Developing EVIdence for AntidepreSsant ChoicE to Treat Depression in Huntington's Disease

Pictorial Participant Information Sheet V3 13/03/2026

WHAT IS THE STUDY ABOUT?

	You are being invited to take part in a research study on Huntington's Disease (HD) and Depression.
	We know that depression is very common in people with HD. Research shows that depression in people who have HD is different than depression in people who don't have HD.
	We want to know how well anti-depressants do or don't work to improve depression in HD
	To do this we want to understand whether it is possible to run a Randomised Control Trial (RCT) looking at the effect of anti-depressants in people with HD. A Randomised Control Trial means, a computer will choose your group by chance — like picking names from a hat — to help us find out if the medicine really works

 	The study will have 40 patients split into two groups. One group will receive the anti-depressant sertraline. The second group will receive capsules with no active medication (a placebo). This will help us to see if the Sertraline really helps you.

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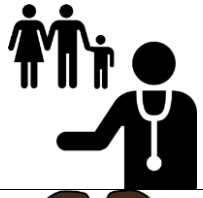
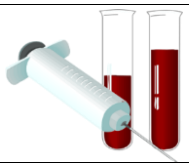
DO I HAVE TO TAKE PART?

	**You don't have to take part and if you say no that is okay**. It won't affect the standard of care you receive.
	You can talk to your friends and family about the study.
	If you want to take part but later change your mind, you can stop taking part. It won't affect the standard of care you receive.

WHAT WILL HAPPEN IF I TAKE PART?

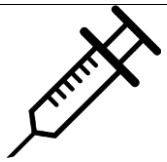
	A computer will decide what group you will be in. You will either be given Sertraline or a placebo.
	**You will need to take the capsule every day for 6 months.** When taking the treatment, it is important you do not eat grapefruit, or take St John's wort and take care when drinking alcohol.
	You will be asked to fill in some questionnaires and complete some tests to measure how you are feeling and how the HD is progressing. You will be asked to do this 8 weeks after you join, and then 6 months later.
	You can choose to give a blood sample

WHAT ARE THE POSSIBLE BENEFITS FROM TAKING PART?

	You may not see any benefits
	We hope it will benefit patients in the future by giving us more information about which treatment works best.
	Overall, patients in research studies tend to have better outcomes, whichever study group they are in.

	You will receive some money to help pay for your travel to the clinic

ARE THERE ANY RISKS TO TAKING PART?

	Some people may experience side effects such as nausea, headaches, pain, difficulty sleeping, increased feelings of depression. Sometimes it can cause irritation of the stomach or intestines, self-harm behaviour, changes in your blood sugar and cholesterol, and change how quickly you stop bleeding **Doctors will keep a careful watch for these events and provide you with support**. If you are worried about any of the effects talk to your trial doctor or your GP at any time.
	Giving more blood samples can be painful but you don't have to agree to give them, to be in the study.
	We will ask you to come back to the clinic to answer questionnaires, have a health check-up, and to collect the medication.
	If something happens that you are not happy with, you can talk to your doctors about it or even stop taking part in the study.

WHAT WILL HAPPEN TO THE INFORMATION THE DOCTORS COLLECT?

	We will need to use information from you and from your medical records for this research project. We will only use information that we need for the research study. We will let very few people know your name or contact details, and only if they really need it for this study. If you agree to take part in this study, you will have the option to take part in future research using your data saved from this study.
	During the trial you will have a unique number to identify your questionnaires and samples. Everyone involved in this study will keep your data safe and secure. We will also follow all privacy rules. **We will make sure no-one can work out who you are from the reports we write**
	Cardiff University is responsible for keeping your information secure and only sharing it with those working on the study or those who need to see it for legal reasons (like to check that we are following the law). Cardiff University will keep your study data for the minimum period of time required by the UK Clinical Trial Regulations, which is 25 years. The study data will then be fully anonymised and securely archived or destroyed. If you have any questions talk to your trial team or you can contact the University Data Protection officer Email- inforequest@cardiff.ac.uk or in writing to:

	Data Protection Officer Compliance and Risk, University Secretary's Office Cardiff University 42 Park Place Cathays, Cardiff CF10 3BB
 	We understand that taking part in research can feel overwhelming. If you ever feel unsure or distressed, please speak to your trial team — your wellbeing matters. You can also reach out to a someone else: Samaritans by calling 116 123 Shout by texting 85258 [INSERT LOCAL TRUST SERVICES OR LOCAL SUPPORT ORGANISATIONS] You can reach out to these services any time, you don't need to be in crisis, they are here to listen

If you have any questions or would like further information about the study please contact DEVISEHD@Cardiff.ac.uk or your hospital trial team

<LOCAL SITE CONTACT DETAILS>