

Gastric Questionnaire

Patient name: Individual №.....

Doctor...name.....

Body weight: **1 day**..... **10 day**..... **20 day**.....34 day.....

Waist circumference: **1 day**..... **10 day**..... **20 day**.....34 day.....

Day /indicator	1	2	3	4	5	6	7	8		9	10
Date											
Stool frequency											
Flatulence (M) (0-none, 1-mild, 2- moderate, 3-strong)											
Characteristics of bowel movements on the Bristol scale											

Day /indicator	11	12	13	14	15	16	17	18	19	20	21
Date											
Stool frequency											
Flatulence (M) (0-none, 1-mild, 2- moderate, 3-strong)											
Characteristics of bowel movements on the Bristol scale											

Day /indicator	22	23	24	25	26	27	27	28	30	31
Date										
Stool frequency										
Flatulence (M) (0-none, 1-mild, 2- moderate, 3-strong)										
Characteristics of bowel movements on the Bristol scale										

Day /indicator	32	33	34	35	36	37	38	39	40	41
Date										
Stool frequency										
Flatulence (M) (0-none, 1-mild, 2- moderate, 3-strong)										
Characteristics of bowel movements on the Bristol scale										

A reminder to fill out the performance diary The diary is filled out daily, preferably at the same time (in the evening).

When assessing the character of the chair, use Figure 1. The Bristol ScaleДневник заполняется ежедневно, желательно в одно и тоже время (вечером).

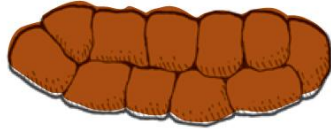
BRISTOL STOOL CHART

1



Separate, hard lumps; hard to pass; constipated; nuggets; pebbles; rabbit droppings

2



Sausage-shaped but lumpy; somewhat difficult to pass; bunch of grapes

3



Sausage with cracks on the surface; near-perfect poop; corn on the cob

4



Sausage; snake; banana; smooth; soft; nut butter consistency

5



Soft blobs with clear-cut edges; easily passes; chicken nuggets

6



Fluffy pieces with ragged edges; mushy with ragged edges; mushy stool; porridge

7



Watery; no solid pieces; liquid; gravy