

100 parents were recruited, 75 completed the programme. At three months post-baseline, the intervention group (Arm 1, n=23) showed greater improvements than the control group (Arms 2 & 3, n=67). Mean TOPSE scores were 382.3 (SD = 47.10) in the intervention group compared with 313.0 (SD = 50.60) in the control group $p < 0.001$. Similarly, mean scores for the ECBI-I were 140.0 (SD = 31.5) versus 167.3 (SD = 25.8; $p < 0.001$), and for ECBI-P were 12.5 (SD = 8.03) versus 22.7 (SD = 6.56; $p < 0.001$).

Conclusion: Online 1-2-3 Magic improved parent's self-efficacy and reduced child problem behaviours, supporting the feasibility and effectiveness of scalable online parent training for children with ADHD.