

Pre-operative intentional weight loss to support post-operative recovery in patients with overweight and endometrial cancer: the ENDO-CARE feasibility randomised controlled trial

(Short title: Could supported weight loss reduce womb cancer surgery complications?)

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CHANGES FROM PREVIOUS VERSION OF SAP

This is a summary of key changes from earlier versions of the SAP, with particular relevance to protocol changes that have an impact on the design, definition, sample size, data quality/collection and analysis of the outcomes. The protocol version number and date are included.

| Version number Issue date | Author of this issue | Protocol Version & Issue date | Significant changes from previous version together with reasons |
|------------------------------|----------------------|-------------------------------|--|
| V1.0_08Apr2025 | Martyn Hill | V6.0_17Mar2025 | Not applicable as this is the 1st issue |
| V2.0_19Aug2025 | Martyn Hill | V6.0_17Mar2025 | Various as follows |
| | | | Addition of Comprehensive Complication Index (CCI). This analyses morbidity. This outcome is validated and is more sensitive to change than the traditional Clavien-Dindo grading. Addition of sensitivity analysis adjusting analyses for study site, using site as random effect term. |

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1. INTRODUCTION

The ENDO-CARE SAP includes this text

3.7.2 Secondary and other outcomes

Further details regarding the secondary outcomes will be provided at a later date, (provisionally in a supplementary document) prior to database lock.

Excerpt from ENDO-CARE_SAP_v1.0_14Mar2023.docx

This is that supplementary document.

2. OVERVIEW

The secondary outcomes will be summarised descriptively by trial group. If appropriate, the effect size and 95% confidence intervals will be estimated with regression models. Both absolute and relative effect sizes will be reported.

Complications will be summarised using one or more of the following:

- count/percentage of participants with any complication
- count/percentage of participants with any complication by grade
- count/percentage of participants with the highest grade of complication reported
- count/percentage of participants with any type of complication
- count of total complications.

3. DEFINITION OF POPULATION FOR ANALYSIS

Main analysis: All randomised participants that underwent surgery will be included in the main analysis on an intention-to-treat basis (ITT) regardless of withdrawal or non-adherence. An intention-to-treat basis assigns all randomised participants to their originally allocated group, whether they received their allocated randomised treatment arm approach or not, or dropped out or not. Participants who had their surgery less than 20 days since randomisation will be excluded from this analysis.

Per-protocol analysis: We will also conduct an analysis on a per-protocol basis. A per-protocol basis includes only those randomised participants who met all eligibility criteria, had no major deviations from the study procedures, and adhered to their assigned interventions. For the intervention group, this includes the participants who achieved $\geq 5\%$ weight loss from baseline to the day of surgery. For participants in the usual care group, this excludes those who lost $\geq 5\%$ weight loss from baseline to the day of surgery. Participants who had their surgery less than 20 days since randomisation will be excluded from this analysis.

Adverse events: The adverse event analysis will include the participants in the control group and the participants commencing the intervention in the intervention group.

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4. USE OF MODELS

4.1 Input variables

The SAP states that the mean and 95% confidence intervals for the secondary outcome variables will be estimated with adjusted regression models. Those adjustments will be our four input variables, specifically:

- treatment group. There are two treatment groups, the control and the intervention.
- baseline value (where applicable)
- time point (where applicable)
- stratification variables. The two stratification variables are BMI (</≥40 kg/m2) and age at diagnosis ((</≥65 years). These will be combined into one [1][2].

The extension from regression models to mixed models was not explicitly stated but is assumed. Such models will have fixed effects and may be further extended to include a random effect and/or an interaction. Details of those models include:

- The fixed effects are the adjustments
- The random effect is the participant/study ID
- The interaction is multiplicative. For example, an interaction between the treatment group and the time point (both of which are fixed) will be considered.

In models with interaction terms, the treatment effect will be the interaction term. In models without an interaction term, the treatment effect will be the treatment group.

4.2 Output variables

We expect to model all secondary outcome variables, except survival, recurrence, new primary/secondary cancer, re-admission rates, re-operation rates, costs and resource use, and adverse events. The final decision will depend on the available data. For example, if the counts for conversion to open surgery rates are very low, we will not model this outcome.

Therefore, we plan on analysing:

- Morbidity (five variables not including 2iii survival)
- Operative outcomes (seven variables not including re-operation and re-admission rates)
- Hospital stay (two variables)
- Anthropometry (two variables)
- Fitness (one variable)
- Health-related quality of life (HRQoL) (three variables)

That's twenty variables equating to at least 20 models, as some of those variables will be further subdivided (eg HRQoL variable "EQ-5D-5L" has two subdivisions, index and VAS).

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4.3 Model selection for a given outcome variable

See Appendix "Use Of The Word "Linear" In Linear Models" for an explanation of the use of the word "linear" even if the underlying curve is a higher polynomial

The output variables may be continuous or categorical and the input variables may be categorical or continuous. This would imply a logistic model (logistic regression or discriminant analysis) or a linear model (linear regression or ANOVA or ANCOVA or mixed) or a generalized model (GLM) approach. As GLMs are the most capable, we will use GLMs for our models where possible.

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5. LIST OF SECONDARY OUTCOMES

Table: secondary outcomes

| Objectives | Outcome Measures | Timepoint(s) | Туре | Distribution |
|-------------------------|--|--|----------------|--------------|
| To report between- | Outcome Measures | Timepoint(s) | туре | Distribution |
| group differences in | | | | |
| 2. Morbidity | i. Any morbidity | iii. Discharge and 30-days post-op | Binary | Binomial |
| 2. Wording | ii. Morbidity by grade (I, II, IIIa, IIIb, IVa, IVb) | ditto | Binary | Binomial |
| | ii. Morbidity by highest grade | ditto | Binary | Binomial |
| | ii. Number of people with no morbidity | ditto | Binary | Binomial |
| | ii. Morbidity by type (e.g., arrythmia, wound | ditto | Binary | Binomial |
| | infection, etc) | | | |
| | ii Comprehensive Complication Index (CCI) | ditto | Zero-inflated | Tweedie |
| | | | continuous | |
| | iii. Survival (Grade V) | iii: Discharge, 30-days post-op, 3 yrs | N/A: not model | |
| 3. Oncological outcomes | iv. Fitness to receive planned adjuvant therapy | iv. 30-days post-op | Binary | Binomial |
| | v. Recurrence | v-vi: 3 years | N/A: not model | * |
| | vi. New primary/ secondary cancer | ditto | N/A: not model | |
| 4. Operative outcomes | vii. Intraoperative blood loss | | • | |
| | Count/rate (transfused Y/N) | vii-ix: Discharge | Binary | Binomial |
| | units transfused (including untransfused) | ditto | Continuous | See lookup |
| | viii. Operative time | ditto | Continuous | See lookup |
| | ix. Conversion to open surgery | ditto | Binary | Binomial |
| | x. Surgical site infection | x-xiii: Discharge and 30-days post-op | Binary | Binomial |
| | xi. Length of time in intensive care unit | ditto | Continuous | See lookup |
| | xi. Length of time in high dependency unit | ditto | Continuous | See lookup |
| | xii. Re-operation rates | xii-xiii: 30-days post-op and 3 years | N/A:not model | |
| | xiii. Re-admission rates | ditto | N/A:not model | |
| 5. Hospital stay | xiv. Length of hospital stay (fitness to discharge) | xiv: Discharge | Time-to-event | See lookup |
| | xv. Days alive and out of hospital | xv: 30-days post- operatively | Time-to-event | See lookup |
| 6. Anthropometry | xvi. Weight | xvi-xvii: Baseline, pre-operative | Continuous | See lookup |
| | | assessment 4, and 30 days post-op | | |
| | xvii. Fat-free mass (absolute kg) | ditto | Continuous | See lookup |
| | xvii. Fat-free mass (relative %) | ditto | Continuous | See lookup |
| 7. Fitness | xviii. Time for sit-to-stand test | xviii: Baseline, 30 days post-op | Continuous | See lookup |
| 8. HRQoL | xix. EQ-5D-5L (Index score) | xix-xx: Baseline, pre-operative | Continuous | See lookup |
| | | assessment 3 and 30 days post-op | | |
| | xix. EQ-5D-5L (VAS) | ditto | Continuous | See lookup |
| | xx. HADS (anxiety) continuous | ditto | Continuous | See lookup |
| | xx. HADS (depression) continuous | ditto | Continuous | See lookup |
| | xxi. EORTC-QLQ-EN24 | | . | |
| | 29 individual items | ditto | N/A: not model | |
| 9. Costs & resource use | N/A - dealt with by health economics | | Т. | |
| 10. Adverse events | xxii. Adverse events (excluding morbidity i-vi) | xxii: Baseline, pre-operative | N/A: not model | |
| | | assessment and 30 days post-op | | |

Details of each variable are provided below.

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6. MORBIDITY

Morbidity

| # | Outcome Measures | Control | Intervention | Delta |
|----|--|---------|--------------|-------|
| 2a | i. Any morbidity | | | |
| | At or prior to discharge | Χ | Х | Х |
| | Between discharge and 30 days | Χ | Х | Х |
| | Other | Χ | Х | Х |
| | Total | Χ | Х | Х |
| | At or prior to discharge | Χ | Х | Х |
| | OR between discharge and 30 days | | | |
| 2b | ii. Morbidity by grade (I, II, IIIa, IIIb, IVa, IVb) | | | |
| | at least one Grade I | Χ | Х | Х |
| | | Χ | Х | Х |
| | at least one Grade IVb | Х | Х | Х |
| | Other | Χ | Х | Х |
| | Total | Χ | Х | Х |
| 2c | ii. Morbidity by highest grade | Χ | Х | Х |
| 2d | ii. Number of people with no morbidity | Χ | Х | Х |
| 2e | ii. Morbidity by type (eg arrythmia, wound infection, etc) | | | |
| | Туре | Χ | Х | Х |
| | | Χ | Х | Х |
| | Туре | Х | Х | Х |
| | Other | Χ | Х | Х |
| | Total | Х | Х | Х |
| 2f | ii. Comprehensive Complication Index (CCI) | Х | Х | Х |
| 2g | iii. Survival (grade V) | Х | Х | Х |

Note: the "other" categories are included for completeness and will be omitted if absent

Note: this is a list of patients, not complications. Because a patient can have more than one complication of different times/grades, an arm may not add to 100%. See appendices for worked examples

6.1 i. Any morbidity

This secondary outcome is reported regardless of timepoint. The information to calculate it is derived from the morbidity grade as specified on the CRFs Complications Grading 1 and Complications Grading 2. It is a binary variable and collectively a count/rate (0-n/%). The entry is defined as the number of patients with at least one complication divided by the number of patients.

For worked examples of this please see the appendices.

6.2 ii. Morbidity by grade (I, II, IIIa, IIIb, IVa, IVb)

This secondary outcome is reported by grade regardless of timepoint (i.e., a complication can occur at either discharge or 30-days follow-up). The information to calculate it is derived from the morbidity grade as specified on the CRFs Complications Grading 1 and Complications Grading 2. The entry for each grade X is is defined as the number of patients with at least one complication of grade X divided by the number of patients. It is a categorical variable. Each category is a count/rate (0-n/%) and will be modelled as a binary variable.

For worked examples of this please see the appendices.

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6.3 ii Morbidity by highest grade

As ii above. This secondary outcome is reported for a single grade regardless of timepoint. If a participant has one coded complication, the grade of that complication will count as the highest graded morbidity. If a participant has at least two complications, the highest grade will be counted for this variable. It is a categorical variable & each category is a count/rate (0-n/%). Each category will be modelled as a binary variable.

For worked examples of this please see the appendices.

6.4 ii. Number of people with no morbidity

As i above.

6.5 ii. Morbidity by type (eg arrythmia, wound infection, etc)

This secondary outcome is reported regardless of timepoint. The information to calculate it is derived from the complication type as specified on the CRFs Complications Grading 1 and Complications Grading 2 (as derived from previous CRFs eg Hospital Stay and Discharge). It is a categorical variable & each category is a count/rate (0-n/%). Each category will be modelled as a binary variable.

6.6 ii. Comprehensive Complication Index (CCI)

This exploratory outcome assesses morbidity using the Clavien-Dindo grading. It weighs all complications up to 30 days postoperatively that occur in a participant on a 0-100 scale (https://www.cci-calculator.com/). CCI is validated, objective, and sensitive to change.^[9-11] We decided to assess this outcome and prespecified it before the database lock. Given the zero-inflated and right-skewed distribution of this continuous outcome, we plan to use a Tweedie distribution to model it.

6.7 iii. Survival (grade V)

This secondary outcome is reported for a single grade regardless of timepoint. The information to calculate it is derived from the morbidity grade as specified on the CRFs Complications Grading 1 and Complications Grading 2. It is a binary variable and collectively a count/rate (0-n/%). Given the expected low count, it is unlikely that this will be analysed statistically.

7. ONCOLOGICAL OUTCOMES

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Oncological Outcomes

| # | Outcome Measures | Control | Intervention | Delta |
|----|--|---------|--------------|-------|
| 3a | iv.Fitness to receive planned adjuvant therapy | Х | Х | Х |
| 3b | v. Recurrence | Х | Х | Χ |
| 3c | vi. New primary/ secondary cancer | Χ | Х | Χ |

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7.1 iv. Fitness to receive planned adjuvant therapy

This secondary outcome is reported at 30-days follow-up. The information to calculate it is derived from the CRF Treatment. It is a binary variable and collectively a count/rate (0-n/%).

7.2 v. Recurrence

This secondary outcome is reported at 3 years. The information to calculate it is derived from the recurrence or metastatic type data on the CRF. It is a binary variable and collectively a count/rate (0-n/%). Due to low expected numbers, we do not plan an analysis for this. It will be depicted using survival curves.

7.3 vi. New primary/ secondary cancer

This secondary outcome will be collected at the 3-year follow-up. It is a binary variable and collectively a count/rate (0-n/%). Due to low expected numbers, we do not plan an analysis for this It will be depicted using survival curves.

8. OPERATIVE OUTCOMES

Operative Outcomes

| # | Outcome Measures | Control | Intervention | Delta |
|----|---|---------|--------------|-------|
| 4a | vii. Intraoperative blood loss | | | |
| | Count/rate (transfused Y/N) | Χ | Х | Х |
| | number of units transfused (including untransfused) | Χ | Х | Х |
| 4b | viii. Operative time | Χ | Х | X |
| 4c | ix. Conversion to open surgery | Χ | Х | X |
| 4d | x. Surgical site infection | Χ | Х | X |
| 4g | xi. Time in intensive care unit | Χ | Х | Х |
| 4g | xi. Time in high dependency unit | Χ | Х | Х |
| 4h | xii. Re-operation rates | Χ | Х | X |
| 4i | xiii. Re-admission rates | Χ | Х | Х |

8.1 vii. Intraoperative blood loss

This outcome is reported using two variables: by the presence of intraoperative blood transfusion and by the number of units transfused (including the untransfused). The information to calculate it is derived from the fact of an intraoperative blood transfusion and the number of blood units used. These variables are recorded on the CRF Hospital Stay and Discharge.

The first variable is a binary variable and collectively a count/rate (0-n/%). The second variables are continuous variables and measurements of amount.

8.2 viii. Operative time

The information to calculate this outcome is derived from the total time taken for the procedure on the CRF Hospital Stay and Discharge. It is a continuous variable and a measurement of time.

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8.3 ix. Conversion to open surgery

The information to calculate this outcome is derived from the operation performed as recorded on the CRF Hospital Stay and Discharge. It is a binary variable and collectively a count/rate (0-n/%).

8.4 x. Surgical site infection

The information to calculate this outcome is derived from the complications data on CRF Complications Grading 1 (as derived from previous CRFs eg Hospital Stay and Discharge). It is a binary variable and collectively a count/rate (0-n/%).

8.5 xi. Time in intensive care unit and time in high dependency unit

The information to calculate these two lengths of time is derived from the ward and time details on the CRF Hospital Stay and Discharge. Each one is a continuous variable and a measurement of time.

8.6 xii. Re-operation rates

The information to calculate this outcome is derived from the return to theatre data on the CRFs Hospital Stay and Discharge. It is a binary variable and collectively a count/rate (0-n/%).

8.7 xiii. Re-admission rates

The information to calculate this outcome is derived from the readmission data on the CRF Hospital Stay and Discharge. It is a binary variable and collectively a count/rate (0-n/%).

9. HOSPITAL STAY

| 1 | Ħ | Outcome Measures | Control | Intervention | Delta |
|---|----|---|---------|--------------|-------|
| | 5a | xiv. Length of hospital stay (fitness to discharge) | Х | Х | Х |
| [| 5b | xv. Days alive and out of hospital | Х | Х | Х |

9.1 xiv. Length of hospital stay (fitness to discharge)

We will calculate the numbers of days of hospital stay using the date of admission and the date of discharge. The information to calculate it is derived from the admission and discharge data on the CRFs Admission and Hospital Stay and Discharge. It is a time-to-event variable and a measurement of time. Instructions for modelling time-to-event variables are given in the appendices.

9.2 xv. Days alive and out of hospital

This secondary outcome is displayed by timepoint. We will calculate the number of days based on the dates of admission, discharge, and 30-day follow-up. The information to calculate it is derived from the discharge and other data on the CRFs Hospital Stay and Discharge and Anthropometry. It is a time-

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to-event variable and a measurement of time. Instructions for modelling time-to-event variables are given in the appendices.

The possibility of censorship must be noted here.

- If somebody has surgery on the 1st, discharged on the 10th and followed-up on the 30th, then on the 30th the state is known: at that date the days alive and out of hospital is known to be 20 days.
- But if somebody has surgery on the 1st, discharged on the 10th and followed-up on the 27th, then on the 30th the state is not known with certainty as they may have died in the meantime.

To prevent this censorship, we will seek confirmation from the local research teams that the person is still alive on the 30th.

10. ANTHROPOMETRY

| # | Outcome Measures | Control | Intervention | Delta |
|----|---------------------|---------|--------------|-------|
| 6a | xvi. Weight | X | Χ | Х |
| 6b | xvii. Fat-free mass | X | Χ | Χ |

10.1 xvi. Weight

This secondary outcome is displayed by timepoint. The information to calculate it is derived from the weight data on the CRFs Anthropometry and Screening Visit. It is a continuous variable and a measurement of mass.

10.2 xvii. Fat-free mass

This secondary outcome is displayed by timepoint. The information to calculate it is derived from the weight and body fat data on the CRFs Anthropometry and Screening Visit. It is a continuous variable and a measurement of mass. It is reported both as an absolute value (the fat-free mass in kg) and a relative value (the fat-free mass divided by the weight and depicted as a % of body mass).

11. FITNESS

| | # | Outcome Measures | Control | Intervention | Delta |
|---|----|-----------------------------------|---------|--------------|-------|
| ſ | 7a | xviii. Time for sit-to-stand test | Χ | Χ | Χ |

11.1 xviii. Time for sit-to-stand test

This secondary outcome is displayed by timepoint. The information to calculate it is derived from the sit-to-stand data on the CRF Sit To Stand Test. It is a continuous variable and a measurement of time.

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12. HRQOL (HEALTH-RELATED QUALITY OF LIFE)

| # | Outcome Measures | Control | Intervention | Delta |
|----|-------------------------|---------|--------------|-------|
| 8a | xix. EQ-5D-5L | | | |
| | Index score | Χ | Χ | Χ |
| | VAS | Χ | Χ | Χ |
| 8b | xx. HADS | | | |
| | Anxiety (continuous) | Х | Х | Х |
| | Depression (continuous) | Х | Х | X |
| 8c | xxi. EORTC-QLQ-EN24 | | | |
| | individual items | Х | Х | Х |

12.1 xix. EQ-5D-5L

This secondary outcome is displayed by timepoint. The information to calculate it is derived from the CRF EQ-5D-5L. It is in two parts: a summary index value derived from the code, and a visual analogue scale score (VAS). Instructions for calculating these values are given in the appendices.

- The EQ-5D-5L summary index value ranges from less than 0 (indicating a health state worse than death) to 1 (indicating full health). Higher scores represent better health states.
- The EQ-5D-5L Visual Analogue Scale (VAS) ranges from 0 to 100. The maximum value is 100 and represents the best health you can imagine. The minimum value is 0 and represented the worst health you can imagine.

We will treat both variables as scores and continuous variables. The scoring rules are in the appendices.

12.2 xx. HADS (anxiety)

This secondary outcome is displayed as both a continuous and categorical variable. The information to calculate it is derived from the CRF HADS and Pre-Surgery Questionnaire. It is a score. The scoring rules are in the appendices. The continuous version is detailed here. The other variants are detailed in the subgroup analysis.

Continuous. The continuous version of this variable will be a number derived from that score.
 It will be modelled as a continuous variable

12.3 xx. HADS (depression)

This secondary outcome is displayed as both a continuous and categorical variable. The information to calculate it is derived from the CRF HADS and Pre-Surgery Questionnaire. It is a score. The scoring rules are in the appendices. The continuous version is detailed here. The other variants are detailed in the subgroup analysis.

Continuous. The continuous version of this variable will be a number derived from that score.
 It will be modelled as a continuous variable

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12.4 xxi. EORTC-QLQ-EN24

This secondary outcome is displayed by timepoint. The information to calculate it is derived from the CRF EORTC QLQ - EN24. It is a continuous variable and a score. The scoring rules are in the appendices. The score will be calculated for the 24 individual items. The 24 individual items will be descriptive only

13. COSTS AND RESOURCE USE

These outcomes will be calculated as part of the health economics section of the trial and are, therefore, not covered in this document.

14. ADVERSE EVENTS

| # | Outcome Measures | Control | Intervention | Delta |
|-----|----------------------|---------|--------------|-------|
| 10a | xxii. Adverse events | X | Χ | Χ |

14.1 xxii. Adverse events

The information to calculate it is derived from CRF Adverse Events (any time). It is a categorical variable & each category is a count/rate (0-n/%).

| # | Outcome Measures | Control | Intervention | Delta |
|-----|--|---------|--------------|-------|
| 10b | xxii. Adverse events (by severity) | | | |
| | N of AEs in category Mild | Χ | Χ | Χ |
| | N of AEs in category Moderate | Χ | Χ | Χ |
| | N of AEs in category Serious | Χ | X | Χ |
| 10c | xxii. Adverse events (by seriousness) | | | |
| | N of AEs in category Serious | Χ | X | Χ |
| | N of AEs in category Non-serious | Χ | Х | Χ |
| 10d | xxii. Adverse events (misc) | | | |
| | N of people with at least one AE | Χ | Х | Χ |
| | N of people with at least one moderate AE | Χ | Х | Χ |
| | N of people with at least one serious AE | Χ | X | Χ |
| | N of people with at least one SAE | Χ | Х | Χ |
| | N of people with at least one moderate AE and/or SAE | Χ | Х | Χ |

15. FURTHER CONSIDERATIONS ON THE ANALYTICAL APPROACH

15.1 Missing data

Missing data will be checked and either corrected if wrong or left if legitimate. Missing data will not be imputed (but see sensitivity analysis). The amount of missing data will be quantified and analyses for variables with missing data will be noted as such.

Mixed effects models usually do not require imputation as they are usually robust to missing data (although this depends if missing data is missing at random or not).

15.2 Outliers

Outliers will be checked and either corrected if wrong or left if legitimate. Outliers will not be removed. Analyses for variables with outliers will be noted as such. There are various methods of identifying an outlier, including the "3SD's beyond the mean" heuristic. We will use the "1.5IQR rule": outliers will be those points below Q1 - 1.5IQR, or above Q3 + 1.5IQR [6].

15.3 Subgroup Analyses

As stated in the section named "Statistics and Analysis" in the protocol, no formal subgroup analyses are planned. However, subgroup analyses requested after the protocol was written are permissible on an exploratory and descriptive basis at the discretion of the Trial Statistician. These subgroup analyses are referred to as "informal". With the exception of the stratification factors (see sensitivity analysis below) those informal analyses are descriptive and without the need to calculate or report p-values.

15.3.1 HADS (anxiety)

| # | Out | come Measures | Control | Intervention | Delta |
|----|-------|---|---------|--------------|-------|
| 8b | xx. l | HADS | | | |
| | • | Anxiety (is +ve change since baseline >= MCID, Y/N) | X* | X* | χ† |
| | • | Anxiety (is -ve change since baseline >= MCID, Y/N) | X* | X* | χ† |

^{† =} difference between arms: ie compare the control change since baseline to the intervention change since baseline.

- Anxiety (is +ve change since baseline >= MCID, Y/N)
 - This is the proportion of participants with a positive change at the pre-op 3 assessment since baseline of at least 1.7 points as the minimum clinically important difference (Y/N). This is a binary variable.
- Anxiety (is -ve change since baseline >= MCID, Y/N)
 - This is the proportion of participants with a negative change at the pre-op 3 assessment since baseline of at least 1.7 points as the minimum clinically important difference (Y/N). This is a binary variable.

The minimum clinically important difference for HADS is 1.7 points, see Lemay KR, et al [8]

15.3.2 HADS (depression)

| # | Out | come Measures | Control | Intervention | Delta |
|----|----------|--|---------|--------------|-------|
| 8b | xx. HADS | | | | |
| | • | Depression (is +ve change since baseline >= MCID, Y/N) | X* | X* | χ† |
| | • | Depression (is -ve change since baseline >= MCID, Y/N) | Χ* | X* | χ† |

 $[\]dagger$ = difference between arms: ie compare the control change since baseline to the intervention change since baseline.

As HADS (anxiety) above.

^{* =} this is a count and percentage of all the patients in that arm whose change since baseline exceeds the MCID.

^{* =} this is a count and percentage of all the patients in that arm whose change since baseline exceeds the MCID.

15.4 Sensitivity Analyses

Sensitivity analyses will be done on at least the following:

- Per-protocol analysis. The per-protocol analysis will repeat the above models using the per-protocol population as defined in section 3.
- **Stratification factors.** The two stratification factors are BMI (</≥40 kg/m2) and age at diagnosis ("< 65 years" and "≥65 years"). For sensitivity analysis we will do the following:
 - Repeat the models with an interaction term between age at diagnosis ("< 65 years" and "≥65 years") and treatment. This will be expanded to "...and treatment and time" if time is an input variable, see below.
 - Repeat the models with an interaction term between BMI (</≥40 kg/m2) and treatment.
 This will be expanded to "...and treatment and time" if time is an input variable, see below.
 - Models measuring the state at one timepoint (eg discharge) or the state change between two timepoints will not need a time variable. Models measuring the state at two or more timepoints (eg baseline vs admission vs 30-days post-op) will need a time variable. In such cases, the interaction above will include the time variable. The paper at [7] is an example of this.
- **Sites.** We will perform further analyses of morbidity, oncological outcomes, and operative outcomes by study site. Per the literature, [12] those analyses will use site as a random effect term.
- Other. Other sensitivity analyses may be conducted if deemed necessary by the Trial Statistician.

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ENDO-CARE supplemental

Author: Martyn Hill

Pre-operative intentional weight loss to support post-operative recovery in patients with overweight and endometrial cancer: the ENDO-CARE feasibility randomised controlled trial. IRAS Project ID: 324534

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17. APPENDIX: SCORING RULES

Where available, scoring rules are given below. To reduce duplication, rules that are explicated in the tables above are not duplicated here.

17.1 EQ-5D-5L: HRQoL using Patient Reported Outcome Measure (PROMs) EQ-5D-5L

- Sources: https://euroqol.org/wp-content/uploads/2021/01/EQ-5D-5LUserguide-08-0421.pdf
- Online calculator: https://euroqol.org/wp-content/uploads/2020/12/ENG_valueset_STATA.txt

17.1.1 Summary index value

Each variable has a tick box, where each dimension has five response levels: 1=no problems, 2=slight problems, 3=moderate problems, 4=severe problems, 5=unable to /extreme problems.

The answers are concatenated into a code (eg "12213") and converted to a utility code, either manually or via code such as STATA. The scoring rules to translate the code into a utility code can be gotten from the user guide "EQ-5D-5L User Guide" at the EQ-5D website at https://euroqol.org/wp-content/uploads/2021/01/EQ-5D-5LUserguide-08-0421.pdf

Conversely, the scoring rules for translating the code to an utility code can be deduced by looking at the STATA code available https://euroqol.org/wp-content/uploads/2020/12/ENG_value-set_STATA.txt. That dataset gives us this lookup table:

| variable | value | weight |
|----------|-------|--------|
| mobility | 1 | 0 |
| mobility | 2 | 0.058 |
| mobility | 3 | 0.076 |
| mobility | 4 | 0.207 |
| mobility | 5 | 0.274 |
| selfcare | 1 | 0 |
| selfcare | 2 | 0.05 |
| selfcare | 3 | 0.08 |
| selfcare | 4 | 0.164 |
| selfcare | 5 | 0.203 |
| activity | 1 | 0 |
| activity | 2 | 0.05 |
| activity | 3 | 0.063 |
| activity | 4 | 0.162 |
| activity | 5 | 0.184 |
| pain | 1 | 0 |
| pain | 2 | 0.063 |
| pain | 3 | 0.084 |
| pain | 4 | 0.276 |

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| pain | 5 | 0.335 |
|---------|---|-------|
| anxiety | 1 | 0 |
| anxiety | 2 | 0.078 |
| anxiety | 3 | 0.104 |
| anxiety | 4 | 0.285 |
| anxiety | 5 | 0.289 |

So a code of "12213" would translate as 1x0+2x0.05+2x0.05+1x0+3x0.104 = 0+0.1+0.1+0+0.312=0.512

The EQ-5D-5L summary index value ranges from less than 0 (indicating a health state worse than death) to 1 (indicating full health). Higher scores represent better health states.

17.1.2 Visual Analogue Scale (VAS)

The EQ-5D-5L Visual Analogue Scale (VAS) ranges from 0 to 100.

- Maximum Value: 100, representing the best health you can imagine.
- Minimum Value: 0, representing the worst health you can imagine.

17.2 EORTC-QLQ-EN24

 Sources: https://www.eortc.org/app/uploads/sites/2/2018/08/Specimen-EN24-English.pdf and EN24 manual

The EORTC QLQ-EN24 is a patient-reported outcome measure to evaluate health-related quality of life among endometrial cancer (EC) patients in research and clinical practice. The questionnaire includes 24 items, numbered 31 to 54. They are divided into two categories: items about functions (sexual interest, sexual activity, sexual enjoyment) and symptoms (the rest)

All the QLQ-EN24 questions have four possible answers. They are

- Not at all (1)
- A little (2)
- Quite a bit (3)
- Very much (4)

Those four levels are a Likert scale of four response categories and are linearly converted into a scale from 0 to 100 (ie 0,33,67,100 or 100,67,33,0). Patients are asked to indicate their symptoms during the past week except for the sexuality questions, which ask for the past four weeks.

Table: EORTC-QLQ-EN24 Functional Scales (0 is bad, 100 is good)

| # | Scale (code) | Scale (name) | Question |
|----|--------------|------------------|--|
| 49 | SXI | Sexual interest | To what extent were you interested in sex? |
| 50 | SXA | Sexual activity | To what extent were you sexually active? |
| 54 | SXE | Sexual enjoyment | Was sexual activity enjoyable for you? |

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Table: EORTC-QLQ-EN24 Symptom scales (0 is good, 100 bad)

| # | Scale (code) | Scale (name) | Question |
|----|--------------|---------------------------|---|
| 31 | LY | Lymphoedema | Have you had swelling in one or both legs? |
| 32 | LY | Lymphoedema | Have you felt heaviness in one or both legs? |
| 33 | BP | Pain in back and pelvis | Have you had pain in your lower back and / or pelvis? |
| 34 | UR | Urological symptoms | When you felt the urge to pass urine, did you have to hurry to get to the toilet? |
| 35 | UR | Urological symptoms | Have you passed urine frequently? |
| 36 | UR | Urological symptoms | Have you had leaking of urine? |
| 37 | UR | Urological symptoms | Have you had pain or a burning feeling when passing urine? |
| 38 | GI | Gastrointestinal symptoms | When you felt the urge to move your bowels, did you have to hurry to get to the toilet? |
| 39 | GI | Gastrointestinal symptoms | Have you had any leakage of stools? |
| 40 | GI | Gastrointestinal symptoms | Have you been troubled by passing wind? |
| 41 | GI | Gastrointestinal symptoms | Have you had cramps in your abdomen? |
| 42 | GI | Gastrointestinal symptoms | Have you had a bloated feeling in your abdomen? |
| 43 | TN | Tingling/numbness | Have you had tingling or numbness in your hands or feet? |
| 44 | MP | Muscular pain | Have you had aches or pains in your muscles or joints? |
| 45 | HL | Hair loss | Have you lost hair? |
| 46 | TC | Taste Change | Has food and drink tasted differently from usual? |
| 47 | BI | Body image | Have you felt physically less attractive as a result of your disease or treatment? |
| 48 | BI | Body image | Have you felt less feminine as a result of your disease or treatment? |
| 51 | SXV | Sexual/vaginal problems | Has your vagina felt dry during sexual activity? |
| 52 | SXV | Sexual/vaginal problems | Has your vagina felt short and / or tight? |
| 53 | SXV | Sexual/vaginal problems | Have you had pain during sexual intercourse or other sexual activity? |

17.3 HADS

- Sources: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5700594, https://academic.oup.com/occmed/article/64/5/393/1436876, https://score.awellhealth.com/calculations/hads/documentation
- Online calculator: https://score.awellhealth.com/calculations/hads
- Note: HADS is a generated score in the SITU RedCap for this project.

The HADS questionnaire measures hospital anxiety or depression level.

It has fourteen questions divided into two subscales. There are seven questions for one subscale (depression) and seven questions for the other (anxiety). Scoring for each item ranges from zero to three, with three denoting highest anxiety or depression level. So depression ranges from 0 (good) to 21 (bad), and anxiety ranges from 0 (good) to 21 (bad). A score of more than 8 means considerable symptoms of anxiety or depression.

Table: items on the questionnaire that relate to anxiety

| QUESTIONS | ANSWERS | SCORE |
|--|--|-------|
| I feel tense or wound up | Most of the time; A lot of the time; From time to time, | 3-0 |
| | occasionally; Not at all | |
| I get a sort of frightened feeling as if something awful is about to | Very definitely and quite badly; Yes, but not too badly; A little, | 3-0 |
| happen | but it doesn't worry me; Not at all | |
| Worrying thoughts go through my mind | A great deal of the time; A lot of the time; From time to time, | 3-0 |
| | but not too often; Only occasionally | |
| I can sit at ease and feel relaxed | Definitely; Usually; Not often; Not at all | 0-3 |
| I get a sort of frightened feeling like 'butterflies' in the stomach | Not at all; occasionally; Quite often; Very often | 0-3 |
| I feel restless as I have to be on the move | Very much indeed; Quite a lot; Not very much; Not at all | 3-0 |
| I get sudden feelings of panic | Very often indeed; Quite often; Not very often; Not at all | 3-0 |

Table: items on the questionnaire that relate to depression

| QUESTIONS | ANSWERS | SCORE |
|--|--|-------|
| I still enjoy the things I used to enjoy | Definitely as much; Not quite so much; Only a little; Hardly at all | 0-3 |
| I can laugh and see the funny side of things | As much as I always could; Not quite so much now; Definitely not | 0-3 |
| | so much now; Not at all | |
| I feel cheerful | Not at all; Not often; Sometimes; Most of the time | 3-0 |
| I feel as if I am slowed down | Nearly all the time; Very often; Sometimes; Not at all | 3-0 |
| I have lost interest in my appearance | Definitly; I don't take as much care as I should; I may not take quite | 3-0 |
| | as much care ; I take just as much care as ever | |
| I look forward with enjoyment to things | As much as I ever did; Rather less than I used to; Definitely less | 0-3 |
| | than I used to; Hardly at all | |
| I can enjoy a good book or radio or TV program | Often; Sometimes; Not often; Very seldom | 0-3 |

18. APPENDIX: SCREENSHOT OF EORTC-QLQ-EN24 QUESTIONNNAIRE

| | | | | | ENGLISH | | | | | | ENGLISH |
|-----|---|----------|--------|------------|--------------|------|--|------------|-------------|----------------|--------------|
| 4 | | | | | | | During the past week: | Not at | A little | Quite a bit | Very much |
| S. | | | | | | 47. | Have you felt physically less attractive as a result of your disease or treatment? | 1 | 2 | 3 | 4 |
| EO | RTC OLO - EN24 | | | | | 48. | Have you felt less feminine as a result of your disease or treatment? | 1 | 2 | 3 | 4 |
| | ents sometimes report that they have the following symptoms or p th you have experienced these symptoms or problems. | roblems. | Please | indicate t | he extent to | | | | | | |
| | During the past week: | Not at | A | Quite | Very | | During the past 4 weeks: | Not at all | A little | Quite a bit | Very much |
| | | all | little | a bit | much | 49. | To what extent were you interested in sex? | 1 | 2 | 3 | 4 |
| | Have you had swelling in one or both legs? | 1 | 2 | 3 | 4 | 50. | To what extent were you sexually active? | 1 | 2 | 3 | 4 |
| | Have you felt heaviness in one or both legs? Have you had pain in your lower back and / or pelvis? | 1 | 2 | 3 | 4 | | Answer these questions only if you have been sexually active during the past 4 weeks: | | | | |
| 34. | When you felt the urge to pass urine, did you have to hurry to get to | 1 | 2 | 3 | 4 | 51. | Has your vagina felt dry during sexual activity? | 1 | 2 | 3 | 4 |
| 25 | the totlet? | | | 3 | 4 | 52. | Has your vagina felt short and / or tight? | 1 | 2 | 3 | 4 |
| | Have you passed urine frequently? Have you had leaking of urine? | | 2 | 3 | 4 | 53. | Have you had pain during sexual intercourse or other sexual activity? | 1 | 2 | 3 | 4 |
| | Have you had leaking of urine? Have you had pain or a burning feeling when passing urine? | | 2 | 3 | 4 | | Was sexual activity enjoyable for you? | , | 2 | 3 | 4 |
| | When you felt the urge to move your bowels, did you have to hurry to get to the toilet? | 1 | 2 | 3 | 4 | 34. | was sexual activity enjoyaoue for your | | ۷ | 3 | • |
| 39. | Have you had any leakage of stools? | 1 | 2 | 3 | 4 | | | | | | |
| 40. | Have you been troubled by passing wind? | 1 | 2 | 3 | 4 | | | | | | |
| 41. | Have you had cramps in your abdomen? | 1 | 2 | 3 | 4 | | | | | | |
| 42. | Have you had a bloated feeling in your abdomen? | 1 | 2 | 3 | 4 | | | | | | |
| 43. | Have you had tingling or numbness in your hands or feet? | 1 | 2 | 3 | 4 | | | | | | |
| 44. | Have you had aches or pains in your muscles or joints? | 1 | 2 | 3 | 4 | | | | | | |
| | Have you lost hair? | 1 | 2 | 3 | 4 | | | | | | |
| 46. | Has food and drink tasted differently from usual? | 1 | 2 | 3 | 4 | | | | | | |
| | Please go on to the next page | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | 0.01 | Q-EN24 Copyright 2010 EORTC Quality of life Group. All rights reserved. | | | | |

ENDO-CARE supplemental

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19. APPENDIX: SCREENSHOT OF HADS QUESTIONNAIRE

| D | | the box beside the reply that is closest | to ho | essior | I have been feeling in the past week. |
|---|----------|--|--|-----------|---|
| _ | Α | Don't take too long over you | repli | es: yo | ur immediate is best. |
| | ^ | I feel tense or 'wound up': | - | A | I feel as if I am slowed down: |
| | 3 | Most of the time | 3 | | Nearly all the time |
| | 2 | A lot of the time | 2 | 2010000 | Very often |
| | 1 | From time to time, occasionally | 1 | | Sometimes |
| | 0 | Not at all | 0 | | Not at all |
| | | I still enjoy the things I used to enjoy: | | | I get a sort of frightened feeling like 'butterflies' in the stomach: |
| 0 | 20000000 | Definitely as much | - | 0 | Not at all |
| 1 | | Not quite so much | - | 1 | Occasionally |
| 2 | | Only a little | - | 2 | Quite Often |
| 3 | | Hardly at all | - | 3 | Very Often |
| | | Training at all | - | - 0 | Very Oiten |
| | | I get a sort of frightened feeling as if something awful is about to happen: | | | I have lost interest in my appearance: |
| | 3 | Very definitely and quite badly | 3 | | Definitely |
| | 2 | Yes, but not too badly | 2 | | I don't take as much care as I should |
| | 1 | A little, but it doesn't worry me | 1 | | I may not take quite as much care |
| | 0 | Not at all | 0 | | I take just as much care as ever |
| | | | | | |
| | | I can laugh and see the funny side | | | I feel restless as I have to be on the |
| | | of things: | - | | move: |
| 0 | | As much as I always could | - | 3 | Very much indeed |
| 1 | ISSUE: | Not quite so much now | - | 2 | Quite a lot |
| 2 | HERES | Definitely not so much now | - | 1 | Not very much |
| 3 | | Not at all | - | 0 | Not at all |
| | | Worrying thoughts go through my mind: | | | I look forward with enjoyment to things: |
| | 3 | A great deal of the time | 0 | 1000000 | As much as I ever did |
| | 2 | A lot of the time | 1 | 10000000 | Rather less than I used to |
| | 1 | From time to time, but not too often | 2 | 100000000 | Definitely less than I used to |
| | 0 | Only occasionally | 3 | | Hardly at all |
| | | Only obsasionally | | 100000 | Training at all |
| | | I feel cheerful: | | | I get sudden feelings of panic: |
| 3 | | Not at all | | 3 | Very often indeed |
| 2 | | Not often | | 2 | Quite often |
| 1 | | Sometimes | | 1 | Not very often |
| 0 | | Most of the time | - | 0 | Not at all |
| | | | | | |
| | | I can sit at ease and feel relaxed: | | | I can enjoy a good book or radio or TV program: |
| | 0 | Definitely | 0 | | Often |
| | 1 | Usually | 1 | | Sometimes |
| | 2 | Not Often Not at all | 3 | | Not often Very seldom |
| | | heck you have answered all the que | | | very seldom |

20. APPENDIX: LINEAR MIXED MODEL THEORY

20.1 Linear mixed models: links

See https://stats.oarc.ucla.edu/other/mult-pkg/introduction-to-linear-mixed-models/

20.2 Linear mixed models: the theory

The formula is:

y=xb+zu+e

where

| Symbol | Description | Туре |
|--------|--|----------------|
| ny | number of values of the outcome variable | Scalar |
| np | number of predictor variables | Scalar |
| nj | number of groups | Scalar |
| nq | number of random intercepts per group | Scalar |
| У | outcome variable | ny x 1 vector |
| Х | predictor variables aka fixed-effects variables, | ny x np matrix |
| b | fixed-effects regression coefficients (parameters) | np x 1 vector |
| Z | random effects variables | ny x nj matrix |
| u | random-effects regression coefficients | nj x 1 vector |
| е | residuals (error) | ny x 1 vector |

20.3 Linear mixed models: worked example

Consider this scenario:

So the formula is

Arm (J=2) indexed by the j subscript each see nj patients. So our grouping variable is the arm. Each arm sees 36 patients. The total number of patients is the sum of the patients seen by each arm. In our example, N=72, so 72 patients were seen by two arms. Our outcome is a continuous variable, output weight. Furthermore we have 3 fixed effects predictors, baseline value, timepoint, and stratification variable, plus a fixed intercept and one random intercept (q=1) for each of the J=2 arms. For simplicity, we are only going to consider random intercepts. We will let every other effect be fixed for now. The reason we want any random effects is because we expect that output weights within arms may be correlated.

| y=xb+zu+e | |
|---------------------------------|--|
| That gives us this table below: | |

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| Symbol | Description | Туре |
|--------|--|-------------------|
| ny | number of values of the outcome variable | 72 |
| np | number of predictor variables | 4 |
| nj | number of groups | 2 |
| nq | number of random intercepts per group | 1 |
| У | outcome variable | 72 x 1 vector |
| х | Four predictor variables aka fixed-effects variables, Fixed intercept baseline value, timepoint, stratification variable | 72 x 4 matrix |
| b | fixed-effects regression coefficients (parameters) | 4 x 1 vector |
| Z | One random effects variable Random intercept | 72 x (1x2) matrix |
| u | random-effects regression coefficients | 2 x 1 vector |
| е | residuals (error) | 72 x 1 vector |

21. APPENDIX: USE OF THE WORD "LINEAR" IN LINEAR MODELS

The word "linear" in "linear models" refers to the parameters, not the variables: it can cope with quadratic equations

- https://www.quora.com/Why-is-linear-regression-called-linear-if-we-can-use-quadratic-equations-in-our-model-which-gives-a-curved-line
- https://www.quora.com/Why-is-it-still-called-linear-regression-even-if-we-choose-a-polynomial-of-a-higher-degree-for-the-hypothesis

22. APPENDIX: LOOKUP TABLE

The type of a variable can be used to deduce the variable distribution - for example a variable measuring strength may have a Gamma distribution and a frequency variable may have a Poisson. For the avoidance of doubt we shall graph it as well.

When the variable type and distribution is known, the lookup tables below can be used to deduce which model is needed and which code can be used to do that. Stata code is shown for convenience, although SAS or R code would also suffice. See the Stata help documentation for more details

22.1 GLMs

| # | Variable Type | Distribution | Link Fn | Example Stata Code ^{†††} |
|----|----------------------|---|-----------|--|
| 1 | Continuous (Normal) | Gaussian | Identity | glm depvar indepvars, family(gaussian) link(identity) |
| 2 | Continuous (SPC) † | Inverse Gaussian | Power -2 | glm depvar indepvars, family(igaussian) link(power -2) |
| 3 | Binary | Binomial (multiple) or Bernoulli (single) | Logit | glm depvar indepvars, family(binomial) link(logit) |
| 4 | Count/Rate (Poisson) | Poisson | Log | glm depvar indepvars, family(poisson) link(log) |
| 5 | Count/Rate (NB) | Negative binomial | Log | glm depvar indepvars, family(nbinomial) link(log) |
| 6 | Continuous (SPC) † | Gamma | Power -1 | glm depvar indepvars, family(gamma) link(power -1) |
| 6 | Continuous (Time) | Gamma? | Power -1? | glm depvar indepvars, family(gamma) link(power -1) |
| 99 | Time-to-event | Exponential†† | Log | glm depvar indepvars, family(exponential) link(log) |

[†] SPC = Skewed positive continuous variable.

22.2 Non-GLMs if GLMs cannot cope or are inferior

| Variable Type | Distribution | Link Function | Example Stata Code |
|-----------------------|-------------------|---------------------------------|--|
| Binary (Bernoulli) | Bernoulli | Logit (log-odds) | logit depvar indepvars, family(binomial) link(logit) |
| Binary (Probit) | Probit | Probit (CDF of standard normal) | probit depvar indepvars, family(binomial) link(probit) |
| Categorical (Nominal) | Multinomial | Logit | mlogit depvar indepvars, basecategory(1) |
| Categorical (Ordinal) | Categorical | Probit | ologit depvar indepvars |
| Categorical (Ordinal) | Cumulative logit | Logit (log-odds) | ologit depvar indepvars, family(ordinal) link(logit) |
| Categorical (Ordinal) | Proportional odds | Logit (log-odds) | ologit depvar indepvars, family(ordinal) link(logit) |
| Continuous (Normal) | Normal | Identity (linear) | reg depvar indepvars, family(gaussian) link(identity) |
| Count/Rate (NB) | Negative binomial | Log | nbreg depvar indepvars, family(nbinomial) link(log) |
| Count/Rate (Poisson) | Poisson | Log | poisson depvar indepvars, family(poisson) link(log) |

22.3 Time-to-event models

| Variable Type | Details | Example Stata Code |
|---------------|-----------------------------------|---|
| Time-to-event | Cox Proportional Hazards Model | stset depvar failure(eventvar==1)† |
| | | stcox indepvars |
| Time-to-event | Parametric survival models, named | stset depvar failure(eventvar==1)† |
| | distribution | streg indepvars, distribution(named distn) †† |

[†] depvar would be the time-to-event variable, eventvar=0 if censored, 1 if not

^{††} Not available in Stata. Code shown is synthetic. GLMs in this case would require another language

^{†††} For a full list of families, link functions in Stata and their valid combinations, please see Stata help. Note that "inverse" is the same as "power -1", "inverse squared" is the same as "power -2", and so on

^{††} named distributions currently supported by Stata are exponential, Weibull, Gompertz, lognormal, loglogistic, and ggmma (short for generalized gamma). "Streg" can handle frailty and accelerated-failure-time models as well as proportional hazards models. See Stata help on "streg" for details

Pre-operative intentional weight loss to support post-operative recovery in patients with overweight and endometrial cancer: the ENDO-CARE feasibility randomised controlled trial. IRAS Project ID: 324534

22.4 Green, JA (2021)

The paper Green, JA (2021) (see[5] for more details) also gave a guide for which variable types would need which families. This guide can be used in tandem with the tables above

| Variable Type | Family |
|-----------------------------------|---------------------------------|
| Count variables | Poisson |
| Count variables | Negative Binomial |
| Count variables with excess zeros | Zero-Inflated Poisson |
| Count variables with excess zeros | Zero-Inflated Negative Binomial |
| Count variables with excess zeros | Hurdle Models |
| Overdispersed count variables | Quasi-Poisson |
| Overdispersed count variables | Quasi-Negative Binomial |
| Overdispersed count variables | Quasi-Binomial |
| Continuous skewed variables | Gamma |

23. APPENDIX: CATEGORICAL, BINARY, CONTINUOUS

Consider the following synthetic example designed for illustration purposes

Table: synthetic example

| ID | Weight | EORTC QLQ-EN24 Category | Not at all | A bit | Quite a bit | Y/N |
|----------|--------|-------------------------|------------|-------|-------------|-----|
| ууууууу1 | 4.4 | Lymphoedema | 1 | 0 | 0 | 1 |
| ууууууу2 | 4.4 | Lymphoedema | 1 | 0 | 0 | 0 |
| ууууууу3 | 4.2 | Pain in back and pelvis | 0 | 1 | 0 | 0 |
| ууууууу4 | 2.1 | Urological symptoms | 0 | 0 | 1 | 1 |
| ууууууу5 | 4.2 | Urological symptoms | 0 | 0 | 1 | 1 |

23.1 Continuous

This can be considered as a continuous variable that can be modelled with one model

Continuous variable

| Continuous variable | Mean Weight |
|---------------------|-------------|
| Weight | 3.86 |

23.2 Categorical and binary

Or as a categorical variable with a count/rate that can be modelled with three models

Categorical and binary: a variable with three categories, each with a count/rate

| Category | Count/rate |
|-------------------------|------------|
| Lymphoedema | 2/5 |
| Pain in back and pelvis | 1/5 |
| Urological symptoms | 2/5 |

23.3 Categorical and continuous

Or as a categorical variable with three categories, each holding a continuous variable. This can be modelled with one model

Categorical and continuous: a variable with three categories, each with a continuous variable

| Category | Mean Weight |
|-------------------------|-------------|
| Lymphoedema | 4.4 |
| Pain in back and pelvis | 4.2 |
| Urological symptoms | 3.15 |

23.4 Binary

Or as a binary variable that can be modelled with one model

Binary variable

| Binary variable | Count/rate |
|-----------------|------------|
| Y/N | 3/5 |

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24. APPENDIX: ABSOLUTE VS RELATIVE

The results of the study are depicted as absolute and relative values, although not all variables will be depicted as both. As for the meaning of "absolute" and "relative", we take our lead from the protocol. It says that "Continuous variables will be summarised using means, standard deviations, and 95% confidence intervals." Medians with interquartile ranges will be presented where appropriate. Categorical variables will be summarised using counts and percentages."

For examples of the absolute vs relative distinction for effect size, please see "Appendix: Worked Examples Of Morbidity"

24.1 Continuous

As per protocol this is a mean and standard deviation (SD). Our synthetic example looks like this.

Continuous variable

| Continuous variable | Mean Weight (SD) |
|---------------------|------------------|
| Weight | 3.86 (1.64) |

24.2 Categorical and binary

As per protocol, this is a count and percentage. Our synthetic example looks like this.

Categorical and binary: a variable with three categories, each with a count/rate

| Category | Count/rate |
|-------------------------|------------|
| Lymphoedema | 2 (40%) |
| Pain in back and pelvis | 1 (10%) |
| Urological symptoms | 2 (40%) |
| Total | 5 (100%) |

24.3 Categorical and continuous

As per protocol this is a mean and standard deviation (SD). Our synthetic example looks like this.

Categorical and continuous: a variable with three categories, each with a continuous variable

| Category | Mean Weight (SD) | |
|-------------------------|------------------|--|
| Lymphoedema | 4.4 (1.6) | |
| Pain in back and pelvis | 4.2 (0) | |
| Urological symptoms | 3.15 (1.1) | |

24.4 Binary

As per protocol this is a mean and standard deviation (SD). Our synthetic example looks like this.

Binary variable

| Binary variable | Count/rate |
|-----------------|------------|
| Y/N | 3 (60%) |
| Total | 5 (100%) |

24.5 Discrete

As per protocol, this is a median and interquartile range. We do not have a synthetic example for this.

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25. APPENDIX: GENERALIZED LINEAR MODEL THEORY

In statistics, a generalized linear model (GLM) is a flexible generalization of ordinary linear regression (LR).

A ordinary linear regression connects the input variables to the dependent variable via one function. But a GLM uses two functions: the variance function and the link function. This allows the linear model to be related to the response variable via a link function and allows the magnitude of the variance of each measurement to be a function of its predicted value.

Table: distributions and link functions for a GLM

| Distribution | Variance Function | Typical Link Function |
|-------------------|-------------------------------|--|
| Normal | V(μ) = 1 | Identity: g(μ) = μ |
| Binomial | $V(\mu) = \mu(1-\mu)$ | Logit: $g(\mu) = log(\mu/(1-\mu))$ |
| Poisson | V(μ) = μ | $Log: g(\mu) = log(\mu)$ |
| Gamma | $V(\mu) = \mu^2$ | Inverse: $g(\mu) = 1/\mu$ or Log: $g(\mu) = \log(\mu)$ |
| Inverse Gaussian | $V(\mu) = \mu^3$ | Inverse squared: $g(\mu) = 1/\mu^2$ |
| Negative Binomial | $V(\mu) = \mu + \alpha \mu^2$ | $Log: g(\mu) = log(\mu)$ |

26. APPENDIX: WORKED EXAMPLES OF MORBIDITY

The display of morbidity data can be difficult because problems arise when the morbidity has subdivisions or the data is displayed by patient not complications. To make things easier we provide worked examples below.

Firstly, let us build a synthetic example. This is an example designed for illustration purposes and it looks like this:

Synthetic example part 1: Control arm. three patients, four complications

| 7, | | | | | | |
|------------|------------------------------|---|-----------|-----------------|--|--|
| Patient ID | Complication morbidity grade | tion morbidity grade Date of complication Date of discharge | | Date difference | | |
| xxxxxxx1 | 1 | 01Aug2024 | 15Aug2024 | -14 | | |
| xxxxxxx1 | 1 | 01Aug2024 | 15Aug2024 | -14 | | |
| xxxxxxx2 | Illa | 01Aug2024 | 15Jul2024 | 17 | | |
| xxxxxxx3 | IV | 01Aug2024 | 15Jun2024 | 47 | | |

Synthetic example part 2: Intervention arm. three patients, four complications

| 0, | 7en en e | | | | | | |
|------------|---|----------------------|-------------------|-----------------|--|--|--|
| Patient ID | Complication morbidity grade | Date of complication | Date of discharge | Date difference | | | |
| Xxxxxxx4 | 1 | 01Aug2024 | 15Jul2024 | 17 | | | |
| Xxxxxxx4 | II | 01Aug2024 | 15Jul2024 | 17 | | | |
| Xxxxxxx5 | Illa | 01Aug2024 | 15Jul2024 | 17 | | | |
| Xxxxxxx6 | IIIb | 01Aug2024 | 15Jun2024 | 47 | | | |

26.1 Worked example of "Any morbidity"

The synthetic example gives us this table. It is a list of patients, not complications

| # | Outcome Measures | Control | Intervention | Delta |
|----|----------------------------------|----------|--------------|-----------|
| 2a | i. Any morbidity | | | |
| | At or prior to discharge | 1 (33%) | 0 (0%) | -1 (-33%) |
| | Between discharge and 30 days | 1 (33%) | 2 (66%) | +1 (+33%) |
| | Other | 1 (33%) | 1 (33%) | - |
| | Total | 3 (100%) | 3 (100%) | - |
| | At or prior to discharge | 2 (66%) | 2 (66%) | - |
| | OR between discharge and 30 days | | | |

26.2 Worked example of "Morbidity by grade (I, II, IIIa, IIIb, IVa, IVb)"

The synthetic example gives us this table. It is a list of patients, not complications

| # | Outcome Measures | Control | Intervention | Delta |
|----|--|----------|--------------|-----------|
| 2b | ii. Morbidity by grade (I, II, IIIa, IIIb, IVa, IVb) | | | |
| | At least one Grade I | 1 (33%) | 1 (33%) | - |
| | At least one Grade II | 0 (0%) | 1 (33%) | +1 (+33%) |
| | At least one Grade III | 1 (33%) | 2 (66%) | +1 (+33%) |
| | At least one Grade IV | 1 (33%) | 0 (0%) | - |
| | Other | 0 (0%) | 0 (0%) | - |
| | Total | 3 (100%) | 3 (100%) | - |

Note: because a patient can have more than one complication, this example does not add to 100%

26.3 Worked example of "Morbidity by highest grade (I, II, IIIa, IIIb, IVa, IVb)"

The synthetic example gives us this table. It is a list of patients, not complications

| # | Outcome Measures | Control | Intervention | Delta |
|----|---|----------|--------------|-----------|
| 2d | iv Morbidity by highest grade | | | |
| | Number of patients whose highest grade is Grade I | 1 (33%) | 0 (0%) | -1 (-33%) |
| | Number of patients whose highest grade is Grade II | 0 (0%) | 1 (33%) | +1 (+33%) |
| | Number of patients whose highest grade is Grade III | 1 (33%) | 2 (66%) | +1 (+33%) |
| | Number of patients whose highest grade is Grade IV | 1 (33%) | 0 (0%) | - |
| | Other | 0 (0%) | 0 (0%) | - |
| | Total | 3 (100%) | 3 (100%) | - |

Note: because a patient can only have one highest grade, this example adds to 100%

27. APPENDIX: CCI

CCI exploratory steps were:

27.1 CCI (computing the score analysis)

We converted the Clavien-Dindo grading for the complications into the zero-inflated continuous variable known as the Comprehensive Complication Index (CCI).

| # | Outcome Measures | Control | Intervention | Delta |
|----|------------------|--------------------------|--------------------------|--------------------------|
| 2f | ii. CCI | Median (IQR) / Mean (SD) | Median (IQR) / Mean (SD) | Median (IQR) / Mean (SD) |

27.2 CCI (model analysis)

CCI is a zero-inflated continuous variable. After experimentation with an independent dataset, including a zero-inflated Gamma (ZIG), it was decided to analyse CCI with a Tweedie distribution that took zero-inflated data into account. The models were:

| # | Model | Parameters |
|----|---|---|
| 2f | Generalized Linear Model, which models the output variable CCI | "Treatment group" is intervention or control |
| | against the input variable "Treatment group" and "Stratification". The link function is log link. The variance function is Tweedie. | "stratification" is four-valued: 11,12,21,22 "CCI" is a zero-inflated continuous variable |

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