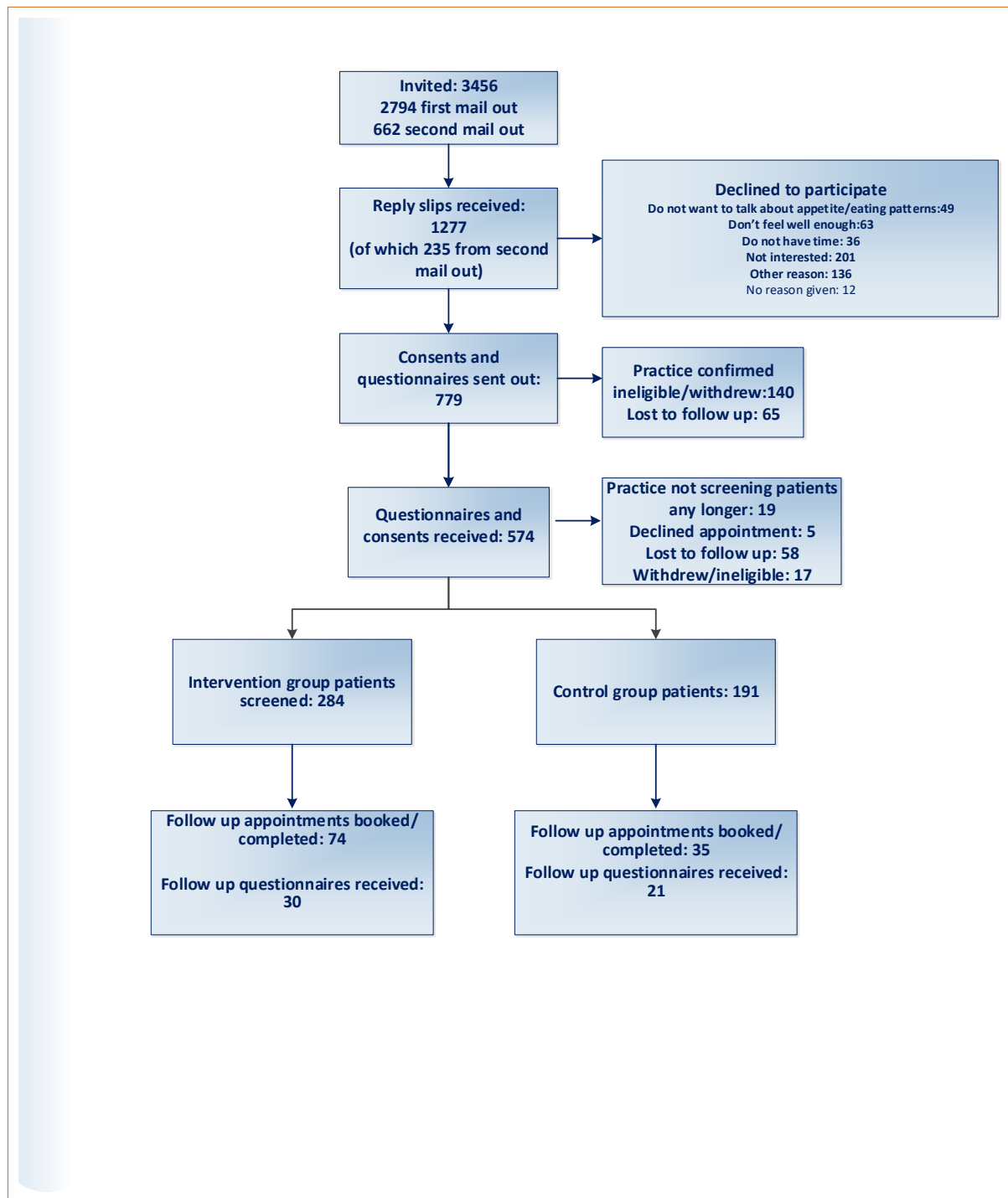


Participant flow in the study



Baseline data from questionnaire

Female	256/521 (49.1%)
Mean age (s.d.)	76.9 (7.4)
Living alone	209/521 (40.1%)
Recently bereaved	3/41 (7.3%) (second mail out only)

Health conditions	
- Crohn's disease	16/520 (3.1%)
- Stroke	82/520 (15.8%)
- Heart failure	58/520 (11.1%)
- Chronic kidney disease	27/520 (5.2%)
- Chronic liver disease	4/520 (0.8%)
- Diabetes	6/520 (1.1%)
- COPD	114/520 (21.9%)
- Parkinsons	15/520 (2.9%)
- Depression	38/520 (7.3%)
- Other	
At least one comorbid condition	100% (apart from 56 people with no data)
2+ comorbid conditions	347/520 (66.7%)
Mean BMI (s.d.)	26.99 (19.31)
- BMI <18.5	8/574 (1.4%)
- BMI 18.5-20	19/574 (3.3%)
- BMI 20+	547/574 (95.3%)
Lost weight in the last 3 months	146/574 (25.4%)
- Did not intend to lose weight	77/146 (52.7%)
Unintentional weight loss in the last 3 months	
- No weight loss or less than 5kg (or intentional weight loss of any amount)	539/570 (94.6%)
- Yes, lost at least 5kg	26/570 (4.6%)
- Yes, lost at least 10kg	5/570 (0.9%)
Proxy MUST score	N=572
0	532 (91.4%)
1	30 (5.2%)
2	16 (2.8%)
3	3 (0.5%)
Nurse MUST score	N=256
0	236 (92.2%)
1	17 (6.6%)
2	3 (1.2%)
3	0
Nurse SNAQ score	(n=155)
8	1 (0.7%)
9	1 (0.7%)
10	2 (1.3%)
11	3 (2.0%)
12	7 (4.6%)
13	14 (9.3%)
14	15 (9.9%)
15	28 (18.5%)
16	39 (25.8%)

17	24 (15.9%)
18	14 (9.3%)
19	3 (2.0%)
Proxy SNAQ score	N=569
5	1 (0.2%)
6	1 (0.2%)
7	2 (0.4%)
8	4 (0.7%)
9	5 (0.9%)
10	16 (2.8%)
11	30 (5.3%)
12	36 (6.3%)
13	47 (8.3%)
14	75 (13.5%)
15	81 (14.2%)
16	105 (18.5%)
17	78 (13.7%)
18	69 (12.1%)
19	19 (3.3%)
Numbers "at risk"	
Nurse MUST	21/256 (8.2%)
Proxy Must	49/572 (8.6%)
Nurse SNAQ	28/155 (18.1%)
Proxy SNAQ	142/569 (25.0%)

Broken down by age:

	Up to age 75	Age 75+
SNAQ≤14	48	81
SNAQ≤14 OR lost 5+kg unintentionally	51	89
(SNAQ≤14 OR lost 5+kg unintentionally) AND BMI<25	19	43