

Who will have access to my data?

All data will be securely stored on the University's password protected server, to which only members of the research team will have access.

What will happen to the results of the study?

A report about the study will be provided to the funder (see below). A summary of the findings will also be made available on the website of one of our key Partners, Coram Voice.

We may also publish the results in an academic journal.

Who is organising and funding this study?

This research has been commissioned by National Institute of Health Research. It is being conducted by researchers from the Universities of Bristol, Queen's Belfast and Oxford, in collaboration with Coram Voice.

Who has reviewed the study?

This study was approved by the School Research Ethics Committee in the School of Policy Studies at the University of Bristol on 25th March 2022, SPSREC/21-22/227

Who do I contact if I have any concerns about the study?

If you have a concern about any aspect of this study, please contact Geraldine Macdonald at geraldine.macdonald@bristol.ac.uk

If you remain unhappy or wish to make a formal complaint, please contact the Chair of the Research Ethics Committee, Nadia Aghtaie, on nadia.aghtaie@bristol.ac.uk



INFORMATION SHEET

Background

Young people tell us that when they leave care, they don't always get the support they would like with their health. This applies to physical and mental health, or emotional wellbeing.

With the help of care-experienced young people, we have developed a training programme for Personal Advisors that we hope will mean they can provide care leavers with better health support

What is the purpose of this study?

This study aims to find out whether Personal Advisors who receive the training provide better support to care leavers than those who have not had the training.

We also want to find out if we can evaluate the training by comparing the experiences of care leavers who are supported by personal advisors who have had the training with a group whose personal advisors have not had it.

Why are you asking me to take part?

The local authority that your Personal Advisor works for has agreed to take part in this study. We want to collect information from care leavers that will help us find out how helpful the training we have developed is.

Do I have to take part?

No. It is entirely up to you to decide whether or not to take part. If you agree to take part and change your mind later, that is OK. You don't have to give a reason for changing your mind. You will not have to give a reason for changing your mind. Whatever you decide, it will not affect the support you receive from your Personal Advisor.

What will I be asked to do?

If you agree to take part, the first thing a member of the LIFT team will do is ask you to sign a consent form to say that you understand what we are asking you to do, and that you are willing to help.

We will then ask you some questions about yourself and about your health and wellbeing, your use of health services and your relationship with your Personal Advisor.

Later on in the study, a peer researcher – someone who has experience of care – will be in touch to ask you some of the same questions. They will contact you in about six months' time and then again in just under twelve months' time.

We will ask some young people to tell us about their use of health service more often. One of our team will phone you every two months.

What are the possible benefits of taking part?

The main benefit of taking part is to help us develop better training for Personal Advisors, so that they can help other care leavers in the future.

We appreciate that we are asking quite a lot from you. If you are willing to take part, we will give you a £20 Love2Shop Voucher each time we ask you to complete an interview.

What are the possible risk of taking part?

We don't think there are any risks to you from taking part in this study. However, some young people may find some of the questions upsetting, particularly if they are going through a difficult time.

If that happens to you, the interviewer can stop the interview, or you can simply choose not to answer a question. We can also make sure that you have some support afterwards if that is needed.

Will the information I provide in the study be kept confidential?

All information shared with the LIFT Team will be treated as confidential. Confidentiality will only be broken if a member of the LIFT Team believes there is an imminent likelihood of serious harm.