



**Patient Information Sheet**

**Study title:** Reliability of Frailty Assessment in Intensive Care study (FAR-ICU study)

You are being invited to take part in a research study because you are or have been a patient in Intensive Care. Before you decide if you would like to be involved with our study, it is important for you to understand why the research is being done and what it will involve. Please take time to read the information carefully. We will discuss the content of this Patient Information Sheet with you.

**What is the purpose of the study?** Admission to an Intensive Care Unit frequently involves treatments which cannot be given in other areas of a hospital, which might be invasive and uncomfortable, and which may carry their own risks. It is important that discussions with patients and their families around the decision to admit to intensive care and plan of treatment are informed with the best evidence. "Frailty" is the term used to describe a loss of reserve that often comes with ageing and can be recognised by weaker recovery from an illness or injury. We are very interested in finding out how frailty might be identified in patients admitted to Intensive Care and would like investigate how closely assessments of frailty by staff working in Intensive Care match.

**Study aim:** The aim of our study is to investigate how closely the assessments of frailty by two separate members of Intensive Care staff match.

**Why have I been asked to participate?** You have been asked to help us as when you were admitted to Intensive Care it was expected that you would need to stay for more than 24 hours.

**What will I need to do?** If you are happy to help us then all you need to do is sign a consent form to say that you are willing to be involved in the study. A doctor, nurse or physiotherapist involved in the study will talk with you for about fifteen minutes after reading your notes. The consent form also says that you are willing for us to write some of your information down and analyse it for the study.

**What are the risks and benefits?** There are no risks with this study. Your treatment will not be changed in any way as a result of you taking part. Although there are no direct benefits for you, the results of this study may help us treat patients like you in the future.

**What happens to me once my information is collected?** Your care will be exactly the same as if we were not collecting the information.

**What happens if I don’t want to participate?** You may decline to participate in the study and will be free to withdraw from the study at any time without fear or prejudice. You will still be offered the normal opportunities for treatment available for patients should you need any medical treatment in the future. If you change your mind during the study period and want to withdraw from the study, please contact your local investigator (insert here) or Dr Richard Pugh (Anaesthetics Dept, Glan Clwyd Hospital, Bodelwyddan, LL16 4DD). Your details will then be removed from the study.

**Confidentiality:** Once the information is collected in Intensive Care, your name and address will be removed from the information sheet so it is absolutely confidential and anonymous. The information we have collected about you will be stored by the Lead Researcher Richard Pugh who is writing up the study in Glan Clwyd Hospital in North Wales where the research team are based, but all your information will be made anonymous and all ethical and legal practice followed to ensure this. It will not be accessible to anyone other than the people in the study team. During the study period, all information sheets will be stored in the same way as medical records and will be kept locked in a filing cabinet. All records will be destroyed as part of the hospitals confidential waste five years following the study. Results of the study may be presented in seminars, teaching sessions and journals but no personal details of anyone participating in the study will be disclosed.

**Request for more information:** You should discuss any concerns you have with the researcher at any time on the contact details below. We are happy to go through all your results with you if you are interested. If you would like to be informed of the results at the end of the trial (end date: May 2018) please contact the chief investigator on richard.pugh@wales.nhs.uk.

**Who is organising the research and who has reviewed this study?** The research is being organised by clinicians who work for Betsi Cadwaladr University Health Board, Aneurin Bevan University Health Board, Abertawe Bro Morgannwg University Health Board and NHS Lothian in Scotland. The study is being sponsored by Betsi Cadwaladr University Health Board. This study has been reviewed by the Wales Research Ethics Committee.

**What if there is a problem?** If you have a concern about any aspect of this study you should speak to the local researcher who will do his or her best to answer your questions – (insert here). If you remain unhappy and wish to complain formally, you can do so through the NHS Complaints Procedure. Details can be obtained from (insert here) switchboard on (insert here).

**Researchers’ details**

|  |  |
| --- | --- |
| Dr Richard Pugh | Chief Investigator, Glan Clwyd Hospital, BCUHB |