STUDY ON ONLINE CANNABIS STOPPING OR REDUCING USE (ESCAL)

INFORMATION FORM AND COLLECTION OF AGREEMENT

Please read carefully

Detailed explanations, response to the agreement and contact details are on the same page

Study manager: Santé publique France

Health Data Hub protocol no. 17990932

WHAT IS THE PURPOSE OF THE STUDY?

We invite you to participate in a research study conducted by Santé publique France, the aim of which is to evaluate the effectiveness of several types of assistance in reducing or stopping cannabis use.

This is a national study in which nearly 600 people will participate.

If you agree to participate in this study, we will offer you assistance in reducing or stopping your use.

HOW DOES THE STUDY WORK?

You must be at least 18 years old to participate in the study.

If you agree to participate in the study, we will conduct a random draw to find out what type of help will be offered to you. You will receive an email the following day with a link to access the questionnaire to complete online: this is the first of the 3 evaluation questionnaires of the study. The other two questionnaires will be sent to you by email 6 weeks later, then 3 months later. Each of the questionnaires will not take more than a few minutes to complete.

After completing the 1st online questionnaire, you will automatically receive an email telling you what help we are offering you and how to access it.

To participate in this study, you will need to provide your email and mobile phone number, which are essential information to send you the questionnaires and access the help offered.

As part of this study, data is collected by BVA Xsight and Solirem, companies acting on behalf of Santé publique France as subcontractors.

WHAT ARE THE EXPECTED BENEFITS OF PARTICIPATING IN THIS STUDY?

By participating in this study, you will benefit from free help to reduce or stop your cannabis use.

Your participation in the study will allow researchers to learn more about the most effective methods of assistance. Thanks to your participation, you will therefore be able to help other people who wish to reduce or stop their cannabis use.

In addition, if you fully complete the 3 study questionnaires, you will receive a gift card worth €20 in the weeks following the completion of your last study questionnaire.

In addition to this gift card, a random draw will be carried out by BVA Xsight, at the end of the study among all the participants who have fully completed the 3 questionnaires. It will allow 5 of them to win an additional gift card worth €300 (see the rules of the draw).

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WHAT RISKS AND POSSIBLE DISCOMFORTS CAN BE CAUSED BY PARTICIPATING IN THIS STUDY?

Reducing or stopping cannabis can cause withdrawal symptoms to appear: anxiety, sleep disorders, irritability, etc. Do not hesitate to talk to a healthcare professional if these symptoms seem too severe.

WHAT OTHER HELP IS AVAILABLE?

If you decide not to participate in this study, you can consult the Drugs Info Service website to consult the advice and services available and also call a professional trained in addiction issues on 0800 23 13 13 who will be able to refer you to a healthcare professional suited to your needs.

WHAT ARE THE OBLIGATIONS RELATED TO PARTICIPATION IN THE STUDY?

If you agree to participate in this study, you agree to use the help that we will offer you. You will also have to answer the 3 online questionnaires that will be sent to you (a 1st questionnaire upon registration, the 2nd in 6 weeks and the last 3 months later).

These questionnaires will focus in particular on your cannabis consumption, your desire to limit or stop it and any difficulties encountered in your situation.

WHAT ARE THE COSTS RELATED TO THE STUDY?

All costs related to this study are covered by the study manager (Public Health France).

Your participation in this study will not incur any costs.

WHAT HAPPENS TO THE PERSONAL INFORMATION COLLECTED DURING THE STUDY? (confidentiality and computer processing)

This research program requires the implementation of a processing of personal data (e-mail and mobile phone number) used to send you the study questionnaires and the gift card if you respond in full to the 3 questionnaires.

This processing of personal data is based on the execution of a mission of public interest with which Santé publique France is entrusted, and on the needs of scientific research.

The data will be collected by BVA Xsight and Solirem, companies acting on behalf of Santé publique France as subcontractors.

Only Solirem, responsible for data collection, sending questionnaires and gift cards, will have access to the contact data that you provide us (email and mobile phone number). Neither Santé publique France nor any other organization will have access to this contact data.

For the entire duration of the collection, personal data will be automatically encrypted and the responses to the questionnaires pseudo-anonymized in order to ensure data confidentiality. At the end of the collection, the responses to the questionnaires will be anonymized and transmitted to Santé publique France in charge of statistical analyses. All personal data will be destroyed within 2 months of the end of the study.

In accordance with the provisions of the law relating to data processing, files and freedoms, you have a right of access and rectification, a right to erasure, a right to object and a right to limit processing. You can exercise these rights by sending a request to the following address: dpo@solirem.fr. If you believe, after contacting us, that your "Data Protection" rights have not been respected, you can submit a complaint to the CNIL.

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For any questions about this data processing, you can contact the data protection officer: dpo@solirem.fr.

For questions about the study, you can contact escal@santepubliquefrance.fr

WHAT HAPPENS IF I CHANGE MY MIND?

Your participation in this study is voluntary. You are free to refuse to participate in this study or to withdraw your consent at any time, without incurring any penalty or consequences on your subsequent care. To stop your participation, simply send an email to dpo@solirem.fr. If you decide to stop the study, we will no longer collect any new data about you after this decision. Your responses already collected may still be analyzed, unless you indicate otherwise.

ADDITIONAL INFORMATION

If you would like to obtain additional information about the study, your rights or obligations, or in the event of a problem related to the study, you can contact Santé publique France by email at: escal@santepubliquefrance.fr.

At the end of the study, upon simple request from you at escal@santepubliquefrance.fr, Santé publique France will be able to communicate to you the main overall results of this study. These results will not be available before 2026.

PARTICIPATION AGREEMENT

- 1. By checking this box:
- I certify that I am at least 18 years old, read French fluently and have read the terms of processing of my data and my rights over this data (I am free to stop my participation at any time)
- I freely agree to participate in this study and undertake to complete the 3 questionnaires