

Question about electronic ID

Required fields are marked with an asterisk*

Do you have an electronic ID (MinID or BankID)?

Yes

No

Information sheet and consent form

DO YOU WANT TO PARTICIPATE IN THE RESEARCH PROJECT “BETTER DIGITAL SERVICES TO SUPPORT YOUTHS’ WELLBEING, THOUGHTS AND FEELINGS (InvolveMENT)”?

We may all need good digital information and guidance about health. We are conducting a survey to help improve digital services for youth. We invite you to participate if you are from 16 to 25 years old and have a background as Sámi, Kven, Norwegian Finn, Jewish, Roma, Romani/Tater, Forest Finn, or a refugee from Africa, the Middle East or the surrounding countries, or if you have another background.

THE PURPOSE OF THE RESEARCH PROJECT AND WHY WE ARE INVITING YOU TO PARTICIPATE

This is an invitation to you, asking if you would like to participate in a research project aimed at understanding the experiences and perspectives of young people regarding their use of digital services. These include services such as websites, chat services, apps, or video calls with healthcare professionals. By participating, you will help increase the understanding of the needs of young people with a similar background to yours and how you experience the access to digital services which support wellbeing, thoughts and feelings. This will contribute to better tailoring of digital services so that they are able to meet the needs of young people, independent of cultural or ethnic background.

WHAT DOES PARTICIPATING ENTAIL FOR YOU?

Through this survey, we aim to learn more about your experiences with digital services and your opinions on them. If you have not used such services, we are interested in knowing why. We would also like to know a little bit about your background, including your age, gender, ethnic background or country, language, education and work, and how you are doing. The survey takes about 15 minutes to complete. No one other than the researchers working with the InvolveMENT project will have access to the responses to the survey. You do not need to do anything more than respond to the survey in order to participate in the study.

POSSIBLE BENEFITS AND DRAWBACKS OF PARTICIPATING

Your experiences with using digital services to support wellbeing, thoughts and feelings can help us to understand how these services should be adapted. There should be no disadvantages to participating other than the time you have to spend filling out the survey. You will receive a gift card worth NOK 50 as a thank you for completing the survey.

VOLUNTARY PARTICIPATION AND OPTION TO WITHDRAW YOUR CONSENT

Participation in the project is voluntary. If you wish to participate, please check the box after this information at the bottom of this page. You will then have the opportunity to take part in the survey. You can withdraw your consent at any time and without providing a reason for why you wish to withdraw. There will be no negative consequences for you if you choose not to participate or later decide to withdraw. You can request to see the information that is stored about you, and if so, you will receive it within 30 days. You can also request that the information that is stored about you is corrected or deleted up until the data has been anonymized, analyzed, or the results have been published. If you have questions about the project or wish to withdraw your participation, please contact us via the contact information below.

WHAT HAPPENS TO THE INFORMATION YOU PROVIDE?

The information recorded about you will only be used as described in this information sheet, up until June 2027. Any extensions regarding the use and storage time after the research project has been completed can only take place following approval from the Regional Committee for Medical and Health Research Ethics (REK) and other relevant authorities.

All information will be processed without names, personal identification numbers, or any other information that can identify who you are. It is only the researchers working with this project at the University of Stavanger and UiT The Arctic University of Norway who will have access to your responses. A code links you to your information through a name list. It is only the project leader, Petter Viksveen, and the other researchers at the University of Stavanger who will have access to this list. All the information you provide will be handled and stored securely.

The results of the survey will be published in scientific journals, articles, and presentations. No personal information about individual participants, such as your name, will be shared. You will not be identifiable in the publications. After the research project is completed, your information will be stored for five years for control purposes.

YOUR RIGHTS AND PRIVACY

We will only use your information for the purposes we have described here, and we will treat it confidentially and in accordance with privacy regulations. You have the right to:

- see what personal information is registered about you and receive a copy of the information
- have your personal information corrected
- have your personal information deleted
- file a complaint with the Data Protection Authority regarding the processing of your personal information

DO YOU WISH TO FILE A COMPLAINT?

Please contact the Data Protection Authority if you wish to file a complaint about the processing of your personal information. They can be reached by email at postkasse@datatilsynet.no or by phone at 22396900.

INSURANCE

The University of Stavanger is self-insured (responsible for insurance).

APPROVALS

The Regional Committee for Medical and Health Research Ethics has conducted an ethical review and approved the project (case number 780840). The University of Stavanger and project leader Petter Viksveen are responsible for the participants' privacy in the project. We process the information based on your signed consent form in accordance with the Data Protection Act. The privacy has been assessed by Sikt – the Norwegian Agency for Shared Services in Education and Research (case number 374832).

If you have questions about privacy processing, please contact the Data Protection Officer at the University of Stavanger via email at personvernombud@uis.no or by calling 51833081. If you have questions for Sikt – the Norwegian Agency for Shared Services in Education and Research, please contact them via email at kontakt@sikt.no or by calling 73 98 40 40.

WHO CAN YOU CONTACT IF YOU HAVE ANY QUESTIONS?

If you have any questions, please contact Petter Viksveen, PhD, project manager, University of Stavanger, via email petter.viksveen@uis.no or telephone 51832737, or the University of Stavanger via email personvernombud@uis.no.

If you need to talk to someone about how you are doing, you can contact:

The school nurse at your school or local health centre.

Your doctor/General Practitioner (GP).

Mental Health's helpline at 116123.

Call the emergency number 113 if you need urgent help.

The Sámi Norwegian National Advisory Unit on Mental Health and Substance Use (SANKS) at 78 96 74 20

or <https://www.finnmarkssykehuset.no/nyheter/trenger-du-noen-a-snakke-med>

YOUR CONSENT

I confirm that I have read the information above and that I want to participate in the survey

Yes

No

I confirm that you can contact me again for new surveys

(You can participate in the study even you do not wish to be contacted again or if you do not wish to share your email or mobile number)

Email:

Mobile number:

We need this information to be able to send you a gift card as a thank you for your participation and to inform you about any follow-up studies.

What is your background?

I have a background as an Indigenous person (Sami), national minority (Jewish, Kven, Norwegian Finn, Roma, Romani/Tater, Forest Finn) or a refugee from Africa, the Middle East or surrounding countries.

I DO NOT have a background as an Indigenous person (Sami), national minority (Jewish, Kven, Norwegian Finn, Roma, Romani/Tater, Forest Finn) or a refugee from Africa, the Middle East or surrounding countries.