

OurPERSPECTIVE Study:

Supporting life after womb cancer

Many women face tiredness, bladder or bowel changes, sleep problems and worries about cancer coming back after treatment. The **OurPERSPECTIVE course** is an 8-week online programme led by a nurse specialist. It gives reliable information, practical tips and peer support.



Would you like to help develop a survivorship course for other patients who have undergone treatment?

If you are over the age of 18 years, had womb cancer treatment and are resident in the UK we would love to hear from you.

What does it involve?	8 weekly online sessions (1–2 hours), short questionnaires, one feedback group.
How long?	The study will take 12-months, in total.
Do I have to take part?	No — it is your choice. It won't affect your care.

Want to know how the university will use your data? Please see the privacy notice on our webpage:

<https://le.ac.uk/policies/privacy/research/life-sciences-research>

This study is approved by the Health Research Authority and sponsored by the University of Leicester. Taking part is voluntary, and you may withdraw at any time.

Why is this study being done?

Many women experience ongoing physical and emotional challenges after treatment for womb cancer, and support after treatment can be limited. This study aims to help develop *OurPERSPECTIVE*, an online survivorship course designed to support women after treatment. By listening to women's experiences and feedback, we hope to ensure the course is useful, relevant, and supportive for future patients.



What will taking part involve?

If you choose to take part in this study, you will be invited to join an online group discussion or, in some cases, a one-to-one interview, held using Microsoft Teams and led by a member of the research team. These discussions will focus on your experiences of taking part in the *OurPERSPECTIVE* programme and whether it was acceptable and practical to take part. You will also be asked to complete short questionnaires about your health and wellbeing at around 3, 6, and 12 months after starting the programme; each set of questionnaires will take approximately 10 to 15 minutes to complete, and you can skip any questions you do not wish to answer.

The Benefits of taking part:

- ✓ Helpful tips for managing symptoms
- ✓ Meeting others with similar experiences
- ✓ Confidence in self-care
- ✓ Helping improve care for future women

Your Privacy

We take your privacy very seriously. All information you share with us is kept confidential and handled in line with UK GDPR and the Data Protection Act 2018. Only the University of Leicester research team will have access to your identifiable details.

How Your Data Is Kept Safe

- Your name and contact information are stored on secure university systems that require passwords and encryption.
- Only authorised members of the research team, who are trained in data protection, can view your identifiable information.
- All health and personal information are encrypted. This means they cannot be read without a secure digital key.
- No information is shared with anyone outside the research team unless required by law, or for monitoring by the study sponsor or NHS research regulators.

Why We Collect This Information

Because this study focuses on life after womb cancer, we ask you about your physical health, emotional wellbeing, and daily challenges after treatment. This helps us understand and meet the needs of cancer survivors. Your identifiable details are used only to stay in contact with you and will never be included in the study results. If you wish, a summary of the study results and what they mean will be emailed or posted out to you.

How Long We Keep Your Information

- Identifiable information will be deleted within **6 to 12 months** after you finish the programme.
- Research data, with your name removed, will be kept securely for **6 years**, which is required for good research practice, and then permanently destroyed.

Confidentiality During Sessions

Anything shared in group sessions remains confidential. We only break confidentiality if we are concerned about your safety or someone else's safety. When we write up the study, no one will be identifiable in any reports. Group sessions involve other participants; therefore, it is not possible to fully guarantee confidentiality. While all participants will be asked to respect each other's privacy, there is a small risk that information shared during the session could be discussed outside the group.

Taking Part Is Your Choice

Taking part is voluntary. You may withdraw at any point without giving a reason. If you withdraw, we will delete your identifiable information straight away. You may choose whether we can keep your anonymised data for analysis.

How You Can Provide Consent

You can choose the way that suits you best. Consent can be given:

- **In person**
- **By phone (remote)**

If you choose remote consent via phone, a member of your direct care team will fill in the consent form on your behalf. You may confirm your decision verbally to partake during the phone call. You will always receive a copy of your consent for your records. All consent information is stored securely.

Thank you

You will receive a £25 shopping voucher as thanks for your time.

Contact:

 LeicesterGCRG@le.ac.uk

 0116 252 5827