

upSTANDIng GP – Patient Interviews: Participant Information Sheet

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This leaflet provides you with information about the upSTANDIng GP study. This is a research study designed to examine how feasible and acceptable using a standing desk is within general practice, particularly during consultations with patients. We hope the information below will help you make a decision about whether you would like to take part in this study.

What is the purpose of this study?

We are interested in your views of GPs standing during consultations. We are looking to gain feedback from patients who have experienced their GP standing during face-to-face consultations in order to shape future experience from patients within general practice.

What are the possible benefits of taking part?

There are no expected benefits from taking part. However, your answers will help answer important questions relating to future working practices within general practice.

Why have I been chosen and how do I take part?

You have experienced a consultation with your GP whilst they were using a standing desk and you gave consent for us to contact you to discuss taking part in a telephone interview. To take part, you can get in contact with a member of the study team (information at the end of this document) or you can wait for a member of the team to contact you.

What would taking part in the upSTANDIng GP Study involve?

If you take part in this study, we will arrange a time that is convenient for you to take part in a telephone interview. **Interviews will be audio recorded and transcribed.**

How long will it take?

The interview should take between 15 and 30 minutes to complete.

What are the possible disadvantages and risks of taking part?

We do not expect any risks or disadvantages from taking part in this study.

Who is organising and funding the research?

This study is being organised and co-ordinated by the Loughborough University. It is funded via the National Institute for Health Research – Research Academy.

Who has reviewed the study?

This study has been reviewed and given a favourable opinion by Wales Research Ethics Committee 2. The study reference number is 21/WA/0082.

Will my taking part in this study be kept confidential?

If you decide to take part in this study, all personal information collected about you will be kept strictly confidential, it will be securely handled and stored at Loughborough University in accordance with your consent and the provisions of the General Data Protection Regulation. With your permission, and where relevant to your involvement in the study, your data may be looked at by researchers from the upSTANDIng GP team at Loughborough University, the trial Sponsor (Loughborough University) or the regulatory authorities. Your anonymised research data may also be looked at by wider member of the research team from other collaborating universities and institutions including University of Leicester and the Royal College of General Practitioners.

What happens if I have a complaint about the study?

If you have a concern about any aspect of this study, you should ask to speak to the research team who will do their best to answer your questions (contact details listed above). If you remain unhappy and wish to complain formally, please contact the Secretary of the Ethics Approvals (Human Participants) Sub-Committee, Research & Enterprise Office, Hazlerigg Building, Loughborough University, Epinal Way, Loughborough, LE11 3TU. Tel: 01509 222423. Email: researchpolicy@lboro.ac.uk. The University also has policies relating to Research Misconduct and Whistle Blowing which are available online at: <http://www.lboro.ac.uk/committees/ethics-approvals-human-participants/additionalinformation/codesofpractice/>

What if I do not want to take part?

You do not have to take part if you do not want to. If at any point during the study you change your mind you can withdraw without having to give a reason. All you need to do is get in touch with a member of the study team using the details provided below and inform them of your decision to withdraw. This will not impact any future care you receive.

What will happen to the results of the research study?

Once the study has finished, we may publish the findings in a scientific journal including direct quotations from the interview transcripts. No individual will be identified in any publications and all quotations will be anonymous.

If you are interested in taking part or would like more information, please contact the research team.

Email: <email address>

Telephone: <telephone number>