 | 0 | 0 | 0 | Missing | 0 |
| Hospitalisation | 1 | 0 | 1 | 2 | 0 | Missing | 4 |
| Disability | 0 | 0 | 0 | 0 | 0 | Missing | 0 |
| Congenital abnormality | 0 | 0 | 0 | 0 | 0 | Missing | 0 |
| Life threatening illness | 0 | 0 | 0 | 0 | 0 | Missing | 0 |
| Total | 1 | 0 | 1 | 2 | 0 | Missing | 4 |