

**Patient Demographic and Health Information Questionnaire for Participation in Clinical Research for Insulin Dependent Diabetes Mellites (IDDM).**

**Instructions:** This questionnaire is designed to gather important demographic and health-related information. Your responses will help us better understand your background and health status as part of this study. Please answer all questions to the best of your ability. All information provided will be kept confidential and used solely for research purposes.

**Participant Code:** \_\_\_\_\_

**1. Age:**

- ☐ 18-24
- ☐ 25-34
- ☐ 35-44
- ☐ 45-54
- ☐ 55-64
- ☐ 65-74
- ☐ 75 or older

**2. Gender:**

- ☐ Male
- ☐ Female

**3. Ethnicity:**

- ☐ Sinhalese
- ☐ Tamil
- ☐ Muslim
- ☐ Burgher
- ☐ Malay
- ☐ Other (Please specify): \_\_\_\_\_

**4. Marital Status:**

- ☐ Single
- ☐ Married
- ☐ Divorced
- ☐ Widowed
- ☐ Other (Please specify): \_\_\_\_\_

**5. Education Level:**

- ☐ No formal education
- ☐ Primary education (Grades 1-5)
- ☐ Secondary education (Grades 6-12)
- ☐ Vocational training/diploma
- ☐ Bachelor's degree
- ☐ Master's degree
- ☐ Doctorate (Ph.D., M.D., etc.)
- ☐ Other (Please specify): \_\_\_\_\_

**6. Occupation:**

- ☐ Unemployed
- ☐ Student
- ☐ Homemaker
- ☐ Retired
- ☐ Self-employed

- ☐ Government employee
- ☐ Private sector employee
- ☐ Other (Please specify): \_\_\_\_\_

**7. Residential Area:**

- ☐ Urban
- ☐ Suburban
- ☐ Rural

**8. Language(s) Spoken at Home:**

- ☐ Sinhala
- ☐ Tamil
- ☐ English
- ☐ Other (Please specify): \_\_\_\_\_

**9. Do you have any family history of diabetes?**

- ☐ Yes
- ☐ No
- ☐ Unsure

**10. How long have you been diagnosed with Type 2 Diabetes Mellitus?**

- ☐ Less than 1 year
- ☐ 1-5 years
- ☐ 6-10 years
- ☐ More than 10 years
- ☐ Not applicable

**11. Current Medications for Diabetes:**

- ☐ Metformin
- ☐ Insulin
- ☐ Sulfonylureas
- ☐ DPP-4 inhibitors
- ☐ GLP-1 receptor agonists
- ☐ SGLT2 inhibitors
- ☐ Other (Please specify): \_\_\_\_\_
- ☐ Not applicable

**12. Do you follow any special diet for diabetes management?**

- ☐ Yes
- ☐ No

**13. Do you engage in regular physical activity?**

- ☐ Yes
- ☐ No

