

Lay summary

Study to test how patients with cystic fibrosis like a new form of CREON for digestive problems.

This study looked at how people with cystic fibrosis felt about a new form of CREON, a medicine for digestion.

Cystic fibrosis (CF) affects the pancreas, which helps break down food. In people with cystic fibrosis, the pancreas does not make enough enzymes that help in digesting the food. Without these enzymes, one may experience stomach pain, constipation, or diarrhea after having a meal.

CREON is a medicine that replaces these enzymes. It is usually taken as capsules. But taking many capsules every day can be hard. So, a new form of CREON was made. This new form has the same enzymes as the capsules.

A company called Viartis did this study at 8 places in the UK and Germany. In total, 58 patients with CF took part in the study. Among them were 30 women and 28 men. The people in the study were between 19 and 62 years old. They were already using CREON capsules, and their symptoms were under control. It was an early test of the new form. All patients in the study got the same medicine. Both doctors and patients knew which medicine was being tested in the study.

This was a three-week study. In the first week, patients took their usual CREON capsules. In the second week, they used the new form. In the third week, they had a follow-up call.

Most patients said the new form was easy to use. Some said the taste and preparation could be better. Only one patient wanted to switch fully to the new form. Others liked taking capsules or a mix of both forms.

No serious side effects happened during the trial. Some patients had mild problems like gas or sore mouth. Overall, the new form was safe. The patients' feedback received from this study will help make the medicine better for people with cystic fibrosis who have trouble digesting food.