

## Participant Information Sheet

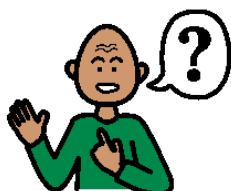
**Study Title:** Does the use of a robotic rehabilitation trainer (RRT) improve QOL, ROM & functional goals in children with CP? HEROIC trial

**Please note this information sheet should be read through to the potential participant by an adult.**



### Introduction

We'd like you to take part in our research study. We will go through this information sheet with you, to help you choose whether or not you would like to take part and answer any questions. Please talk to your family, teacher or physio about it if you want.



### What is the purpose of the study?

Research is a way we try to find out the answers to questions.

This research is being done to find out if the Innowalk helps you and the muscles and joints in your legs.



### Why have I been invited?

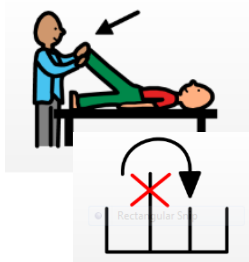
You have been asked to take part because the research is looking into the effects of the Innowalk in children who use a wheelchair like you.



### Is it OK to take part?

A group of people called an ethics committee have checked that the research is fair.

Your parents have agreed for you to take part if you want to.



### What do you have to do?

To take part you will have measurements taken of your legs by your physiotherapist and your parents will be asked some questions which they might want your help with.

First the physio will measure will your legs

You will then use the Innowalk in school for 30 minutes 4x a week for 6 weeks.

Next the physio will measure your legs again





After some more time the physio will measure your legs again. Your parents will be asked some more questions which they might want your help with.

You will take part in this research at school and some of your friends in your class might be a part of the research too.



### Do I have to take part?

No you can choose if you want to.

### Will taking part help me?

We don't know if taking part in this study will help you until you have finished, but it will help us to know more about the use of the Innowalk in children like you.



### What if something goes wrong?

If at any time there is a problem, you can let **anyone** know and we can stop to fix it.



### Will my information be kept private? Will anyone else know that I am taking part?

When the research is finished, it will be written down and talked about, but no one will know that **you** took part.



### What do I do if I don't want to take part in the research anymore?

Just tell anyone. You can choose .



### Any questions?

## How to contact the research team

<b>Trial Coordinator/Manager</b>
Clare Dorset-Purkis
Paediatric Physiotherapist
clare.dorset-purkis@nhs.net
02077864804

Richard Cloudesley School Primary
101 Whitecross Street,
London
EC1Y 8JA

*You will be given a copy of the information sheet and a signed consent form to keep.  
Thank you for considering taking part or taking time to read this sheet.*

**This information document explains how health researchers use information from patients. If you are asked to take part in research, you can ask what will happen in the study.**

### **How will we use information about you?**

We will need to use information from your medical records for this research project.

This information will include your name/NHS number. People will use this information to do the research or to check your records to make sure that the research is being done properly.

People who do not need to know who you are will not be able to see your name or contact details. Your data will have a code number instead.

We will keep all information about you safe and secure.

Once we have finished the study, we will keep some of the data so we can check the results. We will write our reports in a way that no-one can work out that you took part in the study.

### **What are your choices about how your information is used?**

- You can stop being part of the study at any time, without giving a reason, but we will keep information about them that we already have.
- If you choose to stop taking part in the study, we would like to continue collecting information about your health from NHS records. If you do not want this to happen, tell us and we will stop.
- We need to manage your records in specific ways for the research to be reliable. This means that we won't be able to let you see or change the data we hold about you.

The DPO for **Whittington Health NHS Trust** can be contacted via email at [InformationGovernance.Whitthealth@nhs.net](mailto:InformationGovernance.Whitthealth@nhs.net) or by calling 0207 288 3077.

### **Where can you find out more about how your information is used?**

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You can find out more about how we use your information

- at [www.hra.nhs.uk/information-about-patients/](http://www.hra.nhs.uk/information-about-patients/)
- by asking one of the research team
- by sending an email to [clare.dorset-purkis@nhs.net](mailto:clare.dorset-purkis@nhs.net)
- by ringing us on 02077864804.