

## STATISTICAL ANALYSIS PLAN

**Analysis populations.** The primary analysis population includes all eligible participants with prealbumin measured on Day 1 and Day 7. A safety population includes all participants in whom nasogastric placement was attempted.

**Primary endpoint analysis.** The outcome is change in prealbumin from Day 1 to Day 7. The primary comparison is exposure to nasogastric short-peptide feeding versus conventional care. Because exposure is not randomised, confounding will be addressed using propensity score methods. A propensity score for receiving nasogastric short-peptide feeding within 24 hours is estimated with logistic regression including baseline covariates such as age, sex, site, ARDS severity ( $\text{PaO}_2/\text{FiO}_2$ , PEEP), haemodynamic status, recent transfusion, renal function, baseline albumin and prealbumin, contraindications to gastric feeding, and clinician preference proxies. The primary model is a weighted linear regression of change in prealbumin on exposure using stabilised inverse probability of treatment weights with robust standard errors clustered by site. A covariate-adjusted linear regression without weights serves as a co-primary model.

**Secondary endpoints.** Continuous secondary endpoints (albumin, nitrogen balance, caloric/protein intake) are analysed similarly using weighted or adjusted linear models. Biomarkers measured at multiple time points (C-reactive protein, interleukin-6) are analysed with weighted linear mixed-effects models including fixed effects for time and exposure $\times$ time interaction and random intercepts at the patient level. Binary endpoints (any feeding intolerance, aspiration, rebleeding, ICU-acquired infection) use weighted log-binomial or Poisson models with robust variance to estimate risk ratios. Time-to-event endpoints (time to first infection; ICU discharge) use weighted Cox models. Ventilator-free days to Day 14 are analysed as a zero-inflated count using a two-part model or as ordinal categories in a proportional odds model, with death assigned the worst outcome.

**Missing data.** If missingness in baseline covariates exceeds trivial levels, multiple imputation by chained equations will be used under missing at random assumptions; imputations will be performed within sites and combined using Rubin's rules. For outcomes missing due to early discharge before Day 7 labs, pattern-mixture sensitivity analyses will be performed, including best-case and worst-case bounds and inverse probability of censoring weights.

**Subgroups and interactions.** Prespecified subgroups include site, age ( $<65$  vs  $\geq 65$ ), ARDS severity ( $\text{PaO}_2/\text{FiO}_2 \leq 100$  vs  $101-200$ ), and presence of shock at baseline. Interaction terms will be tested cautiously and interpreted as exploratory.

**Sensitivity analyses.** Analyses will be repeated with 1:1 nearest-neighbour propensity-score matching with caliper and with overlap-weights targeting the population with clinical equipoise. Exposure redefinition windows (12 and 48 hours) will be evaluated to assess misclassification. A falsification endpoint not biologically related to nutrition will be analysed to probe residual confounding.

**Multiplicity and inference.** The primary endpoint will be tested at a two-sided alpha of 0.05. Secondary endpoints will be considered exploratory with false discovery rate control where appropriate. Effect estimates will be presented with 95% confidence intervals.

**Software and reporting.** Analyses will be performed in R or Python using validated packages. A reproducible code repository and analysis log will be archived with the final manuscript.