

Bridgend Information Sheet

What is this study about?

You are being invited to take part in a research study of a new way of helping young people who come into contact with a number of services managed by Bridgend Borough Council. The study will help us know if our new approach is better at helping young people.

This leaflet is for you to keep. Please read it carefully and take time to decide if you want to take part or not. Talk to other people about the study if you want to. Please ask the staff member if there is anything that you do not understand or you would like more information about.

What will happen to me if I take part?

If you agree to take part, you will be asked to provide agreement in the form of a written consent. A computer will decide at random whether you will receive the usual approach or whether you will receive the new approach.

The study

The new approach involves staff who have been specifically trained to incorporate trauma

informed practices into their day-to-day work with young people.

If you are not listed to receive the new approach, any support you receive will remain the same as usual.

All young people taking part in the study will be asked to fill out a questionnaire at the start of the study and again 6 months and 12 months later. As a thank you we will give you a £20 voucher at each stage you complete questionnaires, one £20 after completing the questionnaire at the start, another £20 after completing the questionnaire at six months and a final £20 after completing the questionnaire at 12 months. The questionnaires explore any involvement in crime and your health. To get a clear understanding of what young people think about the new approach we might ask you to take part in an interview with a researcher, but before you do, we will ask your permission and you can say no if you want to.

Do I have to take part in the study?

No. It is up to you to decide.

We will describe the study, go through this information sheet with you and answer your questions. If you decide to take part in the study, you will be asked to sign a consent form.

You are free to change your mind at any time, up to the point where we delete any participant identifiable data from the data set; you will not need to give a reason. If you decide not to take part in the study or want to withdraw your participation, it will not affect the support that you receive from Bridgend Borough Council or referrals to any other services.

Who will have access to my information?

All information collected about you during this research will be kept confidential. The only people who will be able to look at it will be the research team.

All information will be stored on a password protected computer. After we have done the 12-month questionnaire we will remove any information that might identify you from our records. The remaining data will be stored at the University of Kent for 5 years (for written information) or 10 years (for electronic data).

At the end of the study, this data, without anything that could identify you, will be archived by the organisation who is funding the study, the Youth Endowment Fund.

All staff and organisations involved in the research work to the same rules of confidentiality as doctors and nurses which can only be broken, without your consent, in very exceptional circumstances. **Usually this is if the researcher sees or is told something which raises serious concern for your personal safety.**

Could I be at risk by taking part?

The research staff and organisations involved in this research have a lot of experience and we do not think that you will experience any harm as a result of taking part in this research study. Any suggestions or complaints about the study or how you were treated will be dealt with by the chief investigator Professor Simon Coulton whose contact details can be found at the end of this leaflet.

Who is funding and organising the study?

The study is funded by the Youth Endowment Fund and sponsored by the **University of Kent**. The interventions are delivered by experienced staff working for Bridgend Borough Council. Before we started the study, we asked an independent body to look at what we planned to do to ensure what we are doing is ethical and good practice.

What happens to the results of the study?

We are keen to ensure that all young people involved in the study get an opportunity to help discuss and understand the results of the study. We will let you know of any opportunities to do this as they arise throughout the study period. We are happy to send you a summary of the research at the end of the project. If you would like to receive this, please email us using the details at the end of this leaflet. The study results will help us understand new ways to help young people in the future. No one will be identified in any of the information or reports written about the study.

Will the research help me?

At this stage we cannot promise that this study will help you directly. However, the study will provide information about how we work with young people in the future.

Thank you...

For taking the time to read this leaflet. Please ask any questions or raise any concerns you may have about the project. If you decide to take part, please keep this leaflet for future reference.

Project staff

Nadine Hendrie, trial manager, University of Kent, 01227 827912, n.hendrie@kent.ac.uk

Professor Simon Coulton, Chief Investigator, University of Kent, 01227 824535, S.Coulton@kent.ac.uk

If you have any complaints or concerns about the research project do not hesitate to contact:

Mr Andrew Massoura, Research Ethics and Governance Officer, University of Kent, 01227 824797, a.n.massoura@kent.ac.uk

The privacy notice can be accessed here [tba](#)