

&lt;Local Trust Department&gt;

&lt;Local Trust Address1&gt;

&lt;Local Trust Address2&gt;

&lt;City&gt;

&lt;Postcode&gt;

&lt;Participant Name&gt;

&lt;Participant Address1&gt;

&lt;Participant Address2&gt;

&lt;City&gt;

&lt;Postcode&gt;

&lt;Date&gt;

**PARTICIPANT INVITATION LETTER****GlucoVITAL – Randomised trial of Volatile vs Total intravenous Anaesthetic  
for major non-cardiac surgery**

Dear &lt;Participant name&gt;

At <insert local details> we are running a clinical trial, which we hope will improve the care of patients who have surgery in the future. We have invited you because you are scheduled to have surgery which requires you to be kept “asleep” under general anaesthesia so you are unaware and do not feel pain during the operation. There are two types of general anaesthesia that are commonly used, which are 1) given through a vein (intravenous anaesthesia) or 2) breathed in (inhalational anaesthesia). Normally, the type of anaesthetic you receive is chosen by your anaesthetist, who is skilled in both types. Both types of anaesthetic are safe and used in routine practice throughout the world. This trial will help us find out more information on how the type of general anaesthetic can influence blood sugar levels during the surgical period and recovery.

Please see enclosed patient information sheet with this letter which contains information about why the study is being conducted, what will happen if you take part and what information is being collected as part of the study. We hope that by sending this information sheet to you in the post, you will have more time to consider whether you might like to take part in the research study ahead of coming into hospital. We will follow this up with a phone call in a few days to discuss the study further with you in more detail.

If you have any questions about the research study, please do not hesitate to contact us on <insert local details>.

Yours sincerely,

Professor Gareth Ackland  
Chief Investigator of GlucoVITALClinical Professor of Perioperative Medicine & Honorary Consultant in Anaesthesia  
Queen Mary University of London & Barts Health NHS Trust

