



## **MOSAIC – Monitoring Of Salivary cortisol in Anongenital skin Inflammation treated with topical Corticosteroids**

**Information leaflet for boys aged 5-11**

### **What is a study?**

A research study is something you do when you want to answer a question.



### **What is this study about?**

This project is about the cream doctors use to treat a problem in the skin that covers the end of the penis (the foreskin). The cream has medicine in called steroid. Your body has its own steroids too. If you have a lot of steroid medicine your own steroids might not work well and you feel ill.

The question we want to answer is does the cream affect your body's steroids?

### **Why have you asked me to help?**

You have been asked to help in this project because you have been given cream to put on your foreskin.



### **What happens in this study?**

If you and your parents agree to help with this project you will have the same treatment as boys who are not in the project. The project team want to collect some of your spit. You will chew on a special cotton wool ball and then your parents will put into the freezer. Your parents will tell you when to do the sample, you have to do it before you clean your teeth and before breakfast. We hope you can give us 9 samples. Don't worry, we don't want them all on the same day!

### **Do I have to take part?**

No! It is up to you, just say if you don't want to take part. Nobody will mind.



### **What if I don't want to do the study anymore?**

If you don't want to do the study anymore, just tell your parents, your doctor or the people doing the study. You can stop at any time you like. No one will mind.

**Are there any risks to taking part?**

We don't think there are any risks to taking part in this study.

**Why is it good to help?**

The study may help children like you in the future.

**Can I change my mind?**

Yes, you can choose to not help with the project at any time, and you do not have to say why.

**What will happen to the results of the study?**



After the study, we will write a report about what we find. Let us know if you want to hear about the results.

**Who are the people running this study?**

The doctor in charge of the study is Miss Harriet Corbett, she is a surgeon at Alder Hey.

If you have any questions at all, at any time, you can ask the person who gave you this leaflet, or your parents.

**Thank you very much for taking time to read this. Please ask questions if you need to.**